THE Modern Priscilla

Devoted To Home Industries: Fancy Work - Everyday Housekeeping

April 1917

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ARTHUR J. CROCKETT, Adv. Director. CHARLES B. MARBLE, Asst. General Mgr.

Shall We Have Stories?

SOMETIME ago we asked our readers to tell us frankly whether or not they desired stories, and the replies have been so interesting and to some extent surprising that we feel we must share them with the rest of the PRISCILLA family. We say surprising because we had been led to believe that PRISCILLA readers did not care to have so much precious space devoted to stories. Yet by far the majority of the answers to our query were decidedly in favor of them *provided* they were of the character of "Just David," which ran serially for many months.

As an example: "Please do not leave out the stories. That is the one thing I would miss the most. I do not always have the time to do embroidery, although I take THE MODERN PRISCILLA to keep posted on embroidery, but I always have a few minutes to spare to read a good story. A story like 'Just David' makes you feel that you want to have your life better and help make others better."

From California, "Don't see how any one could fail to enjoy 'Just David.' Could hardly wait for the next magazine, so eager were we for our story. By all means give us another. Though *very fond* of fancy-work, yet the interesting story helps us too. Certainly there is room enough for both."

Another long-time friend, whose name often appears in the magazine in connection with crochet designs, says: "Oh, yes, do give us more beautiful stories like 'Just David' and others published before. I watch for them every month just as I watch for the fancy-work. To me they are a library, as PRISCILLA is the only magazine I can subscribe for. So I say please do not let them out." This from a needlework enthusiast.

The next letter we open is very emphatic in its repudiation of stories. "I say, No! No! No! In this age of public libraries there is no use taking up the room to publish novels in a magazine. I begrudge every page lost to fancy-work. You don't publish half enough crochet yokes, doilies, and laces to suit me, anyway. So I say, leave the stories to story-papers (which I, for one, never subscribe to) and devote the precious space in MODERN PRISCILLA to fancy-work. However, in spite of its faults I love your paper."

Evidently there are some among our readers who do not like stories, for here is another. "Cannot this great nation of ours support one purely fancy-work magazine? Every magazine is filled with fiction, there is fiction everywhere, we are sick to death of fiction, but really new ideas in fancy-work, that is what we want and cannot get. If you ask me, I say cut out Everyday Housekeeping, fiction, and everything that is not fancy-work.

And here is another, "No, don't publish another long story. We can get them in any other old magazine, and what we want of MODERN PRISCILLA is the needlework and some housekeeping. Yours is the best magazine going." Thank you!

Next follows a letter from a subscriber who has taken PRISCILLA ever since it started. "'Just David' is so appealing that one who loves children must enjoy it. Nevertheless, I should like to see PRISCILLA give all its space to needlework. With the knitting, crochet, patchwork, rug and basket work, one wonders what has become of Art Needlework." Seldom does any one tell us we are giving too much space to crochet. Indeed, quite the contrary.

One or two letters now before me are to the effect that the writers do not like the idea of having to send for block patterns of crochet designs and having to wait so long before they receive them (when they happen to live in Oregon), and I don't blame them. By the way, how do you like the filet crochet patterns in this number and those in March? No stories in these numbers, and surely crochet enough to please the most exacting.

Another correspondent enters very thoroughly into the aspirations and purpose of this magazine, however imperfectly we may be fulfilling it, when she says: "Do give us household things. We want to knit and crochet *useful* things, especially Red Cross garments. How can we go on with useless fancy things when the world is in such dire distress? And sewing, garment-making, and the old-fashioned patchwork quilts that are so useful and thrifty, as they use up odds and ends. And cookery—old world methods that combine economy and thrift with a maximum of nourishing qualities. And baby care and food and clothes. The multitude of these helpless wee things that one looks at with a sigh. How can the world still be so ignorant? All this is your high mission. Yours is different from any other magazine. Do, I beg of you, *keep* it different. Stories get us nowhere. We are swamped with them. They are all so deadly alike. Do try as you have done, but more, to fill the hands and heads of the girls and women with these things the world so needs."

Price. — The subscription price of THE MODERN PRISCILLA in the United States and its possessions and in Mexico, is $1.25 a year; two years, $2.00. Extra postage in Canada, 25 cents a year; in foreign countries, 50 cents a year. Single copies, 15 cents — all news-stands.

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To bring out the best possible ideas for making plain sewing easier and fancy-work prettier, we offer a prize of $2.00 for the best "Help" each month, $1.00 each for the second, third and fourth best, and 50 cents each for all other "Helps" published. Address the Editor "Helps" Department. Put your name on each sheet, and write on one side only. Do not send anything already accepted or published by another magazine. No contributions returned unless accompanied by stamp.

To Cross-Stitch Handkerchief Edges When cross-stitching the edge of handkerchiefs, I find it very hard to get the linen rolled evenly, therefore I draw one thread about a quarter of an inch from the edge of each side of the linen. This serves, not only as a guide in rolling the linen, but also as a guide in cross-stitching, and after the handkerchief is laundered the drawn thread is not visible.—A. K.

To Match Sewing Materials I mark the number and name of all leftovers of braid, crochet thread, etc., on the spools or cardboards on which they come wrapped. Then when I want to match them with new material so as to use them up, I can easily see what I have on hand.—A. P.

To Sew on Snappers In sewing snappers on a placket, sew the tops on first, rub a little chalk on each and press onto the other side of placket; thus marking accurately the places for the lower part of the snapper.—F. K. M.

To Save Tying Threads When hemming towels or anything that usually necessitates the tying of threads, set your stitches very small for the first half inch or so, and then lengthen the stitch until you get within an inch of the end; again make it very short and let one piece follow another before cutting the thread. There will be no danger of the hem coming out, no waste of thread, and no long threads to trim.—Mrs. H. G. S.

When Cutting off Buttons In cutting buttons off of old garments, string them and they will be ready in sets to be used again.—F. K. M.

Shaping a Crocheted Basket Handle After dipping the crocheted basket in equal parts of sugar and water first I shaped the basket itself over a glass, then I took a corset stay and holding the ends together put them in the glass, and then shaped the handle over the loop, and left it until dry. The handle couldn't be shaped as nicely if done by hand.—Mrs. F. R. L.

An Easily Made Nightgown I have found an easy way to make up a nightgown with a crocheted yoke and sleeves. Buy three yards of lawn, batiste, or nainsook, a yard wide. Fold and place the ends of material together with selvages even on both sides. There will now be a doubled length one and one-half yards long. Stitch up selvages from the ends towards the fold, stopping far enough from the fold to leave room to sew the crocheted cuff on the open selvage edge. Fold the yoke and fit it onto each side of the fold. Put a straight hem around the bottom of material. Now take two-thirds of a yard of ribbon about one inch wide, insert through a mesh in sleeve and a mesh in yoke on each shoulder, draw together and tie in a bow, making some fulness. This is a comfortable nightdress that is easily laundered, and does not tear out under the arms.—V. R. L.

A Substitute for a Ribbon Runner Use a fairly good sized round steel crochet-hook, especially for running elastic in casings. See that the hook catches the ribbon or elastic so it will not slip off. The length of the crochet-hook makes it easy to handle, and slips readily through narrow casings. Of course it is pushed in blunt end first, the hook trailing the ribbon or elastic after it.—G. W.

Another Buttonhole Help When making buttonholes in thin or sheer materials, try rubbing a little library paste on the wrong side of the goods, and allow it to dry before cutting the buttonholes. This gives a firm surface on which to sew, and the paste will not discolor the most delicate fabric.—Mrs. C. H. W.

A Crocheting Kink Take seam joining and in spare moments crochet an edge on one side of it. This makes a neat trimming for underwear and is easily sewed on along the other edge.—V. R. L.

Narrow Facing in a Hurry Sometime when you are not too busy, cut a piece of soft muslin up into bias strips, about three-fourths of an inch wide, and put into your machine-drawer. You will find they come in handy when you want a piece of narrow facing in a hurry. —L. D. F.

Threading an Obstinate Machine Needle I always keep a small slip of white paper and a magnifying-glass in the sewing-machine drawer. If the machine is in shadow, I slip the piece of white paper behind the needle, and then hold the glass at the right angle between the eye and the needle. The needle can be threaded with ease this way.—Mrs. C. A. W.

Crocheted Lingerie Cord Make a chain the length you wish the cord to be, then treble in every other stitch of chain with one chain between each treble. This is much prettier than a treble in every stitch.—H. D. D.

Keeping Pins on a Magnet I keep a six-inch horseshoe magnet in my sewing-machine drawer where pins and needles are dropped during dressmaking time. By simply lifting the magnet out when the pins and needles are wanted you have them in easy reach. It is much easier to take them off the magnet to which they cling than to pick them from a box or cushion, and you need not fear their being spilled.—Mrs. C. A. S.

When Crocheting in Wool When a crocheted wool garment is to receive frequent tubbing shrinkage can be avoided by laying the skeins of wool in warm water before using. Let them remain a half-hour without disturbing the folds; lift out carefully and dry, still keeping the folds undisturbed. Then wind and into balls as usual. Garments made of wool treated this way will keep their shape.—Mrs. C. A. W.

Weaving on Filet Instead of crocheting an entire pattern, make the plain filet crochet and with floss weave the pattern in on the mesh, in colors. Baskets of fruit or flowers, wreaths, clusters, buds, initials and words, in fact, any pretty pattern in filet woven in makes a speedy and effective introduction color. Darn the threads in one way until the mesh is filled, or put in half one way and finish filling the other way. The darning must be done in hoops or frames. Pincushion tops, towel inserts, and pillow tops are pretty made this way.—Mrs. W. D. A.

A Light, Cheap Lap-board A good, serviceable lap-board can be made from wallboard. Mark out the shape and size desired and have the board sawed on these lines, making all corners rounded. Paint any color desired; light green is restful, while white is trying to the eyes. When the paint is dry bind the edges with passe-partout binding.—Mrs. W. D. A.

Hemstitching by Machine If you want some hemstitching done and haven't much time, pull the threads as if you were going to do it by hand, then machine-stitch down the centre of your threads, and slip this stitching as close to one side as you can. You will never be able to tell the difference without very close attention.—M. M.

An Inexpensive and Serviceable Petticoat Buy a short knit petticoat (usual price twenty-five cents) and one yard black sateen, fifteen cents. Cut a bias ruffle of sateen ten inches deep and hem. Stitch the ruffle onto lower edge of petticoat, stretching edge of petticoat tight. When complete the knitted edge will draw together, causing the flounce to ruffle. One may use silk, in place of sateen, if desired, and plain white ones made in this way are fine to wear with evening dresses.—N. S.

The Useful Rubber Band Rubber bands are very useful in the work-basket, to snap around balls of crochet thread, over the loose end, to keep them from unwinding and tangling. This method is also convenient when crocheting an article of different colored threads, to snap around the ball that is left attached but not in use. The little card bearing the number and shade of thread, that loses out when a small quantity of thread has been used, may be slipped under a rubber band and kept with the ball for future reference.—Mrs. C. W. S.

Less Expensive Collars and Cuffs Finding it beyond my means to purchase as many of the dainty collars and cuffs ready made as I wanted, I purchased organdy and made mine at home, cutting them to fit my dresses. Not wishing to crochet edges on all of them I tried the following plan, which may help others to solve the problem of pretty neckwear. I cut the collars large enough to fold an inch hem. This I stitched carefully on the sewing-machine. Using white crochet cotton No. 50, I chain-stitched over the machine-stitching, putting the needle through each hole made by the machine. Unless this is tried one can have no idea what a dainty finish this gives a collar. It bears close inspection and at a little distance closely resembles the hemstitching on the collars purchased ready made. One must be careful, in cutting the collars and in using the crochet cotton, to give the best results on the material used.—C. E. P.

To Make Your Veil Fit Closely Take a fine crochet-hook and fine silk the color of your veil, single crochet to tighten the edge about one for ten inches, just where it comes under the chin. — A. W.

For Skirt Openings When making a skirt, to get the right length for the opening, subtract the waist measure from the hip measure and make the opening one and one-half inches longer than the difference between the two. Thus, waist 24, hip 36, opening 13½. After finishing nicely, sew a No. 0 hook and eye as near the lower point as possible, close them, and press so they cannot come unhooked, and you will always have a skirt that will slip off and on easily, without straining or tearing down the placket. —Mrs. W. B.

Every new PRISCILLA has advertisements you never saw before.

April A Bride's Number

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MANY furnishings and decorative objects are brightened up only at house-cleaning time because they cannot stand the continual weekly applications of soap and water. To the experienced house-keeper, the very hesitancy to wash an article frequently is a sure sign that, when it *is* washed, nothing but Ivory Soap should be used.

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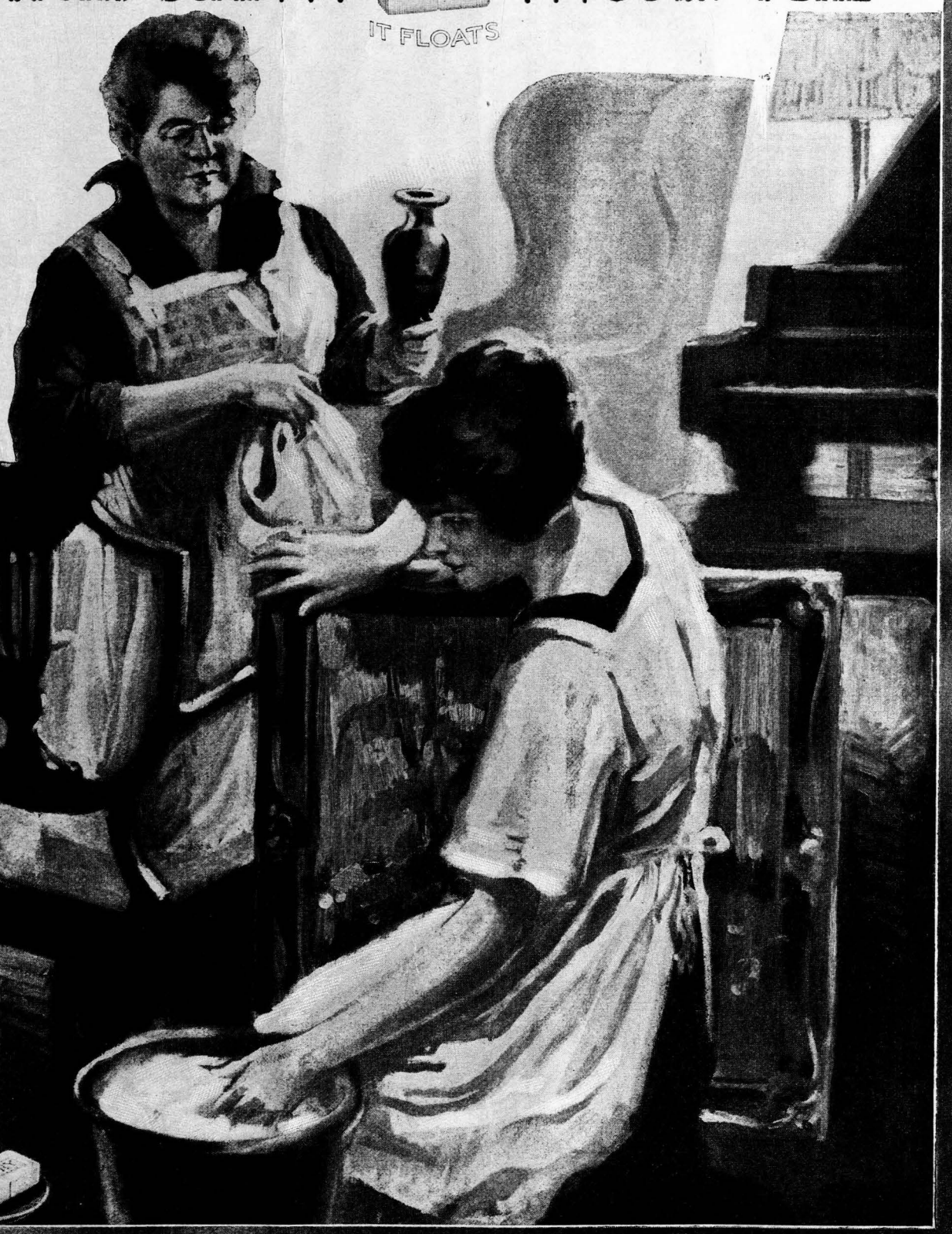


THE MODERN PRISCILLA

Vol. XXXI No. 2

ISAIAH C. PARROTT, Editor
CHRISTINE A. FERRY, Managing Editor ETHELYN J. MORRIS, Art Editor

April, 1917

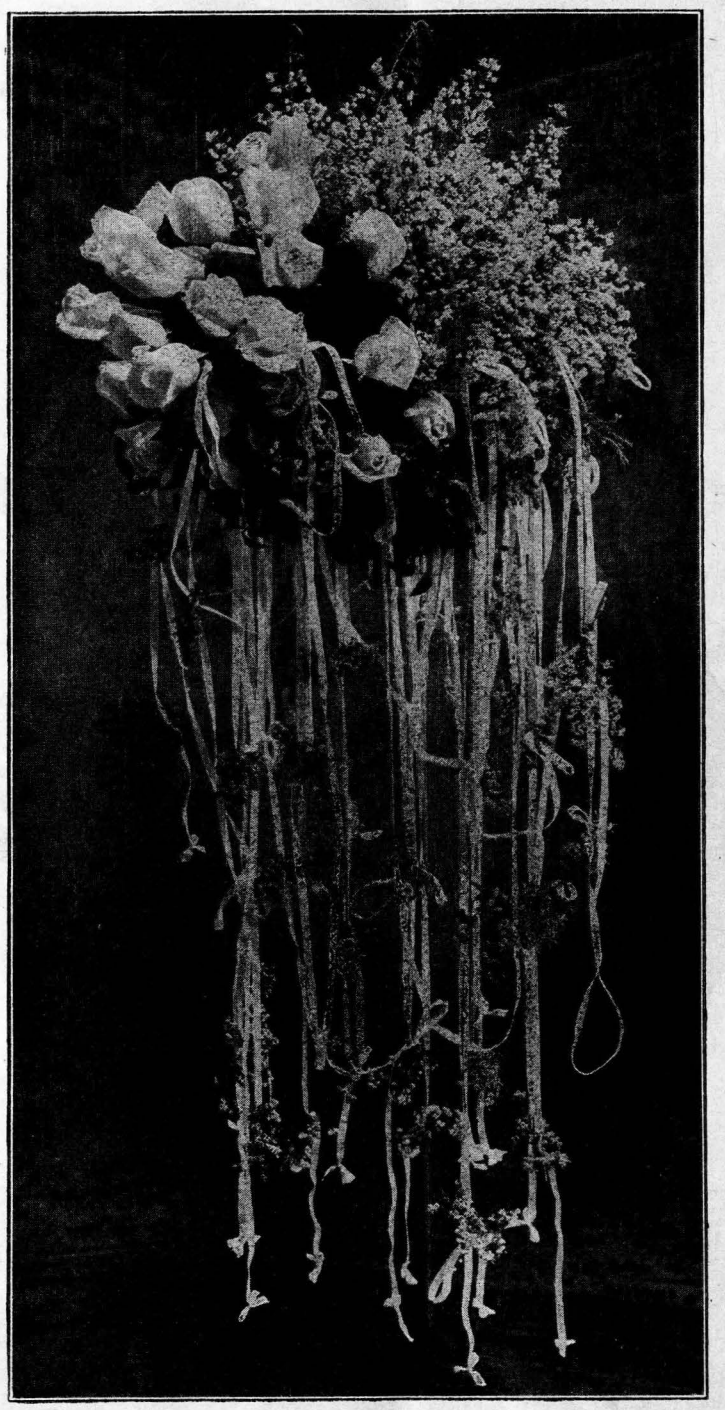
About this Number

THIS is a Bride's Number. Now this does not mean that because you do not happen to be occupied with the preparation of your personal trousseau this issue is not for you. Far from it. If you are not engaged in the delightful occupation of filling your own "hope chest" you are doubtless interested in some one who is, and when it comes to the matter of pretty underwear, blouses, and the little accessories of dress, every woman is interested, whether or not she belongs to the happy fraternity of "brides-to-be."

In preparing this number, we have, however, tried to answer some of the questions which are asked us every day by PRISCILLA readers, and because we believe most heartily in the "hope chest" or "happiness box" or "dower chest," whichever you may like to call it, there appears in this April number the first of a series of articles which will include all the household linens necessary for the girl who is preparing for a home of her own. A list of the minimum prices of household linens which are necessary is given in connection with this article, and is ample when one intends to furnish only one bed. If more than one is to be provided for, the amount should be increased accordingly. In the Everyday Housekeeping section an article on "The Saving Way of Buying Linens," gives standard sizes of all sorts of household linens, and other helpful information so that even the inexperienced buyer will have no difficulty in knowing exactly what is required.

The question of table silver is also discussed both from the standpoint of the bride who is buying her own outfit as well as the giver of gifts. As silver is a matter of a lifetime it should be selected with careful thought as to its livable as well as wearable qualities. A list of the minimum amount of silver necessary is given in connection with this article.

Fine china is naturally the next item which comes to mind, and a girl would be less than human did she not desire at least a few pieces of hand-decorated ware. For the benefit of the large number of PRISCILLA readers who are china decorators, we are showing a complete set of table china. As in the case of the table silver, a bride might commence with a half-dozen each of the smaller pieces and add to it from time to time until the set is complete. Seldom would one be so fortunate as to have such a set presented to them, but a coffee-set or a set of dinner plates is quite within reason.



The Clothes Question

A wedding trousseau does not necessarily need to be expensive and should be governed entirely by the social position which the bride is to occupy, but it is never wise to provide a too ample wardrobe, as styles change so rapidly and completely. Many girls are now married in their going-away outfit, which may be a coat and skirt suit with pretty blouse, or a simple one-piece frock of silk or cloth to be worn with a top coat. A white wedding gown should be planned with a view to its after use for a best party dress, now very easily possible because of the vogue of the short round length skirt even when worn with a veil.

In providing her wedding garments the girl who is to make her home in a small house or apartment and expects to do all but the heaviest of her housework should provide herself first of all with five or six washable morning dresses, and an equal number of large aprons which will envelop her from top to toe. A pretty breakfast-jacket and cap are also desirable for the mornings when she and the man of her heart may breakfast in a leisurely way.

The April fashion pages have been planned with these essentials of the outfit of the average bride in mind. A simple wedding dress which may be developed in silk or cotton materials, a coat and skirt suit with the soutache braiding now so popular and suitable alike for silk, cloth, or linen, a simple one-piece dress, a morning dress suitable also for street wear, apron dress, breakfast-jacket, and cap, undergarments and hats in straw and fabric, hand-embroidered, supplemented with modish types of hair-dressing. Then if she is interested in sports she will want the slip-over wool sweater with brushed wool collar, which is the correct thing this summer, and a sport coat and hat which may be ornamented with hand-embroidery or block printing.

About Showers

A shower is a social affair given to an engaged girl by her friends for the purpose of bestowing upon her a collection of small articles toward the equipment of her new home. It is always intended as a surprise, and the engaged girl need give herself no concern in regard to this. She is entirely in the hands of her friends. When the occasion arises she need only express her appreciation and pleasure to her hostess and friends, and enter into the gaiety of the party which has been given in her honor. "April Showers for the June Bride" gives outlines for three entertainments and suggestions for a variety of linen gifts which will be appreciated. A kitchen shower was described by "Martha" in the March issue.

On another page, for those who have not the gift of verse-making, appears a collection of "Rimes for the Linen Shower," with an appropriate verse for practically every linen article which is given on these occasions. These may be written on the back of a personal visiting-card and enclosed with the article. Shower gifts in common with those for other occasions should be daintily wrapped and, if possible, made to resemble something which they are not. Make it a shower of surprises as well as gifts.

How Shall a Bride-to-Be Mark Her Linen?

Then there is the matter of marking linen, and it is in relation to this that questions are most frequently asked. A girl should use her own monogram or the initial of her surname. Not until after she is married does she use her husband's name, which is then her own, on her linen. A married woman uses *her own* monogram, not her husband's, on all household linens. She uses the initial of her first name, the initial of her middle (family) name, and the initial of her own (and husband's) surname. All bridal presents which are marked should be marked with the bride's maiden initial or monogram.

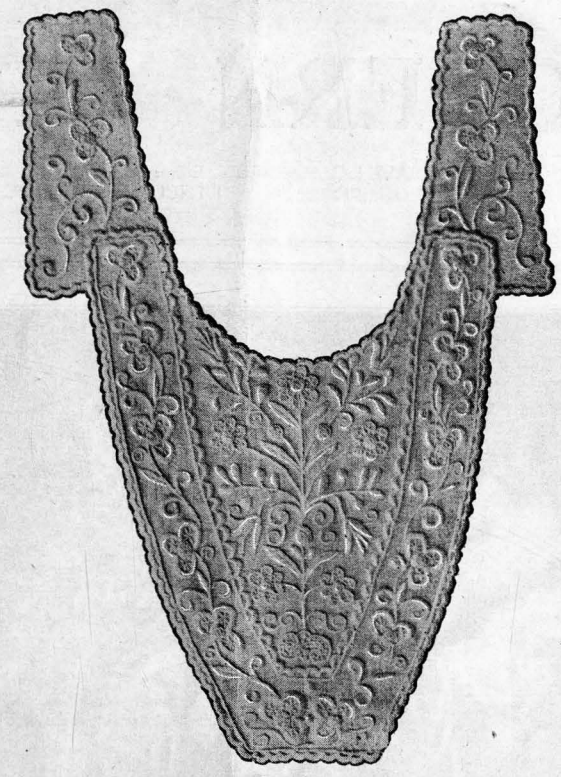
An initial or monogram is a symbol of possession and may be so handsome and elaborate in design as to provide all the ornamentation necessary. The questions of style, size, and placement are all discussed at much length in the Priscilla Monogram Book. When table-cloths are marked with one monogram, it is placed about two inches from the edge at the left of the hostess. When two are used, they are placed on each side of the centre at a proper distance from both centrepiece and plates, and so as to be read from the outside of the table. Large dinner napkins are sometimes marked in the centre with the letters placed parallel with the thread of the weave and are folded into thirds each way, but the most customary marking is diagonally across one corner with the base toward the corner.

Everything But the Bridegroom

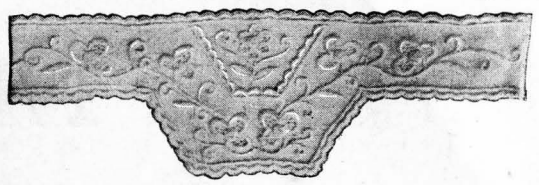
In fact, we have provided for everything but the bridegroom, and lest he be left out altogether you had better discuss with him the questions of refinishing of some of the odd pieces of furniture with which he is possessed, and as to whether the menus provided for a well-balanced diet for a moderate sum do not appeal to him. You will find ample material for such discussion in the Everyday Housekeeping Section.

He will also be very greatly interested in the Bridal Bouquet shown above and in those for the bride's attendants on another page, all of which are furnished by the groom.

All-Over Sketchy Embroidery After the Style of East Indian Needlework



No. 17-4-1. A collar and cuff set which might be used on a chiffon or lingerie blouse, or on a child's dress



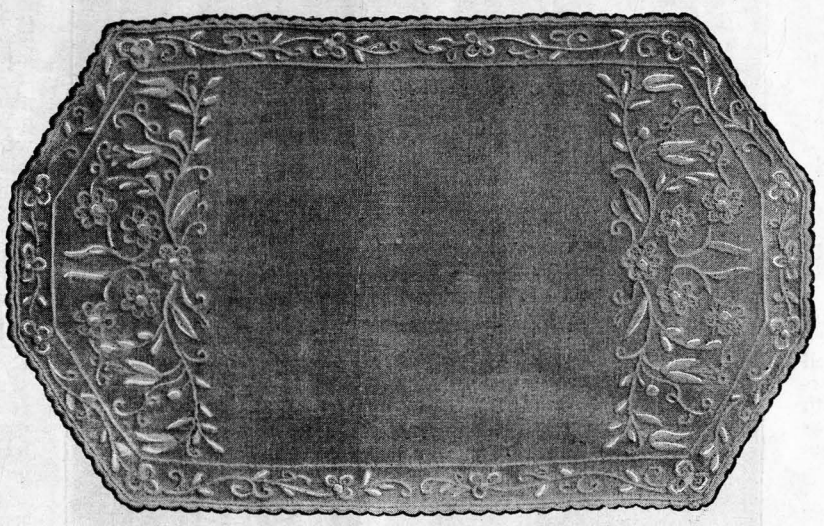
As Adapted to Personal and Household Articles

By Lilian Barton Wilson

VERY rich and elaborate in effect is the embroidery of the East. In the case of the linens from which those shown here were adapted, the expression in effect is well taken, as it is not difficult in method nor overcareful in execution. It is just minute and prodigal in quantity, producing lovely rich and softly sketchy decoration.

For the most part in native work the material used as the background for these embroideries is rather inferior. It is generally cotton but of very soft quality. The embroidery so completely covers it that the quality is not apparent, yet the soft suppleness of the fabric adds a peculiar charm to the finished product. The result is a rich decoration, very refined and lovely rather than elaborate.

The collar and cuff set and the lovely table-runner with the long narrow doily shown here are done on a thin loosely woven ivory-colored linen with white embroidery cotton. The cottons may be dipped in a solution of saffron flowers grayed with India ink. This gives a lovely ivory tone. And by the way this is the best way to tint linens or any lingerie to bring it to an old tone. The saffron flowers with a few drops of cochineal and a few drops of India ink give a warm grayed tinge which is very lovely. But the effect of white on ivory-white linen is always good.



No. 17-4-2. The long narrow doily for plate, glass and butter plate

THE designs here as applied to neckwear and table-runner have a sort of carved ivory effect in the finished piece. The border is confined by a tiny little scalloped line. The flowerettes are filled in with a star in the centre of each petal. The star is just six stitches pulled from the middle so as to open a tiny hole in the centre.

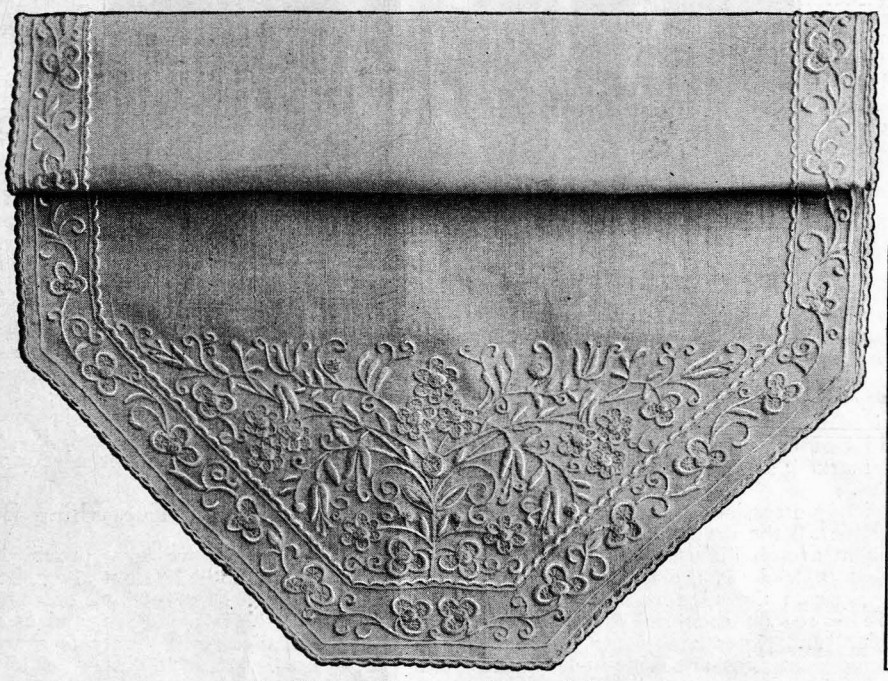
The shape at the end of the runner and doily is unusual, and looks well on the table.

These softly tinted linens will harmonize with any china just as a carved ivory box may be placed almost anywhere and be in harmony. The work, while adhering strictly to a style and being in itself very artistic, is yet not in the least difficult, so we may have a pure style and something lovely without undue labor. These are suggestions only of the wonderful embroidery of the East.

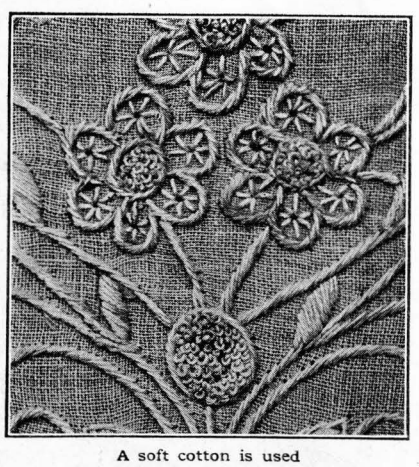
A collar and cuff set of this richness and elegance would be a suitable trimming for a gown of silk or any rich material. It would be just as appropriate for use on a serge dress.

The bride-to-be could scarcely add to her collection embroideries more worth-while than this runner and doilies, for she would never tire of them and would always have the foundation for a correctly and beautifully planned luncheon-table.

The stitchery is simple and familiar

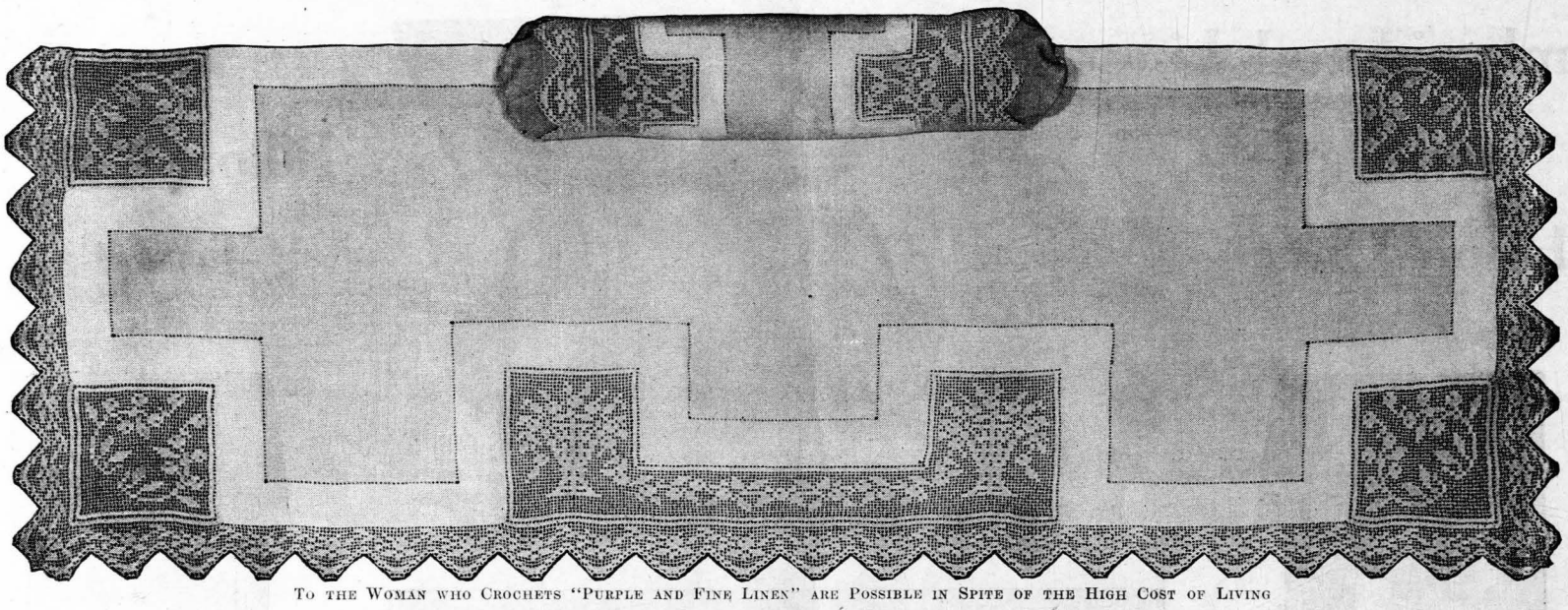


No. 17-4-3. Table runner of unusual shape



A soft cotton is used

For description of patterns, see page 47



To the Woman who Crochets "Purple and Fine Linen" are Possible in Spite of the High Cost of Living

Scarf, No. 17-4-4, and Pincushion, No. 17-4-5. By Eleanor M. Lucas

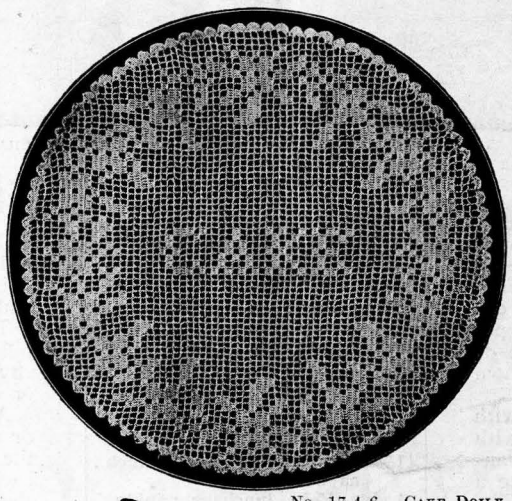
For the Industrious Woman to Make

BUREAU SCARF. Materials. — White crochet cotton No. 100 (hard twist), a No. 14 steel crochet-hook, and white linen. The work should run 9 meshes to an inch.

Crochet the squares at corners first, starting with 130 ch, t in 4th st for 1st t (127 t in all). For the design at the front of the scarf, start with 460 ch (457 t in all). Follow pattern up through one extended section, then add the other extended part.

After pressing the crochet, lay it onto linen and mark space needed. Allow for hem, cut, turn, and hemstitch. It is necessary to piece turned-back part of the hem at the inner corners. A much easier and fully as attractive finish is that of a rolled hem all around, with the lace whipped onto it.

After the lace is sewed in, crochet a row of meshes all around three sides, working directly into the linen between sections. To have even scallops there must be, besides 5 spaces on each side of each corner, 19 meshes for each scallop on sides and front. After this foundation row is correctly planned and placed, crochet from the pattern through 8 rows, back and forth around the three sides, then finish each point separately, weaving ends of thread in with a sewing-needle. A band of edging can be made separately and sewed on, if preferred.



No. 17-4-6. Cake Doily
By Nancie E. Greenough

PINCUSHION COVER. — The materials are the same as those used for scarf. The pincushion itself is made in bolster shape, covered with silk and finished with a button at each end, and the filet and linen cover open flat.

Although the pattern for the crochet is all together the work is commenced at the outer row of solid blocks with a ch of 289 sts, t in 4th st for first of 286 t in row. Follow pattern up through long section and then through extended part.

Add the edge afterwards, working out toward the points, which are added separately after the 9 full rows across have been crocheted.

Lay the crochet over the linen and mark its position; cut linen, hem end, sew in lace.

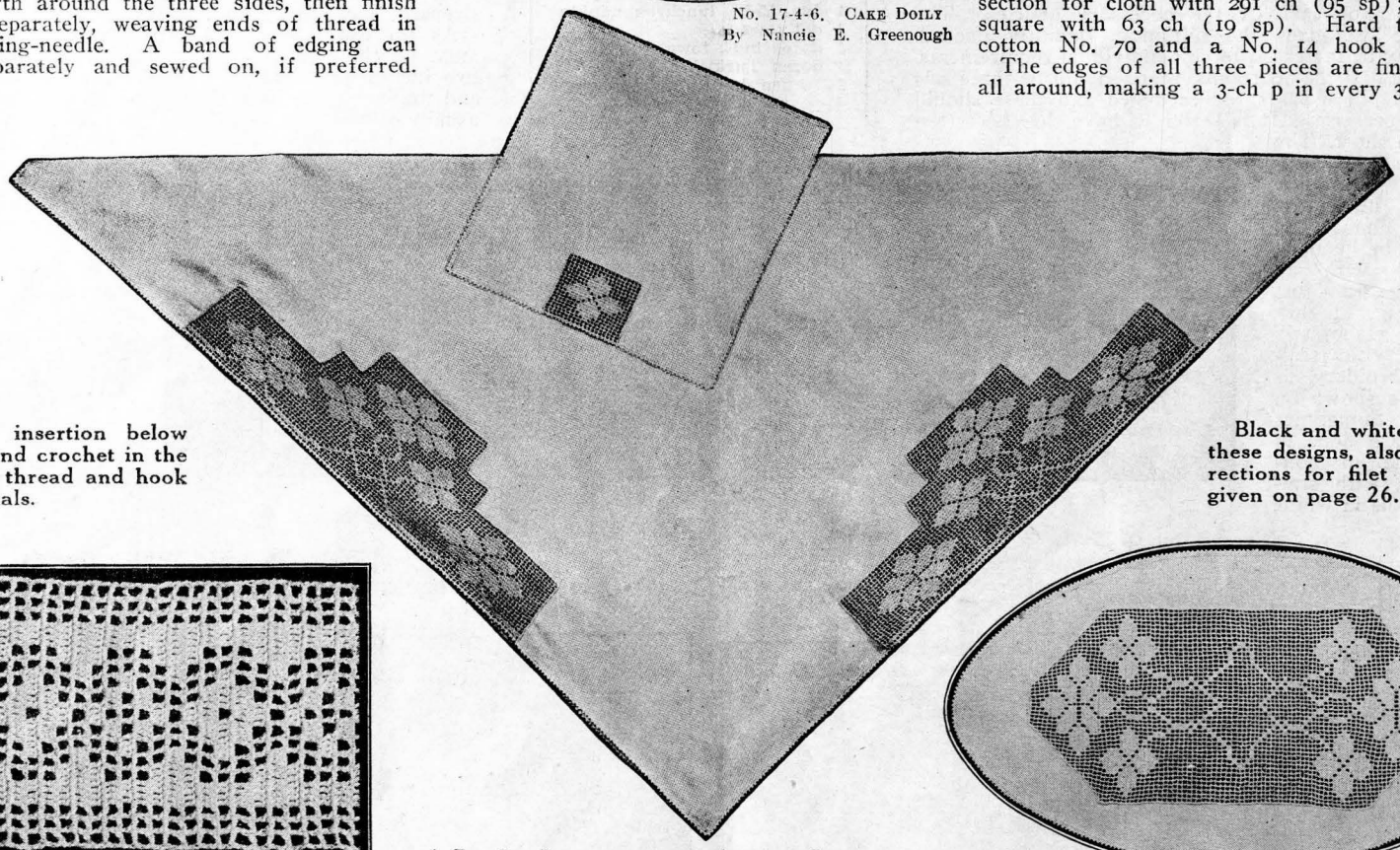
CAKE DOILY. Materials. — One ball No. 60 crochet cotton, steel crochet-hook No. 14. The pattern and directions for extending rows are given on page 27.

For the scallop, 6 t in 1st sp, 2 d in next all around.

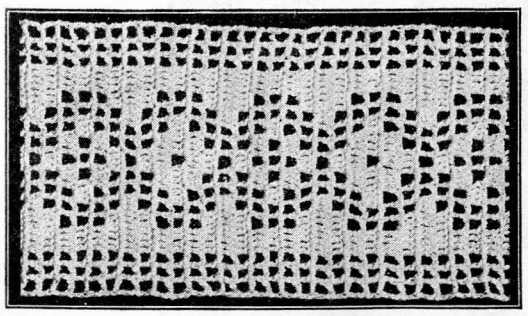
TEA SET. — Follow block patterns for filet section, starting the doily section with 192 ch (62 sp); section for cloth with 291 ch (95 sp); and napkin square with 63 ch (19 sp). Hard twist crochet cotton No. 70 and a No. 14 hook are suitable.

The edges of all three pieces are finished with d all around, making a 3-ch p in every 3d d.

Start the insertion below with 57 ch and crochet in the width, using thread and hook to suit materials.

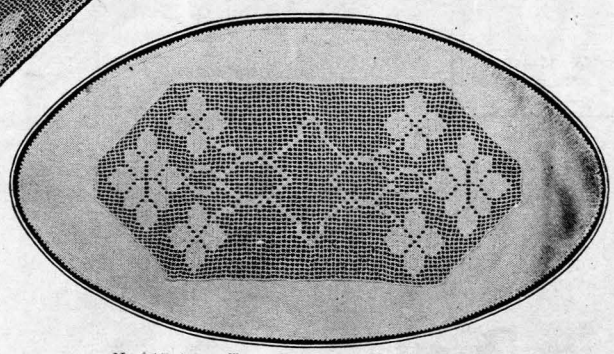


Black and white patterns of these designs, also general directions for filet crochet, are given on page 26.



Simple Patterns are Often Most Attractive
Insertion by Hattie M. Loring

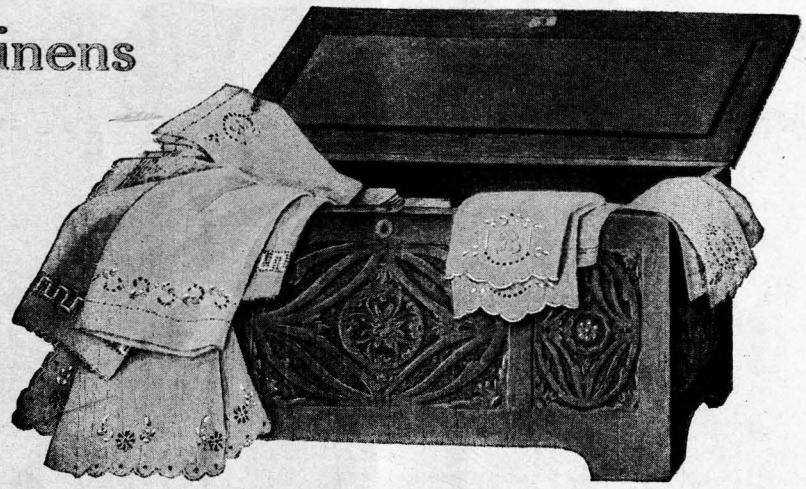
A Tea Set Distinctive in its Absolute Simplicity
No. 17-4-7, Cloth, and No. 17-4-8, Napkin
By G. M. and G. M. Dresser



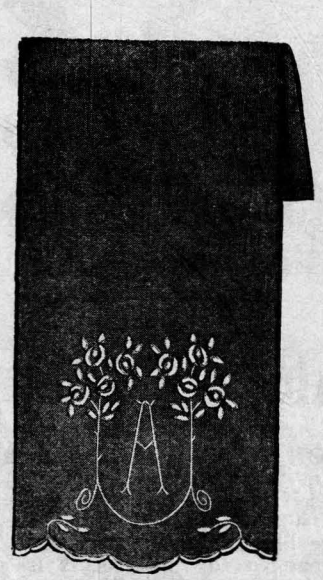
No. 17-4-9. Tray Doily to Match Tea Set
By G. M. and G. M. Dresser

For Description of Materials, see page 49

Embroidered Linens for the Hope Chest



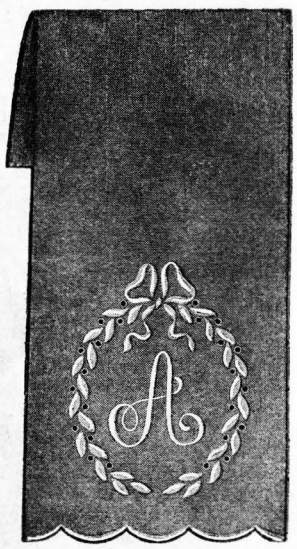
Sheets Pillow Cases Towels



No. 17-4-10. A Dainty Rose Design

By Ethelyn J. Morris

No. 17-4-11. Turkish Towel with Cross-Stitch Roses in Two Shades of Pink and the Rest of the Embroidery in Green



No. 17-4-12. Large Towel in Laurel Wreath

NOWADAYS no secret is made of the fact that a "hope chest" is being filled by every home-loving girl. She may be engaged and is putting aside her pretty embroideries for her own little home, which she hopes to soon occupy; or she may not be engaged or even expect to ever be married, and yet she hopes some time to have a home of her own, an apartment or just a room which she can furnish with her very own belongings.

Whatever the object, the chests are being filled with dainty, pretty bits of linen embroidered and initialed with loving stitches, and this is well. However, if one is planning for a definite home, she will want to buy or make a certain number of each of the necessary articles. The accompanying list gives the minimum quantity needed. Each item may be increased to suit individual requirements.

Considering first the bedrooms, there should be three sets of sheets and pillow-cases for each bed and these should be of the proper sizes. It is better to have the sheets too long than too short. The pillow-cases should be a little larger than the pillows, but not large enough to be clumsy.

These may be hemmed and marked with an initial or monogram just above the hem, or they may be more elaborately ornamented with scallops and embroidery, as in the designs shown on this page. Sometimes the designs are done in pink or blue in boil-proof colors, with scallops and initials in white.

Minimum Chest Linens

3 pair sheets
3 pair pillow-cases
2 pillow-scarfs or 4 day-slips
2 blanket protectors
2 bedspreads
2 bureau-scarfs
2 stand-covers
2 medium table-cloths
1 fine table-cloth
2 lunch or tea cloths
1 dozen, each, 22 and 27 inch napkins
1 doz. 15-in. luncheon napkins
1 doily set
1 dozen huck towels
1 dozen Turkish towels
½ dozen guest-towels
½ dozen dish-towels

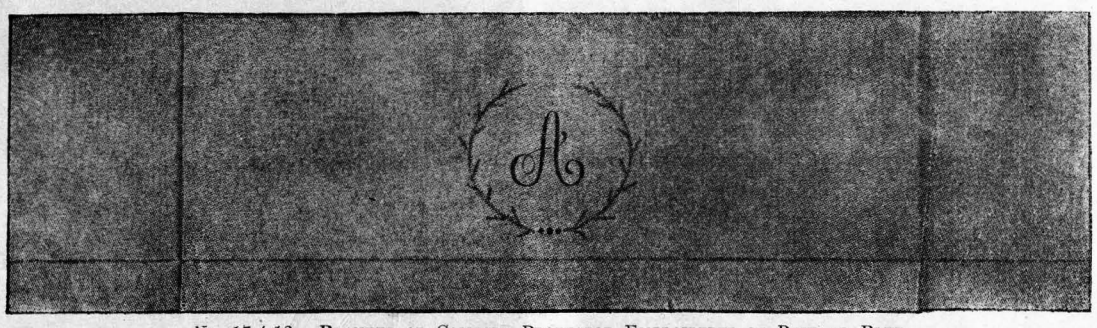
Bedspreads must also be considered. There should be at least two for each bed, and these may be either the pretty light-weight dimity spreads which can be purchased, or the dainty muslin spreads which can be made at home and embroidered.

Then there should be scarfs for the pillows or day pillow-slips which open at both ends or are made like an envelope. These are embroidered and marked with initials or monograms.

A useful article for the bed is a protector for the blanket or comfort. This consists of a width of lawn as long as the blanket is wide which is basted to the top and turned back so that the blanket does not touch the face of the sleeper. The sleeper as well as the blanket is protected!

As for towels, one can hardly have too many. There must be the regulation huckaback towels, about twenty-two inches wide, bath-towels of the same size and larger, and the inevitable hand-towels, or guest-towels as they are usually called. Then of course there are the necessary pantry and kitchen towels.

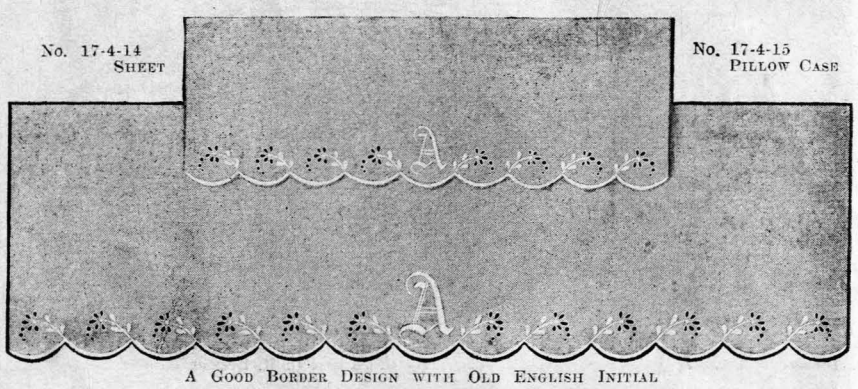
For the dining-room there must be table-cloths, round or square, and napkins to match; smaller cloths for breakfast, luncheon, and tea with their corresponding napkins; and numerous centrepieces and doilies of various sizes and styles besides the regular sets of centrepiece and doilies which are used instead of a cloth for informal meals, but not for dinner, when the large cloth is used.



No. 17-4-13. Blanket or Comfort Protector Embroidered in Pink or Blue

No. 17-4-14 Sheet

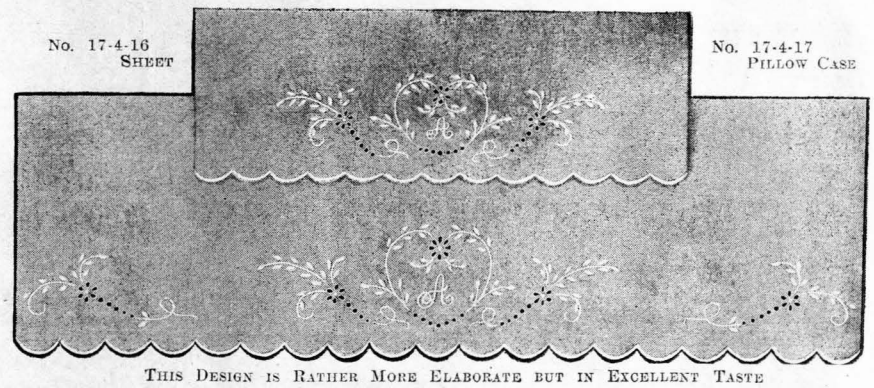
No. 17-4-15 Pillow Case



A Good Border Design with Old English Initial

No. 17-4-16 Sheet

No. 17-4-17 Pillow Case

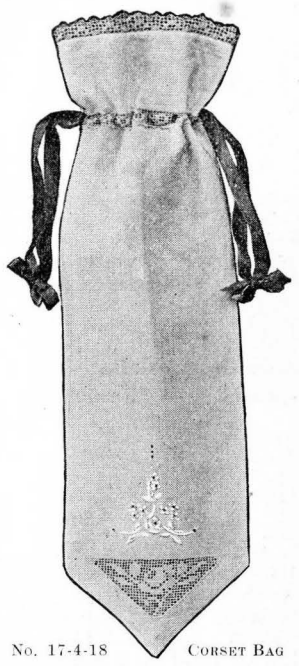


This Design is Rather More Elaborate but in Excellent Taste

For Description of Patterns shown on this page, see page 49

Bridal Lingerie That is All Hand Made

Designs by Evelyn A. Desguin



No. 17-4-18 CORSET BAG

AT a glance one cannot fail to see that this set of lingerie is exquisitely attractive, and yet the full beauty of the fascinating little rose and forget-me-not design embroidered in French and eyelet work, and the fine filet crochet medallions and edgings made of No. 100 crochet cotton, can be realized only after seeing and feeling the actual work.

Block patterns of the triangle as well as the beading and edging are given at the bottom of the page, and from these one can easily do the crocheting which ornaments all the garments shown. The triangle is commenced at the long side with a chain of 144 stitches. Treble in 9th st from hook, ch 2, miss 2, t in next and repeat across, making 46 spaces for the first row. Turn, slip stitch back to top of previous t, ch 5, t in t, ch 2, t in next t. Continue following pattern. For a solid block make 4 t, for 2 blocks 7 t, for 3 blocks 10 t, etc. For an explanation of the crochet stitches, see page 26.

For the beading, chain 24, t in 9th st (ch 2, miss 2, t in next), until there are 6 spaces. Follow pattern through figure and a row of spaces, then after making 1 space, ch 11, miss 4 spaces, t in next and make one more space. The next row is the same, then the pattern is taken up again.

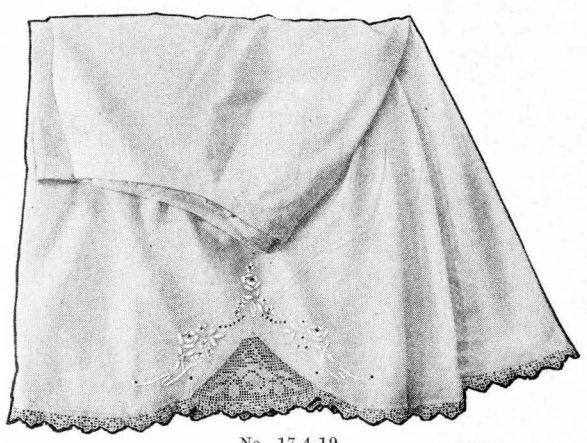
The beading, which is sewed to the fabric on one side, is finished on the other side with d and a 4-ch picot over every third space. The beading over the shoulders is finished on both sides with d and picots.

For the edging chain 13, t in 4th, 5th, and 6th sts from hook, (ch 2, miss 2, t in next) twice, ch 5, turn, 2 spaces, 1 solid, ch 5, 3 spaces, ch 2, 1 t (thread over 3 times) in same place last t was made. This adds a space at the end of a row. Follow pattern.

The crocheted medallions are set into the linen by first basting the crocheting in place, then sewing closely around the edge either with over-and-over stitches as in working eyelets or with buttonholing, then the material beneath is cut away. All edges are narrowly hemmed before the beading or edging is sewed on with whipping stitches.

All the garments are obvious in their construction except the drawers, which are made in rather an unusual fashion, but of a style which is very serviceable and attractive. There is a narrow straight piece which joins the legs and forms a skirt effect so that from the front the garment looks exactly like a short petticoat.

The embroidery is clearly shown in the detail below.



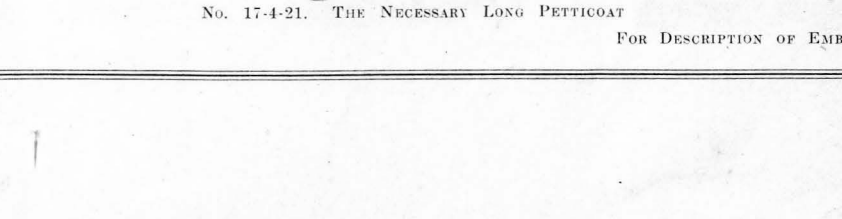
No. 17-4-19
PETTICOAT-DRAWERS
A NEW STYLE

No. 17-4-20. CAMISOLE

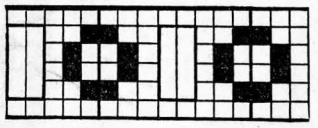
No. 17-4-22
NIGHTGOWN

No. 17-4-23
VESTIE

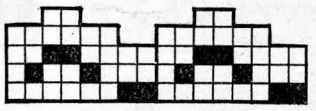
No. 17-4-24. TEDDY BEAR COMBINATION



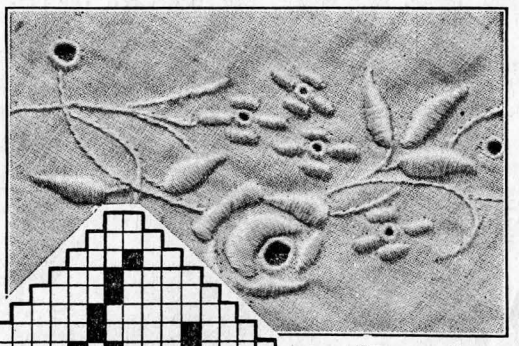
No. 17-4-21. THE NECESSARY LONG PETTICOAT



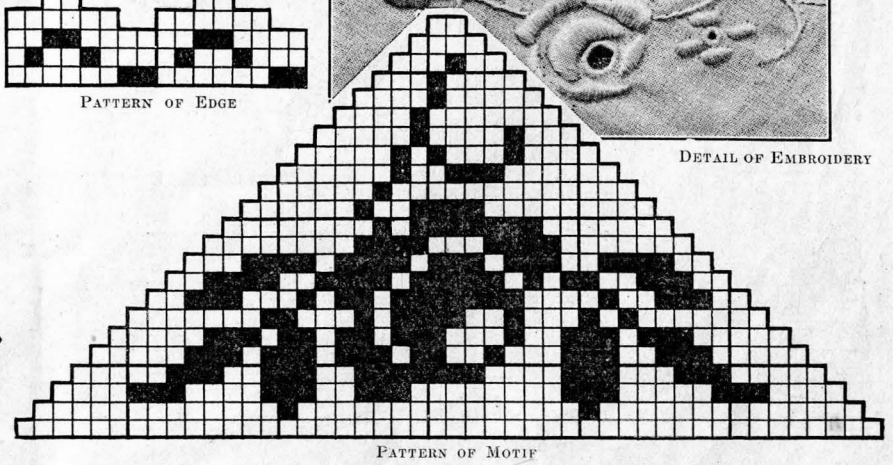
PATTERN OF INSERTION



PATTERN OF EDGE



DETAIL OF EMBROIDERY

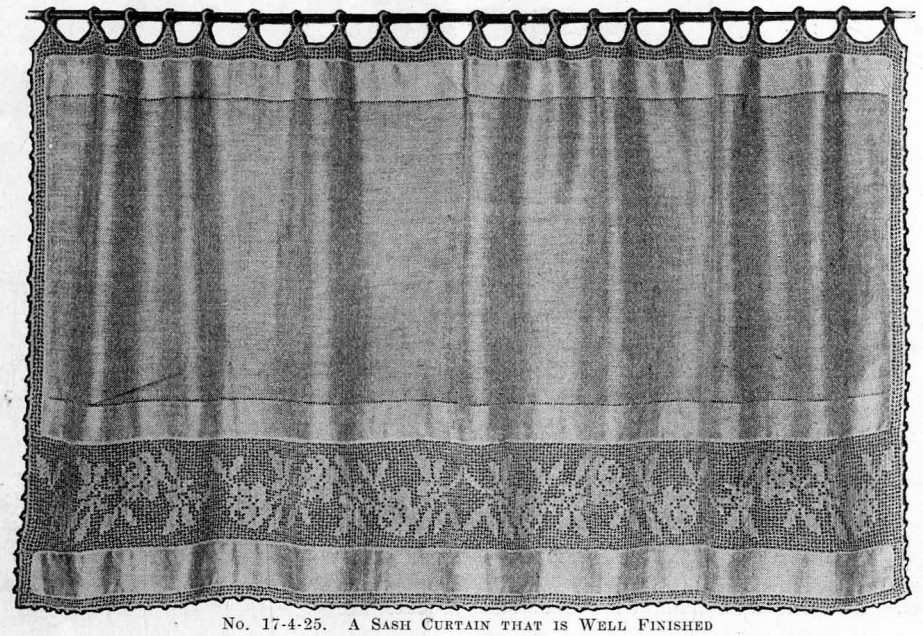


PATTERN OF MOTIF

FOR DESCRIPTION OF EMBROIDERY PATTERNS, SEE PAGE 28

To Furnish the Living Room

For black and white patterns of these designs, see page 26



No. 17-4-25. A Sash Curtain that is Well Finished
By Eleanor M. Lucas

In Peacock and Flower Patterns

For explanation of crochet stitches and general Filet directions, see page 26

CURTAIN. Materials. — Scrim, crochet thread Nos. 30 and 10, hooks No. 11 and 7. Using No. 30 cotton, crochet the rose band, starting with 96 ch (30 sp in 1st row). The meshes should run about 6½ to the inch. Follow the pattern, which may be separated to make a shorter strip, if so desired. The strip illustrated was about 45 inches long.

Insert band as illustrated. It will extend 3 meshes beyond material at each end. Crochet 3 rows of spaces across the bottom of curtain, then 3 rows of sp across end of last 3 rows and lower band of material to meet crocheted band, at each end; 3 rows again from top of band up sides of curtain to top edge of material.

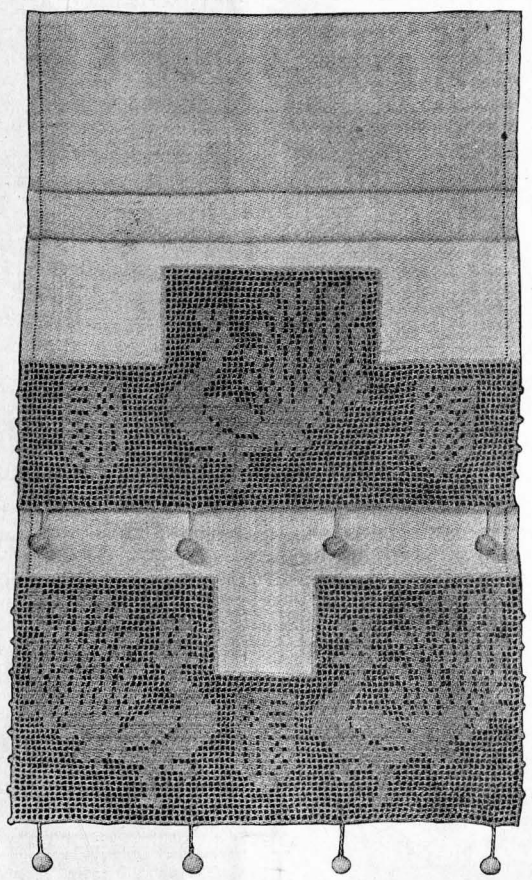
Across the top crochet 3 rows of sp extending points separately. Each point consists of 4 rows of 7, 5, 3, and 1 sp respectively, and there are 5 sp between points. If preferred, this band may be crocheted separately and sewed onto the curtain. Start with 18 ch. Make 4 sp in 1st row, then extend each row 1 sp until there are 7 sp in 4th row. In the next row begin to decrease 1 sp and decrease until there are only 3 sp in the 8th row. Make 5 rows of 3 sp and repeat point.

Starting at upper corner of left side, finish edge all around with d's, making a 4-ch picot after every 4th sp. Continue around edge of points with the d, omitting the picots and at the top of each point hold a brass ring against the work and fill it with d. Continue across in this way, adding rings without breaking thread.

Pillow No. 17-4-27

Materials. — Ecru Bulgarian linen, écru crochet thread No. 20, steel crochet-hook No. 10. The meshes run about 5½ to the inch, making a band about 4 inches wide. The bands do not extend around the pillow. If they are so desired, the pattern must be repeated.

Fringe. — Chain 18, t in 9th st from hook, 6 t in next 6 sts, ch 2, t in 3d st, ch 5 to turn, 6 t in 6 t, ch 2, t in 3d st. Repeat for length needed, sew to pillow, and knot fringe into spaces.



No. 17-4-26. Peacock Scarf
By Isabel B. Gates

SCARF. Materials. — Ecru Bulgarian linen, écru crochet cotton No. 20, steel crochet hook No. 10. The meshes run about 5 to the inch. Start with 255 ch for either end (83 sp). Crochet from patterns. Finish each piece of crochet with 2 d in sp, 1 d on st all around, making a 4-ch picot at each outer corner and 7 more, one after each 5th sp on each side.

Balls. — Chain 5, join, fill ring with d and work round and round, increasing every few sts for 5 rows, then make 2 rows without increase, fill with cotton, decrease to form a ball, and finish with a chain length desired. Attach by chain as illustrated.

Pillow No. 17-4-28

Materials. — Ecru Bulgarian linen, écru crochet cotton No. 40, steel crochet-hook No. 12.

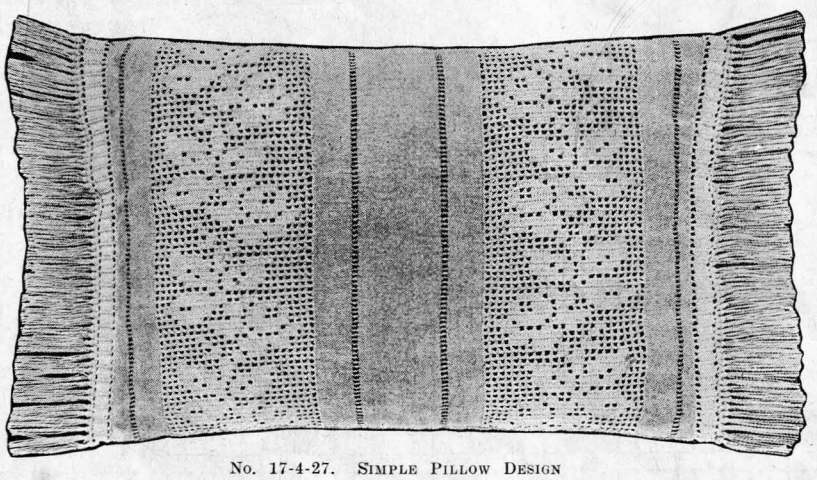
Crochet the bands first, starting with the 8th row of the pattern; the first 7 rows are added afterward, working from the band out in order to have the lacets come right.

Long spaces appearing in the ends of the band consist of 2 t with 5 ch between. *Lacets* coming over long spaces are made of t on t, ch 3, d in 3d of 5 ch below, ch 3, t in t.

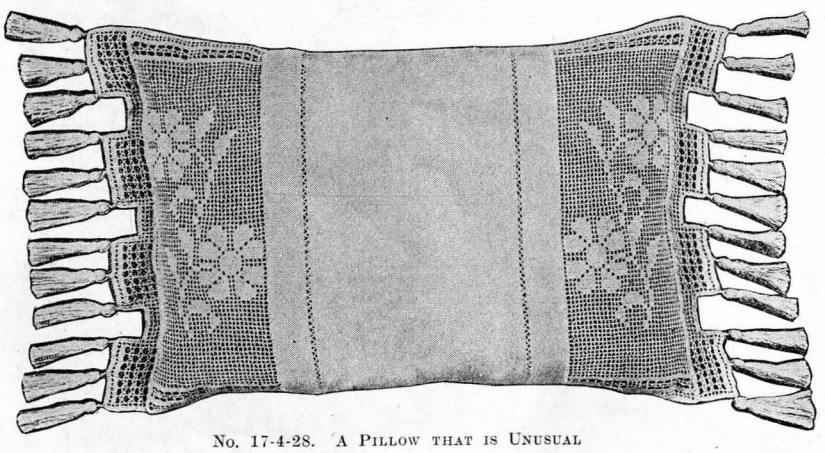
Border at Ends. — Working into the long side of the band follow the pattern, putting 2 t in spaces and 1 t on st between spaces. One square extension can be made without breaking the thread; the other three must be added separately. When entire pieces have been completed crochet a row of 2 t in sp, t in t (3 t extra in corners), all around except on edge where linen is joined.

The back of the pillow is all linen, and fells on across the ends just under the long row of trebles at beginning of end border.

Tassels. — Wind the crochet cotton 80 times over a card 3½ inches wide. Tie at fold, leaving an end several inches long. Cap. — Chain 5, join, (ch 13, 1 d in ring) 10 times, ch 7, d in each loop, join, fasten off. Slip cap over tassel, draw thread left on tassel up through, ch 5, fasten with sl st in border, ch 5, fasten under cap. Sew cap at base to fit tassel, and cut end of tassel even.



No. 17-4-27. Simple Pillow Design
By Mrs. Carol Clark



No. 17-4-28. A Pillow that is Unusual
By Eleanor M. Lucas

For Description of Materials, see page 49

China for the Bride's Luncheon Table

And an After-Dinner Coffee Service

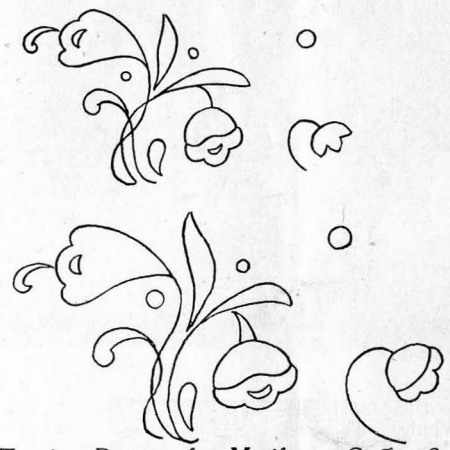
By Elizabeth MacKenzie Roth

FOR the bride starting out with everything new, it is an easy matter to have a table that is uncommon, artistic, and at the same time practical; the china shown here and with linens to match on page 38 is an example of what may be done by the average person.

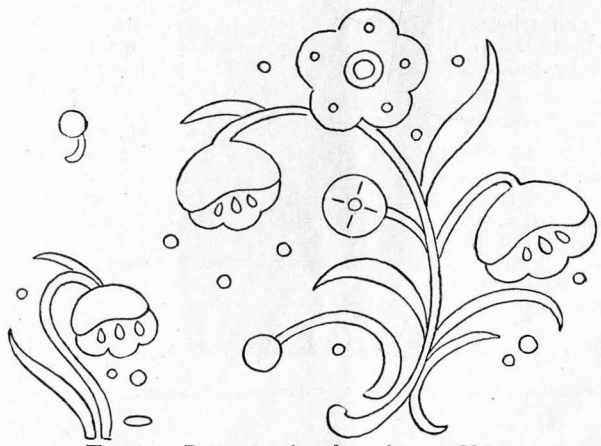
The table-cloth is most effectively and easily made. A forty-five-inch square of white linen edged with yellow linen, a quarter of a yard in width. Chain-stitching in coral, yellow, and violet, all used together, covers the stitching. The edge of the cloth is narrowly hemmed by machine to keep the edge even and firm. About a quarter of an inch above the hem draw a thread for a guide and buttonhole, making 12 stitches in violet, 4 in green, 3 in coral, then 4 in green, then the violet, and so on around.

For the tassels, which add a charming touch, wind a little of the coral cotton, then the green, and last the violet (using a full skein for the violet, while one skein of the coral and one of the green will be about enough for the four tassels). Fasten a strong green thread through the loops and slip a green glass bead on, then a large wooden mold painted silver, a coral glass bead, two small flat wooden molds (silvered), and another coral bead. Wind the loops firmly with green thread near the top; cut the other end evenly, attach a green ribbon to the top, and attach to the cloth with a snapper. Thus the tassels never interfere with laundering.

The napkins, measuring about 14 inches, are of white with a strip of yellow 2¾ inches wide, through the centre one way. The edges, for convenience in frequent laundering, are buttonholed in white. A white monogram embroidered in the centre at one end of the yellow adds individuality.



Tracing Pattern for Motifs on Coffee Set



Tracing Patterns for Luncheon China

TO paint the luncheon-set, trace and transfer the flower sprays. The bands can be gauged with a bander or with a pencil held firmly against the edge of the china. It is important to have china clean and free from dust when painting is begun.

Use yellow for some of the flowers, violet and coral for others, with all the stems and leaves in green. The bands around the edges are yellow. Paint and fire in the usual way, and repeat for the final result. If a brilliant effect is desired use enamels; mixing the enamel thoroughly and flowing it on with a small pointed brush. With experience and knowledge enamels may be painted and finished in one firing, but if after the first firing the result seems weak or unfinished, repeat the painting and fire again.

Candlesticks and bonbon-dishes in orange lustre make a stunning note of brilliant color in harmony with the general color scheme. Lustre is sensitive, and the china must be kept absolutely clean and free from dust and finger-marks. Also no turpentine should be used. Clean china and brushes with alcohol. Use a broad square shading brush, and if the lustre is too thick thin with oil of lavender. Usually orange lustre requires several thin paintings and firings to bring out the brilliant effect.

The coffee-set consists of coffee-pot, sugar-bowl, and creamer, cups and saucers, plates for dessert, and a comport for small cakes or crackers.

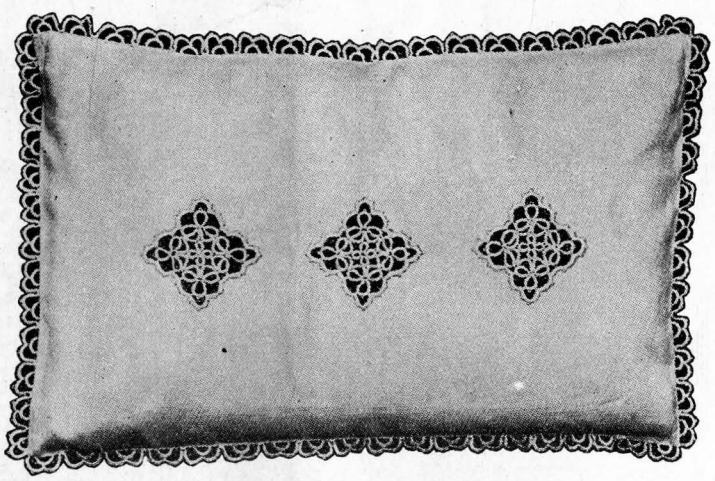
The floral motif is violet in larger spaces and blue in smaller spaces, with green leaves. Bands and handles are gold. Trace the motifs, transfer with carbon paper, and fix on china with India ink, then paint in. The dots are blue. Two thin paintings and firings should give finished results.

Yellow, Violet, Green, and Coral were Used Charmingly on the Luncheon China, two Pieces of which are Shown at the Right Below. With Linens that Match an Original and Harmonious Effect has Easily been Achieved, see page 38. The Coffee Set at the Top of this Page and Left Below is Blue, Violet, Green, and Gold, Enough Different to Lend Variety without a Lack of Harmony. The Prevailing Tone of Luncheon China and Linens is Yellow.

Tatted Medallions and Simple Edges Applied to Household Linens

By Lois Formance

FOR these practical applications of tatting a hard-twisted cotton, No. 5, was used, and the material used may be white linen or linen-finished cotton.



Bureau Scarf with Large Medallions

MEDALLION. (Central figure.) — Use two threads. Ring 7 p separated by 4 d s. The shuttle thread takes the place of the 8th p. * Close, make a similar r; ch 4 d s, 5 p separated by 2 d s, 4 d s; join to third picot of centre r. Repeat from * until 4 r and 4 ch are made, joining the rings to each other by first and last p's, and to centre r by its alternate p's. Around this make a row of chaining. Start at the 3d p of a r, * ch 2 d s, p, 8 d s, p, 4 d s, p, 6 d s, p, 4 d s, p, 8 d s, p, 2 d s; join to 5th p of same r; ch 2 d s, p, 8 d s, p, 8 d s, p, 8 d s, p, 2 d s; join to 3d p of next r. Repeat from *, joining chains by first and last p.

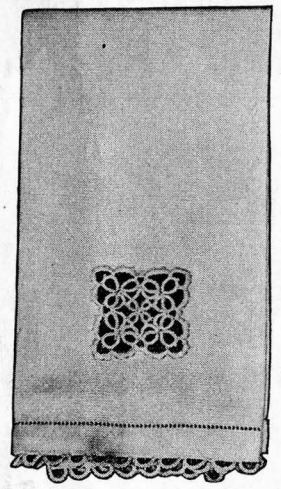
The outer edge of the large medallion is formed of 12 small medallions, joined to each other and to the centre medallion by their picots. Use one thread. The whole medallion can be made without breaking thread. *Centre ring.* —Ring 7 p separated by 3 d s, close, the shuttle thread takes the place of the 8th p. * Ring 4 p separated by 4 d s, join to next p of centre r; r 4 d s, p, 6 d s, p, 6 d s, p, 6 d s, p, 4 d s; join to next p of centre r. Repeat from * until 4 small and 4 large rings are made. Join the rings to each other by first and last p.

EDGE.—Half ring 10 d s. A half ring is made by pulling the ring up only half way.

Boudoir Pillow

MEDALLION. (Central figure.)—Make 4 r's close up to each other, each r consisting of 5 d s, p, 2 d s, p, 5 d s. Break thread. * Make a clover-leaf, the 1st and 3d r's of 8 d s, p, 3 d s, p, 8 d s; and the centre r of 8 d s, p, 3 d s, p, 3 d s, p, 8 d s. Chain 6 d s, join to 2d p of one r of central figure, 6 d s, join to last p of last r of clover-leaf, ch 6 d s, join to 1st p of next r of centre figure, 6 d s. Repeat from *, joining cl-leaves by their 1st and last p's. *Outer edge.*—Start at 1st r of a cl, * ch 2 p separated by 4 d s, fasten to 1st p of middle r of cl, ch 3 p separated by 4 d s, fasten to 3d p of same r, ch 2 p separated by 4 d s, fasten to 3d r of cl, ch 4 d s, and fasten to 1st r of next cl. Repeat from *.

EDGE.—* Half ring 5 d s, p, 5 d s, leave one-fourth inch thread, and repeat from * until sufficient length has been made. Fasten chaining thread to space between half rings, * ch 8 d s, p, 4 d s, fasten to p in half r, ch 4 d s, p, 8 d s. Repeat from *.



Towel

MEDALLION. — Same as that used in boudoir pillow. EDGE.—Same as for bureau scarf.

Bureau Scarf with Initials

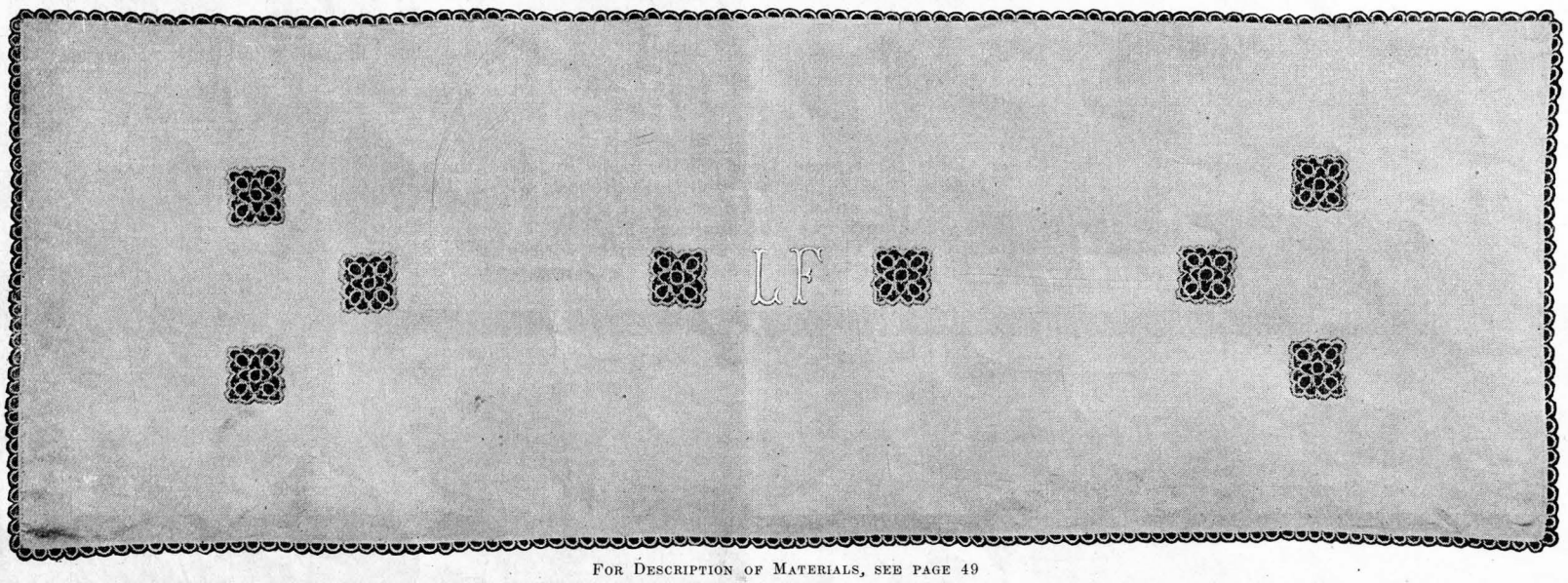
MEDALLION.—Centre like centre of medallion shown in scarf at top of page. *Outside row* — Start at centre p of a ch. * Chain 2 p separated by 4 d s, join to 3d p of r, ch 3 p separated by 4 d s, join to 5th p of same r, ch 2 p separated by 4 d s, join to centre p of next ch of medallion. Repeat from * 3 times.

EDGE.—Like first scarf.

"A very wise country clergyman once allowed the women to knit during his sermons; never had a preacher more attentive listeners; not one of them dropped asleep, as overworked women are apt to do when they for once sit down. They grow drowsy and can't keep their eyes open. Allow them to knit or to tat and they will be able to tell you almost every word they have heard," said Carmen Sylva, Queen of Roumania, in her introduction to "The Art of Tatting," by Katherine L. Hoare.

This book was published in 1910, and Her Majesty went on to state that it was a book "For the stay-at-home, not for the woman who is condemned to earn hard bread with hard work; for the woman who has time for reading and thinking, not for Amazon women, bee-women, and the women who do man's work."

Leaving Boston (where PRISCILLA is published) on any of the short lines by train or trolley, it is to-day a common sight to see girls and women, who go forth to earn a living in various ways, industriously plying a shuttle or crochet-hook. As for the lecture halls, they are dotted with women knitting and tatting, while they listen with open minds as well as open eyes.



FOR DESCRIPTION OF MATERIALS, SEE PAGE 49

Captain Kidd at an Engagement Luncheon

By Martha

THE centrepiece is an eighteen-inch round mirror edged with beach pebbles and shells. At one side is a sandy beach, made of clean white sand, with a background of greenery to represent trees. Princess pine gives a very good imitation. Half buried in the sand is a little chest, fast-locked, and beside it stands "Captain Kidd" in all his regalia of pirate-costume, cutlass pistols, plumed hat, etc., with a spade in his hand. The dressing of the doll is an easy matter, and the accessories can either be cut out of gilded cardboard or procured at a toy or dance-favor store. At the same place can be secured gilt and silver paper money used throughout the menu. A few pieces should be scattered at the feet of "Captain Kidd."

At each place should stand a little booklet, bearing the name of a guest, and decorated with a sketch of a pirate's head, or a pirate ship. Inside this booklet should be printed the menu, which is interpreted as follows:

CAPTAIN KIDD SOUP.—Thick oyster bisque served in consommé cups with tiny pirates' flags tied to the handles, The flags are made of tiny squares of black silk, with a white skull and cross-bones pasted on, the whole pasted to a gilded match for a handle.

DOUBLOONS. —Any round soup-cracker with a piece of artificial golden money tied around it with tinsel thread.

SEA ROVERS. — Salmon croquettes with egg sauce. Each one decorated with a gilt pistol, cut from cardboard.

PIECES OF EIGHT. — Sliced cucumbers.

CUTLASSES. — Individual filet steaks, decorated with gilt cardboard cutlasses laid on top. The curve of the cutlass should be exaggerated to form an almost complete circle.

TREASURE CHESTS.—Cut the crusts from a loaf of bread. Divide the loaf in halves lengthwise. Then divide each half into four equal pieces. Remove the centres from these oblong pieces of bread till you have a small open box. Brush lightly with melted butter and brown in a moderate oven. Slice carrots in very thin slices, and boil in salted water till tender. Put into a plain white sauce, well seasoned, and fill the "treasure chests."

STORMY SEAS.—A mound of mashed potato in a serving-dish, scooped with a spoon to represent waves. Sprinkle with chopped parsley and chives, and stick a pirate-ship, cut from cardboard, on top.

PIRATE BRIG SALAD, EMERALD AND PEARL CARGO. — Cut medium-sized cucumbers in two lengthwise. Cut a slice from the bottom. Scoop out till they resemble canoes. Fill with French peas and tiny German pearl onions that can be procured in bottles from any grocer. Serve mayonnaise dressing with this.

CANNON BALLS. — Balls formed from cream cheese rolled in chopped peanuts.

INGOTS.—Sandwiches made of the oblong toasted whole-wheat crackers put together with MacLaren's or pimento cheese.

DESERT ISLANDS. — Cone-shaped helpings of any kind of ice cream desired. Pistachio ice cream with a topping of whipped cream to represent a snow-capped mountain lends to the illusion. A tiny spade, such as come in quantities in any ten-cent jack-straw outfit, should be stuck at the base, and a few pieces of the artificial money laid beside it on the plate.

JOLLY ROGER CAKE.—Any favorite cake mixture baked in an angel-cake pan, and iced with vanilla icing. In the cake should be placed, before baking, the key of "Captain Kidd's" chest that is part of the centrepiece. This should be wrapped in waxed paper before being put into the batter. The cake should be decorated with skull and cross-bones in chocolate frosting, and should have a border of gold artificial money pressed into the frosting while it is still moderately soft.

Care must be taken that no one gets an inkling of the reason for the luncheon. No special notice must be taken of the engaged girl, and the conversation led away from dangerous topics throughout the luncheon. Just as the cake is brought in the hostess should rise and make a mock-solemn speech in which she states that she has recently discovered that she is a lineal descendant of the renowned Captain Kidd, and has fallen heir to the key to his treasure chest. But not wishing to be selfish she has baked it in Captain Kidd's own favorite "Jolly Roger" cake, so that whoever finds it may unlock the chest. Whoever finds the key is allowed to unlock the treasure chest, which contains a plain card, bearing a snap-shot of the engaged pair, and announcing their engagement.

A pretty ceremony for closing consists in drinking the health of the bride-to-be in "broken glass." A punch should be brought in, and little wine-glasses, procured at the five-cent store, filled with due solemnity. Then the guests rising, each in turn wishes the bride-to-be some special wish of fortune or happiness and, after drinking the toast, breaks her glass to set a seal on her wish.

The hot-water pan of a chafing-dish, decorated with flowers and placed in the centre of the table, provides an adequate receptacle for the broken glass, and will come through the ceremony without harm.

MENU

CAPTAIN KIDD SOUP

DOUBLOONS

SEA ROVERS

PIECES OF EIGHT

CUTLASSES

TREASURE CHESTS STORMY SEAS

PIRATE BRIG SALAD

EMERALD AND PEARL CARGO

DESERT ISLANDS

JOLLY ROGER CAKE

NOTE. — *If you need further help in planning your engagement party, write to "Martha," enclosing a stamped, addressed envelope, and she will be glad to help you out.*

"Vigor and energy—
that's what you find
In the regular use
of this good *Campbell* 'kind'!"

"They are all in here!"

Yes, fifteen different vegetables and seventeen other ingredients, thirty-two in all. And they make this favorite soup an exceptionally well-balanced food—tasty, wholesome and remarkably nourishing.

You have practically every element of complete nutrition in

Campbell's Vegetable Soup

And these elements are combined in just the proportions that the body needs for its daily requirements.

For the basis of this soup we use a strong invigorating meat stock made from selected beef.

We use Maine-grown white potatoes, choice Jersey sweet potatoes, tender carrots of the Chantenay variety, Canadian rutabagas, small green peas, "baby" lima beans, okra, tomatoes, celery and the juicy "Country Gentleman" corn.

We include rice, barley, and macaroni "alphabets" made from the best Durum wheat. And we flavor the combination invitingly with fresh herbs, fine spices and a hint of leek and sweet red peppers. Here you have a dish both satisfying and delicious. And it is all cooked, prepared and ready for your table in three minutes.

Good soup should be served on your table once a day at least. No other food can take its place in promoting active health and vitality. All authorities agree on this.

A supply of these tempting Campbell "kinds" on your pantry shelf not only saves time and labor but helps most effectively to keep the whole family in good physical trim.

Order them by the dozen or the case. You'll find that the practical way.

Asparagus	Chicken-Gumbo (Okra)	Mock Turtle	Pepper Pot
Beef	Clam Bouillon	Mulligatawny	Printanier
Bouillon	Clam Chowder	Mutton	Tomato
Celery	Consommé	Ox Tail	Tomato-Okra
Chicken	Julienne	Pea	Vegetable
			Vermicelli-Tomato

Campbell's Soups

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When the daily household duties are completed let

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safeguard the hands from injury by contact with dust, dirt or strong cleaning mixtures. The roughened, irritated skin is speedily restored to its natural soft, smooth condition by a few drops of Hinds Cream.—The morning and night use of this emollient delights the woman who would keep her complexion, fresh, fair and attractive.

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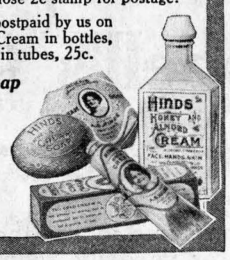
Ideal for delicate complexions. Trial size cake postpaid, 5c.



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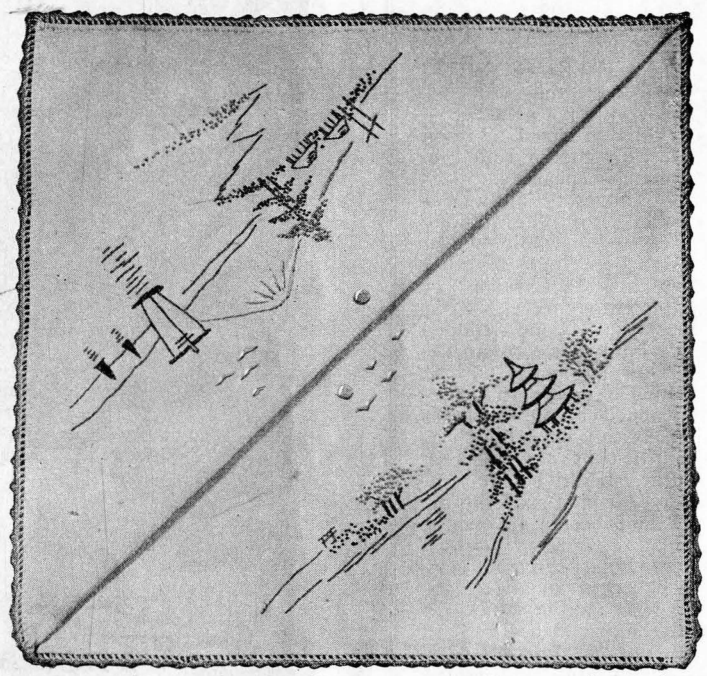
Japanese Tea Cloth and Napkins

By Ethelyn J. Morris



No. 17-4-29. The Little Landscape Designs are well Suited to Simple Stitches

Size of Cloth, 38-inch; of Napkins (illustrations below),,12-*inch.* Designs for set of one cloth and six napkins (one of each design shown), stamped on white Doilicloth, $1.50. Cotton for working, 27 cents extra. Soft mercerized crochet cotton for edge of set (1 ball white, 2 balls blue), 30 cents. Steel crochet-hook, 10 cents. Perforated stamping pattern of cloth and six napkins, 60 cents. Stamping paste, with directions, 10 and 25 cents a box.

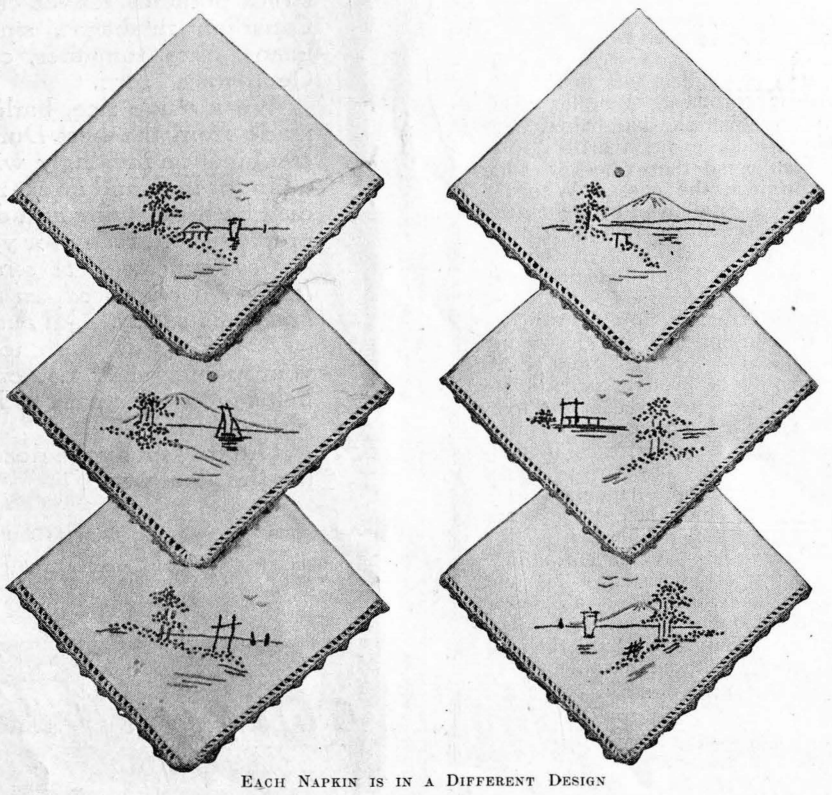
Work commenced on any one piece, 75 cents additional.

THAT simple stitches can be made to express a great deal is interestingly proven by these designs carried out in three shades of blue on white. Outline and French knots are combined with a very little unpadded satin-stitch, and the ease with which they express these charming little bits of Japanese landscape is delightful.

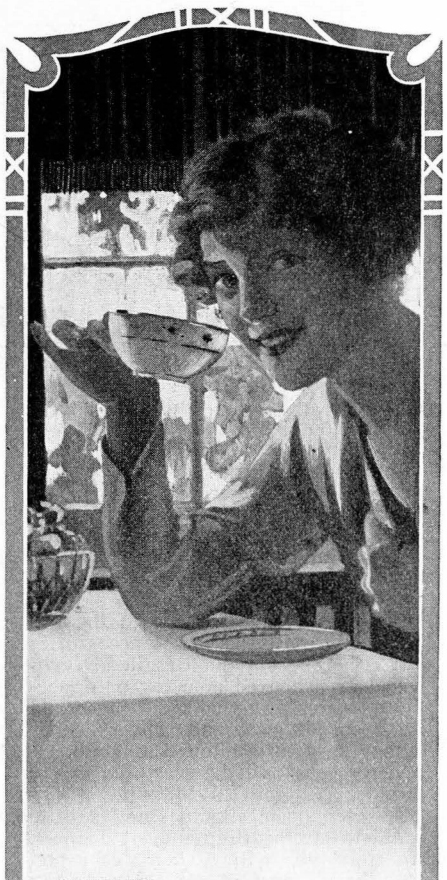
Doilicloth, a material that has character and charm of its own, is used for this set. Its attractive weave and mercerized finish give quite a tone of atmosphere, and the soft texture, besides being very easy to embroider, is especially desirable for napkins.

The edges of cloth and napkins are finished first with a hem turned as narrowly as possible and hemmed by hand with very fine sewing-cotton and invisible stitches. Into this a filet mesh is worked. Fasten soft white mercerized crochet cotton into the edge of the linen, chain 5 and make a treble (thread over once) at distance from the first stitch equal to exactly two chain-stitches; ch 2, t in edge at same distance and repeat around, catching last 2 ch with sl st in 3d of 5 ch made at beginning.

Finish with a row of dark blue, putting 2 d in each space and 1 d on each t, and making a picot of 4 ch after every 12th d. As the corners are approached, plan to have one picot on the exact corner, spacing the two before the corner so that this will be possible. If preferred, a space and 1 ch may be made between d's.



Each Napkin is in a Different Design



Shapes the Day

The day is often made "sunny" or "gray" by the morning cup.

Some people choose coffee, and find there frequently follows some physical annoyance that casts a shadow over the day. Others use INSTANT POSTUM and find the day's brightness remains undimmed by physical discomfort. There's a good reason.

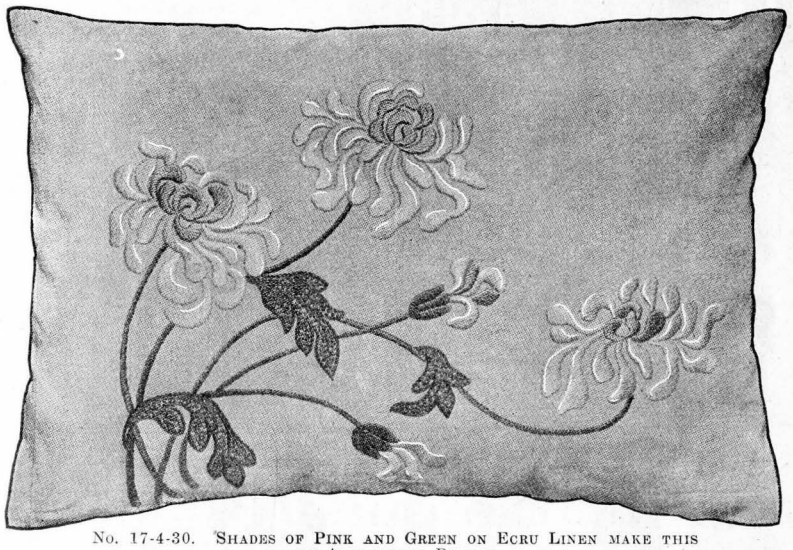
INSTANT POSTUM

is free from drugs and other harmful ingredients, and being made from cereals, contains only true nourishment. It is convenient and economical, has delightful flavor and always promotes health.

"There's a Reason"

A Chrysanthemum Pillow for the Living-Room

By Sonja Danfelt



No. 17-4-30. Shades of Pink and Green on Ecru Linen make this an Attractive Pillow

Size, 17 x 24 *inches.* Design stamped on écru Bulgarian linen (material for back given), 85 cents. Cotton for working, 65 cents extra; silk for working, $1.90 extra. Perforated stamping pattern, 35 cents. Transfer pattern, 15 cents.
Work commenced, 75 cents additional.

FOR a design that is striking and effective without being overdone this pillow commends itself to the attention, especially of the woman who likes to achieve results quickly, for the work is all done with coarse mercerized cotton and goes off with amazing rapidity.

No padding is used for flower petals and stems, both of which are in satin-stitch. The leaves are outlined with one shade of green and filled in with French knots of a lighter shade. The calyx and stem of the lower bud are of the darker green, and the lighter green is used for the other bud calyx and stem. The stem of the flower at the extreme right is light green, but the other two are of the darker shade.

Three satin-stitched sections blending into one at the bottom form each calyx. Buds are medium and dark pink.

Starting with the petals in the centre of the flowers, the darkest shade of pink is used. This shows in the illustration. The second shade is used next, and for the long outside petals the lightest shade.

The pillow is made up quite plainly, relying on the design and material for its effectiveness. If one cared to go a step farther, however, this pillow would make up very nicely as one of the flat boxed pillows to stand against the wall on the back of a couch. A boxing made of a strip of green sateen or silk to match the darker shade used in the embroidery would be effective, and to be really new should be only about two and one-half inches wide and put in plain. Such a pillow must be very firmly filled to stand up well.

Needle Tatting

By Mrs. M. E. Rozelle

THREAD a long needle, No. 3, with No. 25 linen thread and, holding the needle in the left hand, catch the long end of the thread between the thumb and first finger of right hand; double the thread, making a loop to the left and throw over needle, as in Fig. 1. Then twist the thread to the right and throw over needle as in Fig. 2, making two loops on needle. This is one tatting-stitch.

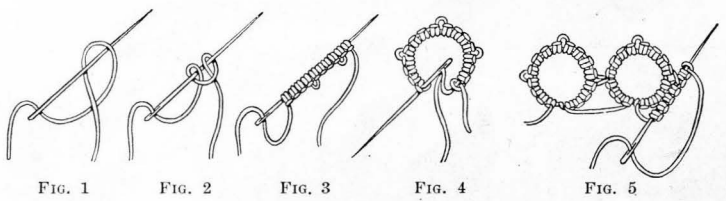


Fig. 1 Fig. 2 Fig. 3 Fig. 4 Fig. 5

Continue putting these stitches on needle until there are four, then make a picot by leaving a short distance between the fourth and fifth stitches (see Fig. 3), and between the eighth and ninth and twelfth and thirteenth. Make fifteen stitches and one-half of the sixteenth.

Draw the stitches gently down onto the thread and insert needle in first stitch made (Fig. 4). Draw tight; unthread needle and thread on other end.

Holding completed ring between forefinger and thumb, place needle close to ring as in Fig. 5. Hold both very tightly and proceed as before, putting four tatting-stitches on needle, then insert needle point in the side picot of preceding loop, make four more stitches on needle, allow for a picot, then three and one-half stitches and draw down on thread as before.

The work is continued in this way until the desired number of rings have been made. This makes an attractive and serviceable edge for a plain linen doily set or for finishing any edge where a simple finish is desired. Smooth thread is desirable.

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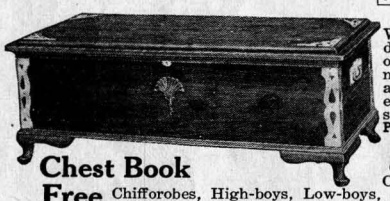

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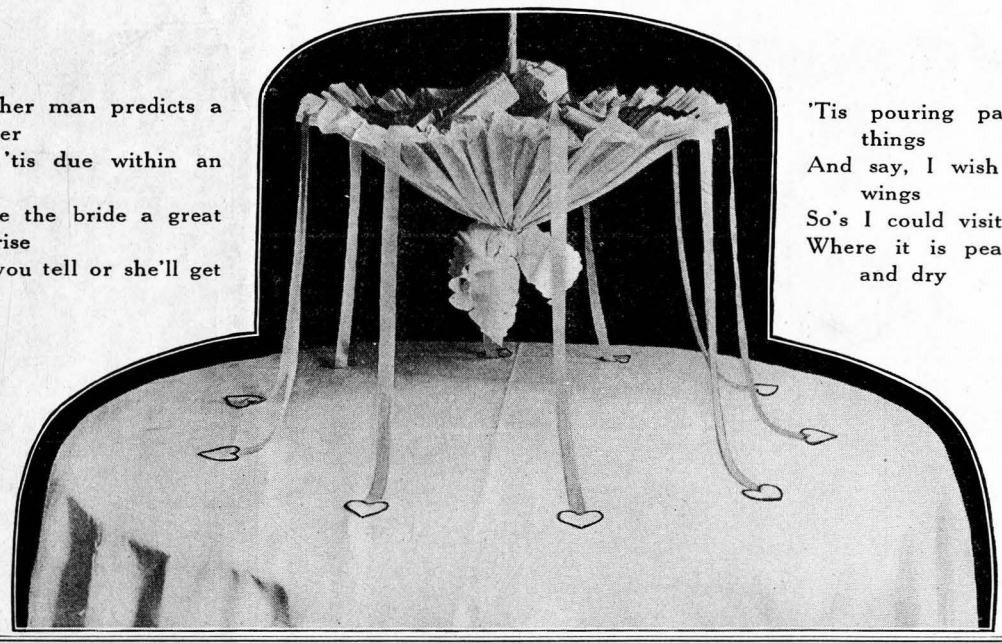
The weather man predicts a shower
He says 'tis due within an hour
'Twill give the bride a great surprise
So don't you tell or she'll get wise



'Tis pouring packages and things
And say, I wish that I had wings
So's I could visit in the sky
Where it is peaceful, calm, and dry

April Showers for the June Bride

THERE are many pleasant ways of showering a bride-to-be. The inverted parasol of pink tissue-paper illustrated above is an attractive receptacle for the packages. Each article has a ribbon streamer with a heart-shaped card at the end, bearing the giver's name. The bride is allowed to pull the packages out one at a time.

If the gifts are small ones that can be enclosed in an envelope, collect them all in a linen or denim bag. This bag is left at the door in true postman fashion, after ringing the bell.

One clever girl stretched a line of ribbon from corner to corner of the bride's room and pinned all the packages on to the line with tiny clothespins, tied about the top with pink bows. She chose, of course, a time when the bride was sure to be out and it was a pretty sight that greeted her on her return.

A few articles illustrated will make practical gifts, and the cards illustrated at the bottom of the page could be used as invitation or place-cards.

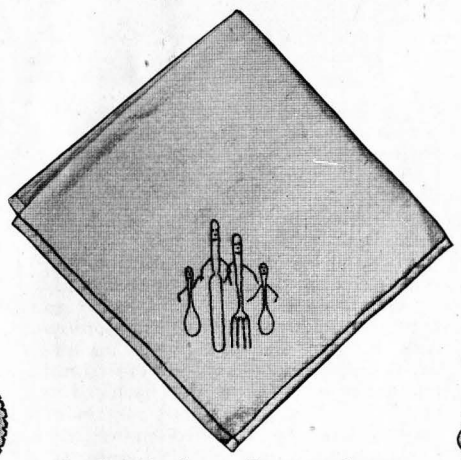
Two oval doilies are both embroidered in French and eyelet work.

Crochet Edge of Doily on the Left.—Turn edge ⅛ inch and fill with d. Chain 6, 3 t over 6 ch, * miss 3 d on edge, t in next, ch 3, 3 t over last t. Repeat from *. If the d on edge are far apart, skip only two between shells.

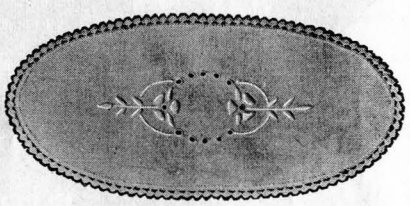
Cases for knives, forks, and spoons are of white cotton lined with white cotton flannel, especially treated for this purpose. The cases are all made up ready to embroider, and the work is in two colors; white for the flowers and blue or any desired color for the letters.

At the bottom of the page is a pillow-case also made up and hemstitched. In the charming embroidery design eyelets and solid portions are especially well placed.

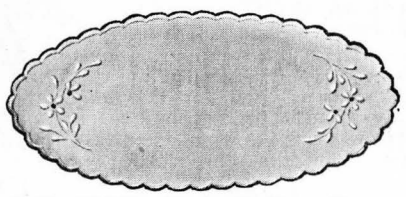
Black and white is effective for the cards, but they may be outlined and tinted if one has time and skill. The verses appear above.



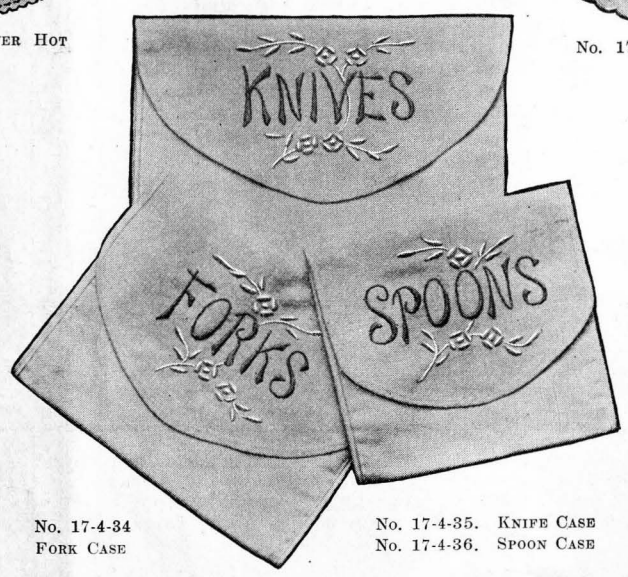
No. 17-4-31. Silver Towel of Cotton Flannel



No. 17-4-32. Doily to Lay Over Hot Plate Mat



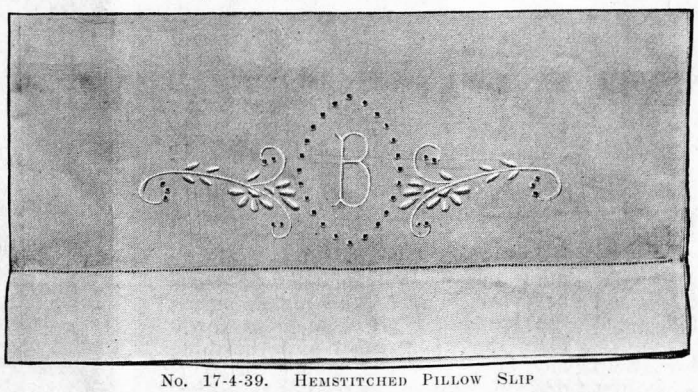
No. 17-4-33. Doily for Bread Tray



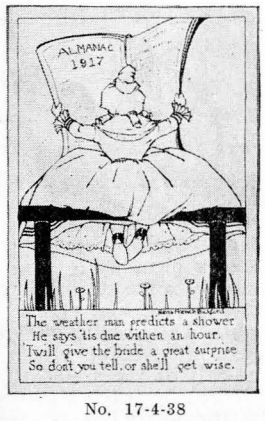
No. 17-4-34 Fork Case
No. 17-4-35. Knife Case
No. 17-4-36. Spoon Case

'Tis pouring packages and things
And say, I wish that I had wings
So's I could visit in the sky
Where it is peaceful, calm and dry

No. 17-4-37

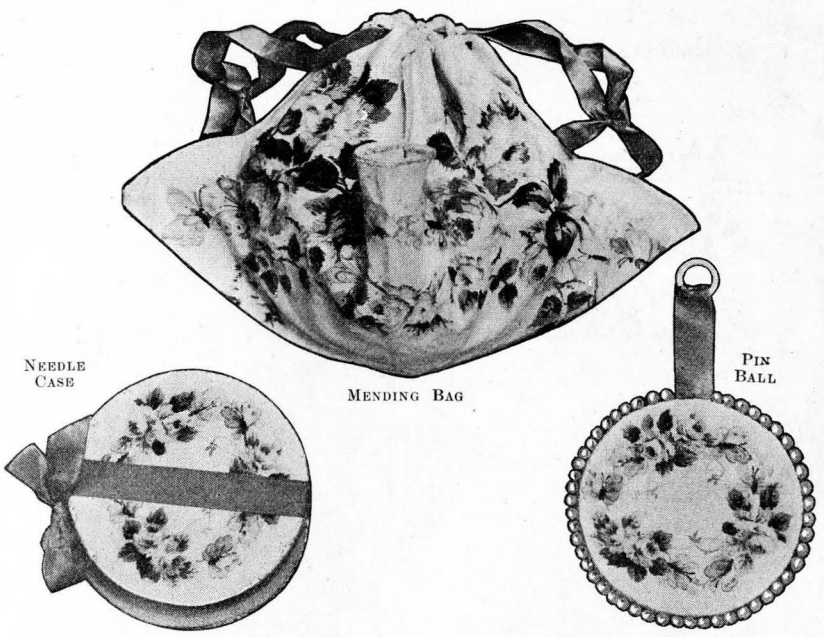


No. 17-4-39. Hemstitched Pillow Slip


ALMANAC
1917
The weather man predicts a shower
He says 'tis due within an hour.
Twill give the bride a great surprise
So don't you tell, or she'll get wise.

No. 17-4-38

For Description of Embroidery Patterns, see page 45



Bedroom Accessories Made of Cretonne Doily Cloth

WE are all familiar with doily cloth, that is to be had in delightful cretonne patterns, arranged in circles of different sizes that can be cut out and buttonholed about the edge. They are printed in sections, each one including an eighteen or twenty-two inch centrepiece, and doilies in two sizes.

You may be surprised, but you will certainly be interested, to know that every article illustrated here is made from one section of this cloth. The centrepiece in this pattern was not round, but shaped like a four-armed luncheon-cloth, and you can see what an attractive bag it made.

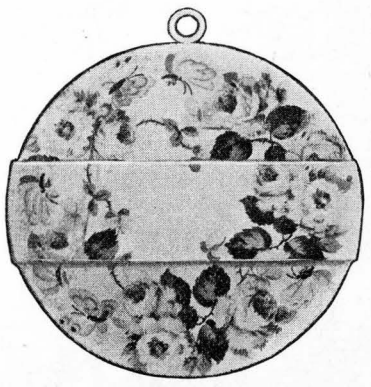
Now that doilies are used for bureau and chiffonier, one of the medium-sized circles and two small ones will make a very satisfactory set for this purpose, and, in fact, each article illustrated would be more attractive if the whole set were used together. The bag would be useful for embroidery, mending, or for soiled handkerchiefs and collars.

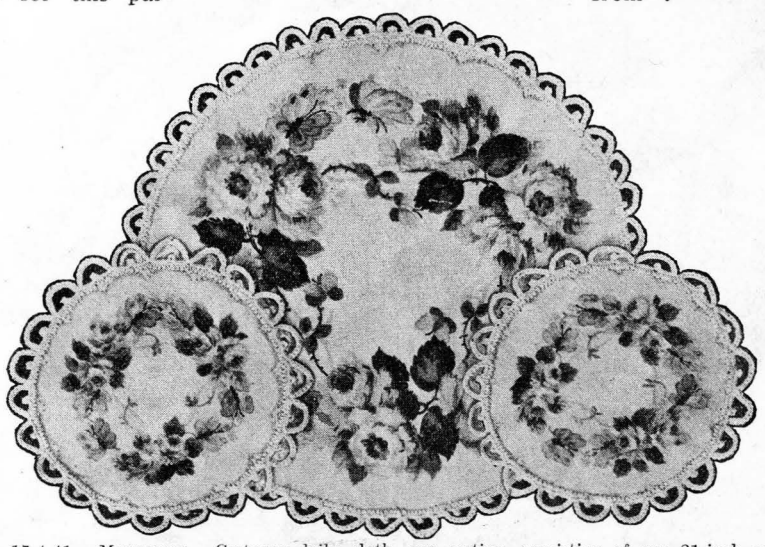
All articles are clearly shown and so familiar that they require no description of the construction. In this fabric pattern old rose flowers and green leaves on a white ground are emphasized by touches of black in the background.

The set consists of one centre, four large and six small doilies, and used as a doily set it would make a very attractive bungalow table service. The crocheted edge is made as follows:

* Five d over edge of cloth, 4 ch for picot, 5 d, turn, ch 10, catch back in 1st d, turn, 12 d over 10 ch. Repeat from *.

Below, a Brush-Broom Holder


Above, a Holder for the Curling Tongs



No. 17-4-41. Materials. Cretonne doily cloth, one section, consisting of one 21-inch centrepiece, four 8-inch and six 4-inch doilies, 50 cents. White mercerized crochet cotton (loose twist), 10 cents a spool. Steel crochet-hook No. 10, 10 cents.

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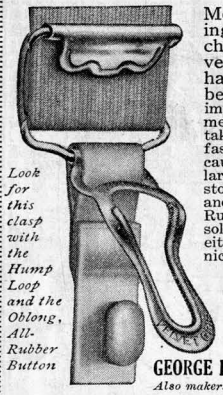

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See Pages 50 and 51

A Pull-On Sweater Coat

Size 16 to 18 years or small 36.

Materials. — Fourteen skeins old rose Zephyr floss and 6 large balls white Angora, $10.60; or 14 skeins Zephyr floss and 3 skeins white fourfold Germantown wool, $4.00. One pair No. 5 amber knitting-needles, 14 inches long, 40 cents.

BACK.—Cast on 90 sts (these 90 sts must measure 18 inches knit). Knit in ridges for 1 inch (5 ridges), k in ridges, decrease 1 st on each end of needle every 10th row until there are 76 sts on needle (these 76 sts must measure 15 inches in width), this is waist line, k in ridges on the 76 sts for 9 inches or 45 ridges. Cast on 80 sts on each end of needle for sleeves (these 80 sts must measure 16 inches), k in ridges for 6½ inches, about 33 ridges on the 236 sts, or until back measures 15½ inches from waist line. Knit 105 sts on a spare needle for shoulder, bind off 26 sts for back of neck, and on 105 sts for other shoulder, k in ridges, increase 1 st towards front every other row until 3 sts have been added, cast on 20 sts towards front, having 128 sts on needle, k in ridges for 6½ inches, about 33 ridges on the 128 sts, leave sts on needle.

With an extra ball of wool, start at neck of shoulder on the 105 sts, k in ridges, knitting front to correspond to other front, slip the 128 sts to the 128 sts on spare needle, then bind off 80 sts on each end of needle for sleeves. and on remaining 96 sts k in ridges until side seam measures 9 inches from where sleeves were bound off, k in ridges, increase 1 st on each end of needle every 10th row, until side seam is same length as side seam on back, bind off. Sew up side seams and sleeves.

COLLAR. — With spare steel needle pick up 80 sts (these 80 sts will measure 16 inches knit) around neck of sweater, starting at left front with Angora or fourfold wool, k in ridges for 7 inches, about 35 ridges, bind off.

CUFFS. — With Angora or fourfold wool, cast on 25 sts (about 5 inches), k in ridges until cuff is width of sleeve less 1⅓ inches, bind off. Sew cuff to sleeve seam of cuff to centre of sleeve from seam.

SCARF. — With rose floss cast on 27 sts (about 5¼ inches), k 10 ridges, change to white, k 8 ridges, change to rose, k 10 ridges, change to white, k 8 ridges, * k in ridges with rose until scarf measures 60 inches, or desired length, then repeat from * backwards once more, bind off.

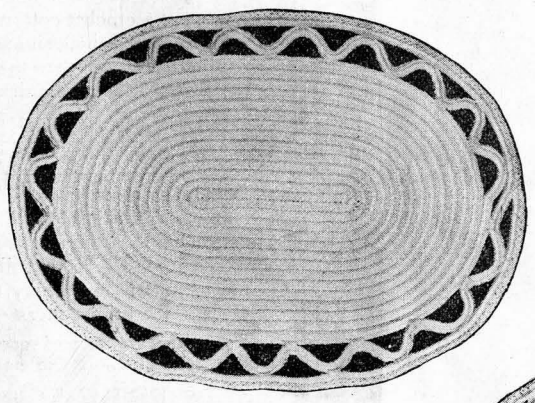
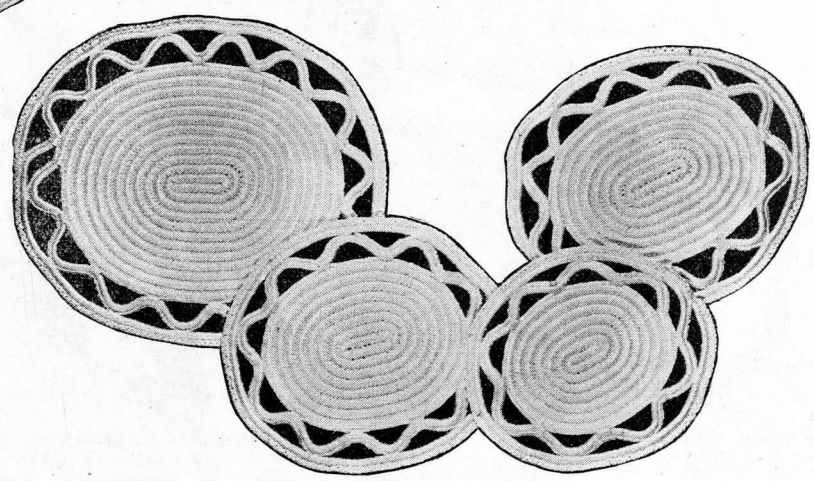


Table Mats Crocheted Over a Heavy Cord

By Mrs. F. M. Hood

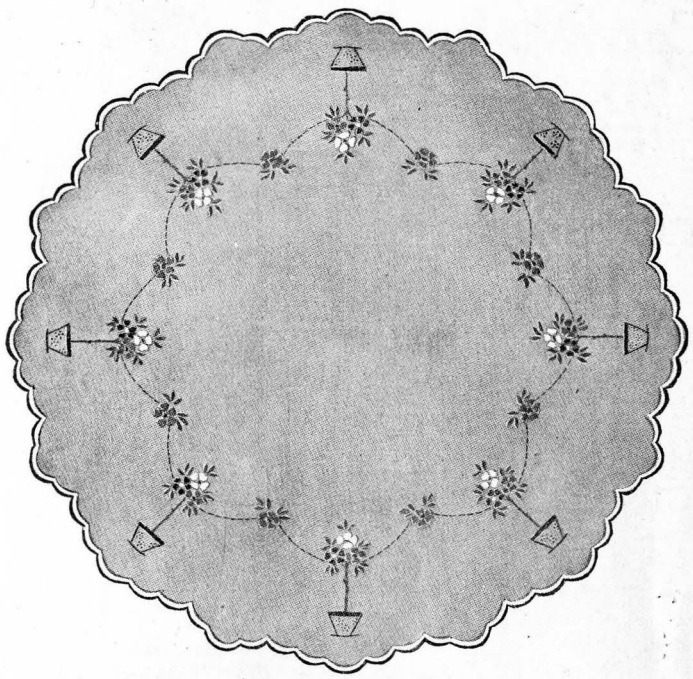


MATERIALS. — No. 3 mercerized crochet cotton at 35 cents a ball, steel hook No. 3 at 10 cents, and quarter-inch cotton cord, which can be purchased locally.

Make a chain according to the size of mat desired; for the largest mat shown chain 36 stitches, wrap the thread six times around the cord, double crochet over the cord, inserting hook in each chain-stitch. To make turn, widen by making 2 stitches in each stitch, continue until mat is desired size. To make border, crochet over cord 24 times, bind down 4 times, repeat. For outside row, crochet 20 times over cord, bind 4 to top of loop, bind end of cord; double crochet around entire mat.

Two Twenty-Inch Centrepieces

By Marie Walker



No. 17-4-42. The Rose-Tree Pattern. Three Shades of Pink with Touches of Black and Green

Size, 20-inch. Design stamped on white linen, 60 cents. Cotton for working, 27 cents extra; silk for working, $1.00 extra. Perforated stamping pattern, 35 cents. Transfer pattern, 20 cents.

EVERY housekeeper knows the value of odd centrepieces, especially those of medium size. And sometimes they are not added to the linen supply, simply because embroidering a centrepiece sounds like a great deal of work. That is one reason why these two are so very simple in design and easy to work. The other reason is because they are so pretty that way.

The rose-tree pattern is especially easy to work and delightfully quaint and pleasing. The little tubs are black outline, finished with a solid band in satin-stitch at the top, and decorated with groups of black French knots made very small. The only place where black appears again is in the connecting line of spaced single stitches that runs from cluster to cluster.

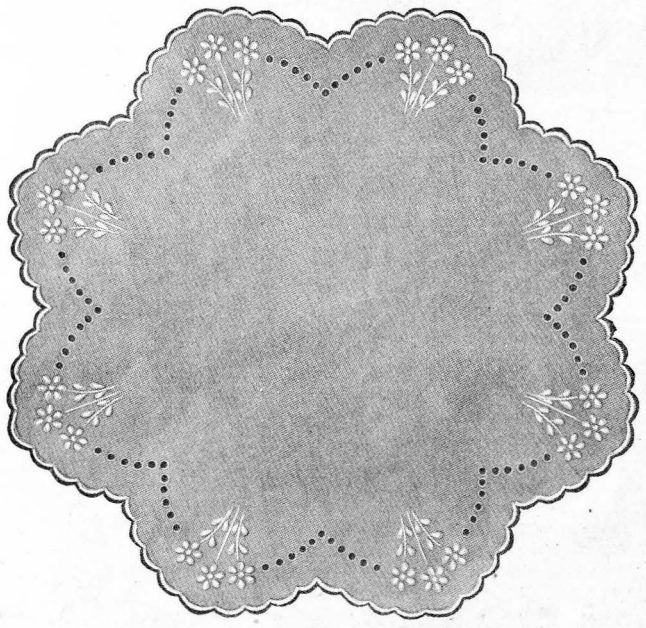
Outline indicates the tree stems, thorns are tiny lazy-daisy stitches, and the leaves are satin-stitch. All are green.

The flower petals are worked from the centre of the flower out, in satin-stitch, and the centres are solid too. The upper flower is the lightest pink with centre a shade darker; the flower at the left the darkest pink with centre of the lightest shade, and the one at the right the medium shade with a darker centre. The single flower between clusters is the medium shade with a lighter centre.

Of course the edge of this centrepiece is buttonholed with white, but an outline of the lightest pink is carried around just inside and close to the scalloping.

The design of the centrepiece below is one of the happiest of French and eyelet patterns.

The stems may be outlined or satin-stitched, but the latter is not the better method, unless one is sure of doing perfect work. Outline-stitches should be short and very even for stems. Leaves and petals are worked across.



No. 17-4-43. Another Daisy Design in All-White Embroidery

Size, 20-inch. Design stamped on white linen, 60 cents. Cotton for working, 24 cents extra. Perforated stamping pattern, 35 cents. Transfer pattern, 20 cents.
Work commenced on any one piece, 75 cents additional.

"Kloster makes my pretty work prettier"

Folder No. 907

(Copyrighted by Anna Wuerfel Brown)

Use Kloster Cordonnet No. 40 white, two balls
Kloster Cordonnet No. 50 Pink one ball

KLOSTER
CROCHET AND EMBROIDERY COTTONS

"White that stays white—colors that last"

This exquisite bridal rose design in filet with Irish crochet roses is only one of the hundreds of easily-made, dainty things whose charm is made lasting and whose beauty is enhanced by Kloster.

The *quality* of Kloster adds to the perfection of your own handiwork. Its luster is lasting; it holds its newness—with it you do crocheting and embroidery of which you are rightfully proud.

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Free instructions for experts and beginners Cut out this announcement and present it to your dealer—he will give you FREE our latest Folder No. 907, illustrating and giving stitches in detail for 15 New Designs. If your dealer cannot supply you with this Folder, send us his name and three two-cent stamps and the illustrated folder will be sent you promptly.

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Special Offer: If you are unable to obtain Kloster from your dealer, write to us direct, enclosing 30c for three full-sized trial balls of Kloster Cordonnet or Perle—add 6c postage and get our latest Folder No. 907.

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BURROWES "Cardinal" Chest
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MIDGET Bill Fold makes a delightful souvenir for Bridge Clubs, Dinners, Societies, Lodges, Fraternities, etc. Special prices with Seal or Name in Gold. Midget is easily slipped in pocket, bag or purse. Size 3¼ x 2 inches. Made of genuine black leather. Contains handy erasive memo, card for appointments. Send **25c** for sample or write for particulars.
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for this mars the beauty of your nails. Get rid of ragged cuticle and hangnails and have a perfect manicure by using
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CUTICLE REMOVER
Contains no acid. No tools needed. Orange stick with each bottle. **Price 25 and 50 cents. At all Good Stores.**
FREE Simplex Trial Manicuring Outfit, consisting of Cuticle Remover, Nail Polish, Nail Enamel, Nail Whitener, Orange Stick, Emery Board, also **Booklet of Home Manicuring Lessons.** Send 10 cents to pay for postage and packing.
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$20 UKULELE MANDOLIN, VIOLIN, GUITAR OR CORNET
We have a wonderful new system of teaching note music by mail. To first pupils in each locality, we'll give a $20 superb Violin, Mandolin, Ukulele, Guitar or Cornet absolutely free. Very small charge for lessons only expense. We guarantee to make you a player or no charge. Complete outfit free. Write at once—no obligation.
SLINGERLAND SCHOOL OF MUSIC, Dept 65, Chicago, Ill.

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Boudoir Caps, Slippers, Nightgown Yokes, Parasols, Table Scarfs, Bed Spreads, etc., are but a few of the dainty and serviceable pieces which even the inexperienced worker in crochet can produce with

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The Perfect Crochet Cotton

This highly mercerized crochet cotton possesses wonderful smoothness and absolute uniformity. When it is used the worker is certain of beautiful and permanent results. It is truly "The Perfect Crochet Cotton."

White and ecru, all sizes 1 to 150.

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Royal Society Crochet Book No. 9

just issued contains 40 pages of illustrations and instructions, including Boudoir Cap, Nightgown Yoke and Slippers illustrated. Price 10 cents. At dealers or by mail.

Royal Society Embroidery and Crochet materials bring to the needleworker a variety of flosses and threads which have been developed with an exact knowledge of her every need. There is a thread of special character for every kind of work.

Royal Society Package Outfits

contain numerous beautiful articles of wearing apparel and home decoration, many of them entirely sewn ready for the embroidery. They retail at from 25 cents to $1.75, except in Canada and foreign countries.

Upon request we will send new Package Outfit circular and a copy of our latest book

"The Hope Chest"

illustrating and describing many things of especial interest to the bride-to-be, but full of interest for all needleworkers.

Royal Society products are sold by dealers everywhere.

H. E. VERRAN CO., Inc.
Union Square West New York

Gifts the Bride Can Make for her Bridesmaids

BOUQUETS for the bridal party are always the personal care of the bride, and they offer such an infinite variety of possibilities that she will find it a pleasant task. Three delightful arrangements are illustrated.

In addition to the flowers, however, the bride usually likes to give some more lasting remembrance. Of course, she does not always make these gifts to her bridesmaids, but, if she is not too busy with trousseau, linen-chest, and decorator, they will especially appreciate some little souvenir that she finds time to make for them.

A scarf of crêpe de Chine is embroidered with green silk and green, pink, and iridescent beads. The detail above shows pattern and arrangement of beads.

A bag of the same material is similarly embroidered. In this case outlining is pink, leaves of the same color are in lazy-daisy stitch, and flowers are pink iridescent beads.

Valenciennes lace forms the entire top of the camisole, and the embroidery, all in satin-stitch, may be worked in white or a color to match the fabric.

The second bag is made of heavy white linen with cunning little sprays of a rose and forget-me-nots embroidered in white above and below the filet band, which has a flight of bluebirds on it. A working pattern for the crochet will be found on page 24.

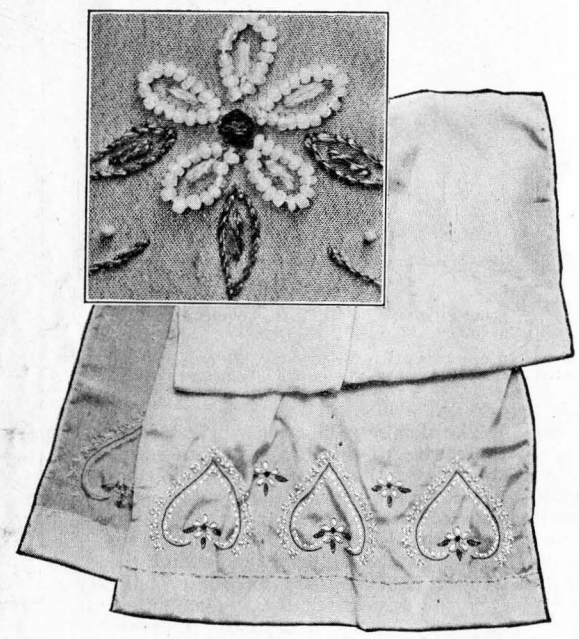
Three sections form this three-sided model. The linen is embroidered first, then the filet strips are made and sewed in, and finally the three sections are seamed together.

Each filet strip is finished at top and bottom with a row of d and a p over every 6th st. The top of the bag is finished similarly, working over the linen.

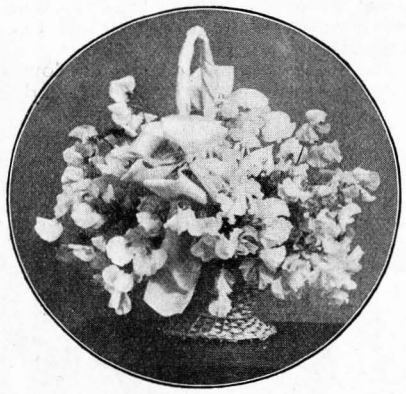
CORD. — Chain 3, 6 d in 1st st of ch, join, work round and round, picking up only top loop, which allows the other loop to turn inside and form a padding for the cord. Loops for cord to run through are made by crocheting d's into each side a ch of 10 sts. Sew loops on one inch apart.

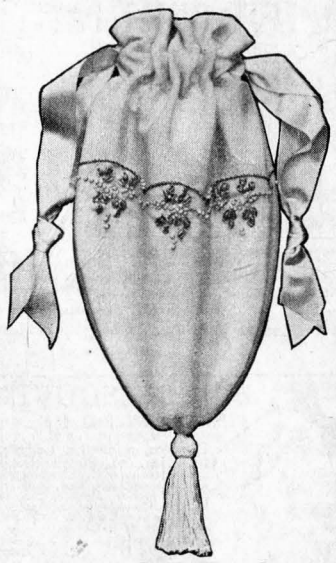
BALL. — Chain 6, 8 d in 4th st of ch, turn, and put 2 d in one st, 1 d in next. Continue working around, increasing as necessary, fill with cotton, decrease to form ball, fasten off with sl st, ch 3, leave end of thread.

TASSEL. — Wind thread around a 3-inch card, slip end of thread from ball through loops at one edge and secure firmly, slip card out, wind tassel ½ inch from top, and cut loops off to make even at other end.

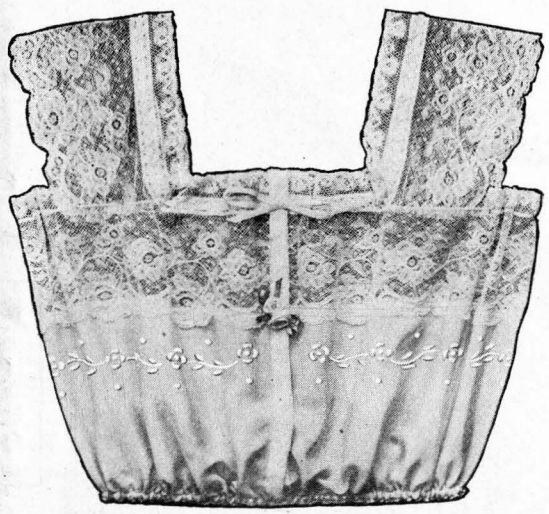


No. 17-4-44. SCARF OF CRÊPE DE CHINE, EMBROIDERED WITH SILK AND BEADS

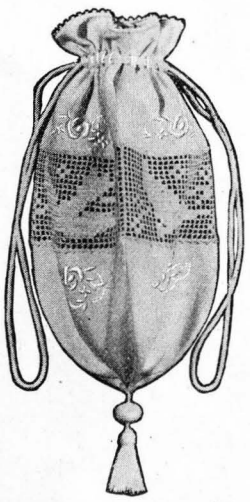




No. 17-4-45. A BAG OF PINK SILK FOR FAN OR VANITY CASE. IT IS REALLY LARGE ENOUGH FOR BOTH AND STILL LEAVE ROOM FOR COIN-PURSE AND HANDKERCHIEF



No. 17-4-46. CAMISOLE OF LACE AND CRÊPE DE CHINE



No. 17-4-47. ALL OF THE BAGS SHOW A TENDENCY TO GROW DOWNWARD. THIS ONE OF WHITE LINEN AND CROCHET WILL BE APPRECIATED BY THE SUMMER GIRL

FOR DESCRIPTION OF PATTERNS SHOWN ON THIS PAGE, SEE PAGE 47

An advertisement in THE PRISCILLA means a reliable advertiser.

New Summer Blouses of Voile in Styles Adaptable to a Variety of Uses

No. 17-4-49. *Sizes,* 34 *to* 42. Design stamped on a made-up waist of fine mercerized white cotton voile, $2.00. Colored cotton for working, 18 cents extra; silk for working, 45 cents extra. Perforated stamping pattern of design (cutting lines are not given), 30 cents.

No. 17-4-50. *Sizes,* 34 *to* 42. Design stamped on a made-up waist of fine mercerized white cotton voile, $2.00. White cotton for working, 14 cents extra. Perforated stamping pattern of design (cutting lines are not given), 25 cents. Stamping paste, with directions, 10 and 25 cents a box.

Work commenced on either waist, 75 cents additional.

BACK VIEW OF NO. 17-4-49

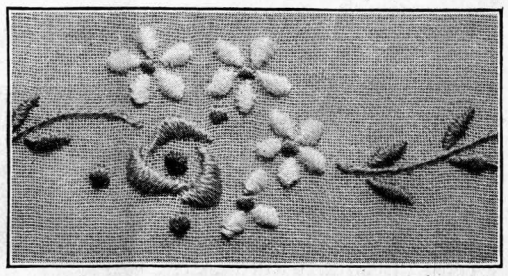
EITHER or both of these waists will be a valuable addition to your summer wardrobe, and they are sufficiently unlike in appearance and alike in practical value to make one wish to have both. Another point in their favor is that they can be supplied made up with seams and edges neatly finished, and the embroidery requires so little time that one can be sure of having the garment finished before the very warm days are here, if the work is begun reasonably early. The fear that an embroidered waist may not be finished before the season is well advanced often prevents us from attempting it at all. But even a very busy woman need have no such fear in this case. Details of the embroidery designs show the simplicity of execution.

Both waists are of voile. Edges of collar and cuffs of the one at the left are picoted. The narrow strip across the front is hemstitched and a frill of lace can be added if desired. Pink and white flowers and green leaves in the embroidery design of this waist makes it especially attractive to wear with a skirt of pink, green, or white linen. Use two or three threads of stranded cotton in working.

The waist on the right is developed in all white. Although it could be embroidered in a color to match the skirt or suit with which it is to be worn. The collar in back is deep and square across. A soft white cotton was used for the work, as shown in the detail, and no padding was put in. Note that the stitches, though parallel, are slanted, and that the outline of the stem does not break as the stem develops into the leaf at the end.

The feather-stitching is fine and must be done very evenly to hold the outline, particularly if the embroidery is in a contrasting color.

A detail of the embroidery on the waist at the right above, showing method of working and stitch direction. Lines are fine feather-stitching, other parts are worked in satin-stitch.



This detail shows the embroidery on the waist at the left, very slightly reduced. Leaves, stems, dots, and centres of small flowers are green. Roses are pink with darker pink centres, and small flower-petals are white.

For Your Easter Outfit

You Need THIS Fashion Catalog

Write for it Today, it's FREE

Be Sure to Ask for Catalog No. 77T

It Shows ALL the New Spring Styles

35T812. You will be greatly pleased with this charming frock, which is made of fine Silk Poplin. The dress is in Russian Coat Style, made over a lining. The waist and the deep knee length tunic are in one piece, held at the waist line by a tassel-trimmed sash of self material. The fulness at each side and the center of both front and back is laid in narrow side plaits. Waist has a corded yoke front and back, and a dainty white collar of Georgette Crepe, trimmed with tassels. The fancy sleeves have deep corded cuffs, trimmed with self covered buttons. The lower part of the skirt is attached to a lining beneath the tunic. Fastens in front and comes in Copenhagen blue, tan, gray, medium green or navy blue. Sizes 32 to 46 bust measure, skirt length 40 inches, also for misses and small women, 32 to 38 bust measure, skirt length 38 inches.

35T812 Dress $11.98

Mail or Express Charges Prepaid.

$11.98

We Guarantee to Please You or Refund Your Money

35T896. This is a Simple, Charming and Stylish Spring Frock which will appeal to the woman of taste and refinement. It is a one-piece dress made of fine all-silk Crepe de Chine. The entire dress, both front and back, is arranged in narrow box plaits and the plaits are held at the waist line by a wide girdle of Crepe de Chine, hand-embroidered as pictured, in contrasting color. The collar is of self material, finished with hand-embroidery to match girdle. Collar is also finished with silk tassels. The sleeves have deep cuffs trimmed with self covered buttons with contrasting centers. The dress fastens invisibly in front. It comes in tan, Copenhagen blue, rose or gray. Sizes 32 to 46 bust measure, skirt length 40 inches, also to fit misses and small women, 32 to 38 bust, skirt length 38 inches.

35T896 $14.98

We Pay All Mail or Express Charges

Special price, mail or express charges prepaid

$14.98

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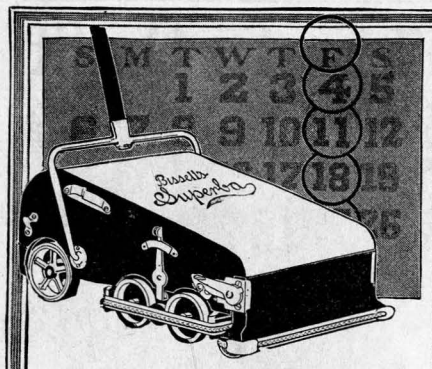
NEW YORK CITY, N.Y.



Don't Wait Too Long

It saves both rugs and work to *clean often* with Bissell's Vacuum Sweeper, to keep dirt and dust from collecting in your rugs and carpets until drastic and destructive methods are necessary. The Bissell cleans thoroughly without injury, collecting all dust in air-tight dust bag which comes out *with the nozzle in one piece* and empties from *rear*. Bissell-like, it is unusually easy to use.

BISSELL'S Vacuum Sweeper

—smooth-running and easily emptied—is the safe machine to buy. It has conveniences no other make affords.

Prices are $7.50 and $9.00. A trifle more in the West, South and in Canada. Bissell's "Cyco" Ball-Bearing Carpet Sweepers $3.00 to $5.50. Sold by dealers everywhere. Booklet on request.

BISSELL CARPET SWEEPER CO.
Dept. 346, Grand Rapids, Mich.
Oldest and Largest Exclusive Manufacturers of Carpet Sweeping Devices in the World
Made in Canada, too (324)

Music Lessons Sent FREE

Wonderful home study music lessons under great American and European teachers. The lessons are a marvel of simplicity and completeness, endorsed by Paderewski and other great authorities.

Any Instrument or Voice

Write us the course you are interested in, age, how long you have taken lessons—if at all, etc., and we will send you six lessons free and prepaid—any of the following Complete Courses: Lessons in PIANO (students' or teachers' courses), by the great Wm. H. Sherwood; HARMONY, by Dr. Protheroe and Rosenbecker; VOICE COURSE (with aid of phonograph), by Crampton; PUBLIC SCHOOL MUSIC, by Frances E. Clark; VIOLIN, CORNET, MANDOLIN, GUITAR, BANJO, REED ORGAN, by equally eminent teachers. We want to prove in this remarkable way what fine lessons they are—SEEING IS BELIEVING. Full particulars sent along with free lessons. Send no money.

SIEGEL-MYERS SCHOOL OF MUSIC
CLARENCE EDDY, Dean
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Delivered TO YOU FREE

Your choice of **44 styles**, colors and sizes in the famous line of **"RANGER"** bicycles, shown in full color in the big new Free Catalog. We pay all the freight charges from Chicago to your town.

30 Days Free Trial allowed on the bicycle you select, actual riding test in your own town for a full month. Do not buy until you get our *great new trial offer* and low Factory-Direct-To-Rider terms and prices.

TIRES LAMPS, HORNS, pedals, single wheels and repair parts for all makes of bicycles at half usual prices. No one else can offer such values and such terms.

SEND NO MONEY but write today for the big new Catalog. **It's free.**

Rider Agents Wanted

MEAD CYCLE COMPANY Dept. A-8, Chicago

Keramic Studio

The Magazine for **CHINA PAINTERS**

The new form under "Page Editors" began with the Dec. number and received great praise. A few Dec. numbers left, **40 cts. each**, or will begin year's subscription with that number. Sample copy, old number, 10c. **212 Gifford St., Syracuse, N.Y.**

The Priscilla Junior Club

"Aunt Priscilla's Bluebirds"
Minneapolis, Minnesota

DEAR Boys and Girls:

Let's have an April fool party, Juniors! Ask the guests to come in some ridiculous clothing; any old thing patched together, hit-or-miss, will cause more genuine merriment than an elaborate costume. Comic paper masks will fittingly complete the outfit.

Pin warning placards, "Paint. Be careful!" to the woodwork. Place dishes of chocolate bonbons about the room. Among these bonbons, place some fake candies; button-molds and balls of cotton covered with chocolate.

The hostess should be dressed in peaked cap and clown's costume. As the guests arrive she hands to each a foolish toy or baby rattle. To these have been attached little notes telling of some stunt which the owner of the toy must perform during the evening. Any one of the Juniors will be able to think of numerous funny stunts. These stunts may be performed to amuse the guests until all have arrived. The hostess should have a helper who will see that the fun runs on smoothly, while the hostess is busy greeting late comers.

During the evening the guests must answer all questions nonsensically. This fact is explained to them before the evening's fun begins. A little bag is hung about the neck of each girl and boy as soon as the wraps are removed. A guest must take a bean from a large dishful, which is found in a convenient place, and put it in his bag every time he makes a sensible answer to a question. A clown-shaped box full of candy may be given to the guest who has the smallest number of beans at the close of the party, and a "booby" prize to the guest who has the most beans. The "booby" prize may be a dancing monkey, foolish whistle, fool's cap, or something equally useless.

CARDS with mixed up Mother Goose jingles on them, and program-pencils attached should now be passed to the guests. Example:

Went the kcaj up lijl and hill
Fetch to a laip of tawer

You will find on translating that these are the first two lines of Jack and Jill. If the words Jack, Jill, pail, and water had not been jumbled one could tell what the verse was at a glance. But do not jumble too many words or the game will grow tiresome before the jingles are correctly written.

Funny shadow pictures or burlesque tableaus may be used to entertain the party for the rest of the evening.

The refreshments may be served in inappropriate dishes, hot chocolate can be brought to the table in a soup tureen, sandwiches in a kettle, chicken salad in a pie plate, ice cream in the coffee-pot and bonbons in a puffed rice box.

THERE seems to be an impression among the Juniors that they must drop out of the club when they reach the age of sixteen. We do not admit to membership any boy or girl who has reached the seventeenth birthday, but those who joined the club when they were younger are called honorary members when they reach seventeen. They are not awarded prizes in the contests, but otherwise they have the same privileges as the younger members.

Aunt Priscilla welcomes all young people, not over sixteen years of age. If you are interested write, asking for particulars about joining this jolly big club.

LITTLE Clella Butler, of Oklahoma, writes: "Can't you give us another bird page, Aunt Priscilla? We fed birds all last winter. There were mocking-birds, jay-birds, redbirds, white-throated sparrows, snow-birds, wrens, brown creepers, black and white striped creepers, and the bluebirds, all eating and drinking at our back door during the winter!

"A wren came to one of our nests the third day of February. He did not have a tail and looked so funny, and he was perfectly gray! But his tail grew a little every day, and in two months it was twice as long as his tiny body. His back turned to a cinnamon-brown, and oh, how he could sing! Later a pair of bluebirds came. Aren't they the dearest things you ever saw? Mother called them a 'bit of sky wandering through the garden.' They always worked together, and from the day they came until they took their three babies away, were never more than a few feet apart."

Lovingly yours, Aunt Priscilla.

A book that will surely interest every Junior is entitled "How Boys and Girls Can Earn Money" by C. C. Bowsfield. Published by Forbes and Co., Chicago. Price, $1.00.

April Prize Contest

Berniece Haggarty, of Tennessee, sent these puzzles for the other Juniors. The answer to each one contains the syllable "pen."

1. What pen have we all studied at school?
2. What pen is made of copper?
3. What pen is never shut?
4. What pen belongs only to the United States of America.
5. What pen is never cheap?

Write or print the answers neatly and attractively, sign your name, age, and address, and mail your papers to Aunt Priscilla, 85 Broad Street, Boston, Mass., so that she will receive them by April fifteenth. If you decorate your papers or do something to make them original, they will be much more likely to win prizes. The prizes are folders of beautiful pictures.

January Prize Winners

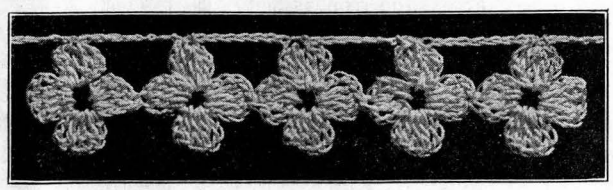
Mabel D. Booker, 8 years, Me.; Helen M. Heinemann, 9 years, Ark.; Agatha Anderst, 10 years, So. Dak.; Ethel Sager, 10 years, N. Y.; Willie Smith, 10 years, Canada; Marjorie Devore, 10 years, Ill.; Eleanor S. Barrell, 10 years, Vt.; Florence R. Underwood, 11 years, Md.; Liberty Worden, 12 years, Alaska; James Dow, 13 years, Vt.; Elsie L. Kruger, 13 years, Ia.; Bernice A. Richards, 14 years, N. Y.

Correct Answers

Cat Ice Ink Crow

Forget-me-not Edging — By Sadie V. Pickering

A MINNESOTA junior sent this very pretty little edging which she writes would look well on a collar. I think it would make a pretty edging for a nightgown neck and sleeves.



You must select a size of crochet thread that will look nicely with the material on which you intend using the edging. The steel hook must be just large enough to catch the thread easily.

DIRECTIONS.—Chain 11, 2 t in 4th st from hook. This makes half of the first petal. Chain 4, making 1st ch rather loose; 3 t back into loose ch; ch 3, sl st into loose ch. (The loose ch is the centre of the flower.) * Chain 3, 3 t in hole, ch 3, sl st into hole; repeat from * once. Then ch 3, 1 t in hole. This last makes other half of first petal. Fasten in top of first half. Repeat from beginning, and when half of the second petal is made, remove the hook from the work and insert it in the centre of top chain of 3d petal of last flower. Catch up dropped chain and pull through, then proceed as before.

Perhaps some other Juniors have pretty and original designs that Aunt Priscilla would like to see.

Don't Break Your Back

by working over a Kitchen Sink set too low. Have installed a "Standard" Sink which can be adjusted in height from 30 to 36 inches from floor.

"Standard" Kitchen Sinks

—made in one-piece, white enameled—equipped with air chambers that prevent "pounding" and improved faucets that make the water run smoothly and quietly. These are distinctive features.

Write for copy of Special "Efficiency Kitchen Bulletin", also "Sink Booklet".

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CHICAGO.....900 S. MICHIGAN
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TOLEDO.....311-321 ERIE
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YOUNGSTOWN.....219 CHAPEL PLACE
WHEELING.....3120-30 JACOBS
ERIE.....128 W. TWELFTH
LOS ANGELES.....671 MESQUIT
LOUISVILLE.....319 W. MAIN
NASHVILLE.....315 S. TENTH
NEW ORLEANS.....846 BARONNE
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WHOLESALE & RETAIL

Made from Checked Toweling for the Bride's Kitchen

COULD these illustrations be shown in color you would be surprised to see what charm there can be in red and white checked toweling embroidered in simple stitchery of dark blue and red. The coloring is that of some of the most charming of peasant embroideries.

Cap, apron, and towels are intended to help fill the bride's chest and make her new little kitchen gay and attractive.

The apron is made of a straight strip of toweling about fifty-six inches long and slips on over the head. It ends at the waist line in back, where it is gathered into a band, the ends of which fasten around the waist and hold the whole firmly in place.

Neck opening and the lower edge are finished with spaced buttonholing in red.

READY FOR THE FIRST MORNING IN THE KITCHEN

front and sides between the double notches, and finish with the turned-back section, which is made of two thicknesses, one embroidered and the other for a lining.

The edge of the turnback is buttonholed with red and the front embroidered like the apron, blue being used for flower petals.

Both towels are finished with the spaced buttonholing so easy to do and satisfactory to look at. These towels may be of either blue or red striped toweling and should be buttonholed with the same color. The silver towel is outlined and feather-stitched with blue on a red towel or with red on a blue towel. And the quaint little bowls are intended to be outlined with red on blue or blue on red as the case may be. The base of each

No. 17-4-51. APRON. Design stamped on red or blue and white checked toweling, 60 cents. Cotton for working, 15 cents extra; silk for working, 40 cents extra. Perforated stamping pattern, 40 cents. No transfer pattern.

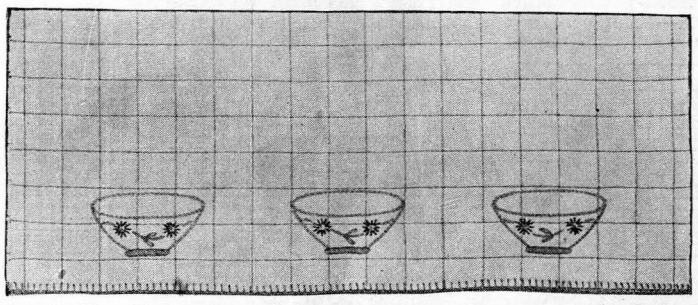
No. 17-4-52. CAP TO MATCH APRON. Design stamped on red or blue and white checked toweling, 25 cents. Cotton for working, 10 cents extra; silk for working, 15 cents extra. Perforated stamping pattern, 20 cents. Transfer pattern, 10 cents.

The toweling supplied is all linen of excellent quality.

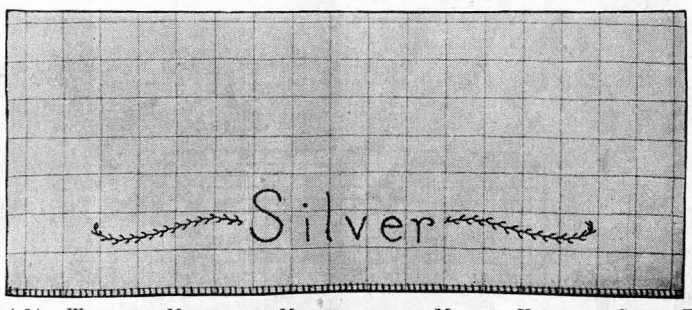
The design is in feather-stitching with dots of unpadded satin-stitch. The flower forms are blue, the rest red.

The cap is large and covers the hair well. An elastic run through the hem across the back holds it and regulates the head size. This hem is allowed for on the pattern. Gather the bowl is satin-stitch. Stems, lazy-daisy leaves and French knot flower centres introduce a note of green. The flower petals are single stitches and match the outlining of the bowl.

There are boil-proof cottons with which to embroider towels, apron, and cap, thus insuring endurance.



No. 17-4-53. THE QUAINT LITTLE BOWLS MAKE THE USE OF THIS TOWEL A PLEASURE
Size, 18 x 30 *inches.* Design stamped on red or blue and white checked toweling, 25 cents. Cotton for working, 9 cents extra. Perforated stamping pattern, 15 cents.



No. 17-4-54. WITH THIS MARKING NO MISTAKE WILL BE MADE IN USING THE SILVER TOWEL
Size, 18 x 30 *inches.* Design stamped on red or blue and white checked toweling, 25 cents. Cotton for working, 3 cents extra. Perforated stamping pattern, 10 cents.
Work commenced on any one piece, 75 cents additional.

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and for every other "hard on the hands" household duty. These gloves are Golden Red color and made in half-sizes from 6½ to 10. Get a pair and protect your hands.

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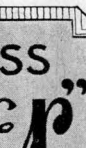

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Articles Shown Here

A--"WEAREVER" No. 40, Hot Water Bottle, Pat. Mch. 20, '06. Sizes 00, 0, 1, 2, 3 and 4. Maroon Color. Sizes 00 and 0 also in Blue Color.

B--"WEAREVER" No. 24, Fountain Syringe. Sizes 2 and 3. Maroon Color.

C--FAULTLESS "KANTCHOKE" Nipple, Pat. June 22, '09, Ball Top Shape. Pure Gum Transparent, Light, or Pure Para, Dark; also Red, Black and Uncolored.

D--FAULTLESS "KANTCHOKE" Nipple, Pat. June 22, '09, Regular Shape. Pure Gum Transparent, Light, or Pure Para, Dark; also White, Maroon and Black.

E--FAULTLESS Nipple, Pure Gum Transparent, Light, or Pure Para, Dark; also White, Maroon and Black.

F--FAULTLESS Swan Bill Nipple. Pure Gum Transparent, Light, or Pure Para, Dark; also White, Maroon and Black.

G--"WEAREVER" Rubber Sponges. "A Size for Every Hand." Shaped to fit the hand.

H--FAULTLESS Sponge Brushes. Three Sizes.

I--Sectional view FAULTLESS "Natural Nurser" Nipple, Pat. July 13, '15.

J--FAULTLESS "Natural Nurser," Pat. July 13, '15. The "Breast-like" Nurser.

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and is as essential to home-making as a business career.

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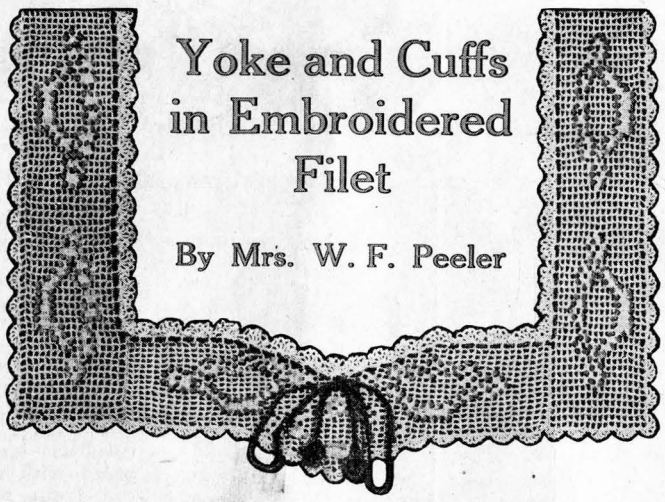
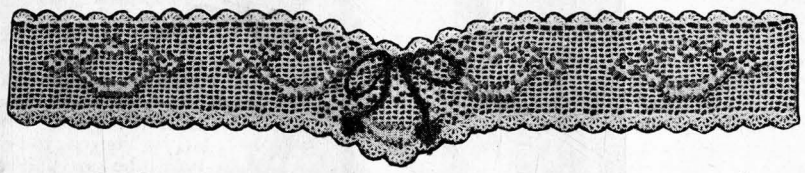
Yoke and Cuffs in Embroidered Filet

By Mrs. W. F. Peeler

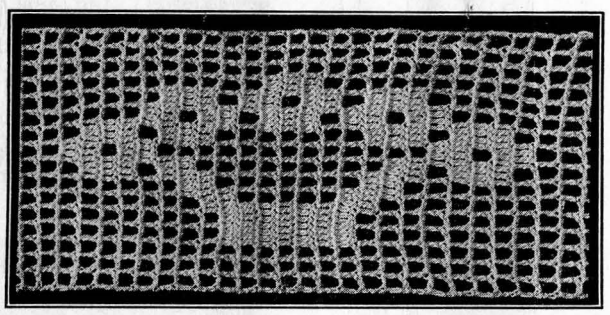


(For explanation of stitches and Filet Crochet, see page 26)



No. 17-4-55. Pink and Blue French Knots Outline the Pattern

Materials.—Crochet cotton (hard twist), white, No. 60 (3 balls), blue or pink, No. 30 (1 ball), pink and blue embroidery cotton (1 skein each color), and a steel crochet-hook No. 10, $1.00.



This Detail Shows the Work About One-Half Actual Size

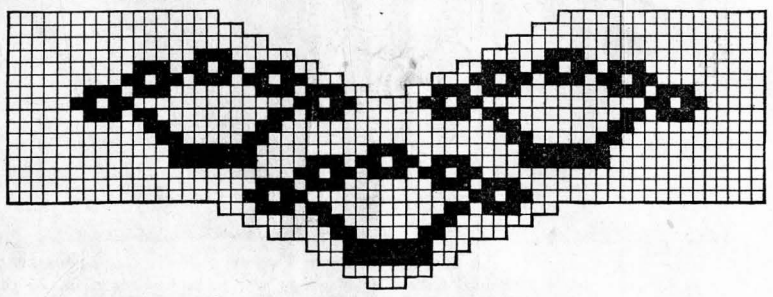
THREE balls of No. 60 crochet cotton (hard twist) and one ball of blue or pink No. 30 for cord with blue and pink stranded cotton for French knots are required.

Start with 54 ch, t in 9th st from hook for 1st sp, * ch 2, t in 3d st, repeat to make 16 sp in all.

The front and back sections and the middle of the cuff are made exactly like the pattern below. The straight strips over shoulders are made separately and may have as many repeats of the basket pattern as necessary for length desired.

Edge.—Fasten in a sp, skip 1 sp, (ch 2, t) 6 times in next, skip 1 sp, fasten in next. Repeat around. Finish with ch 5, caught with sl st between each t all around.

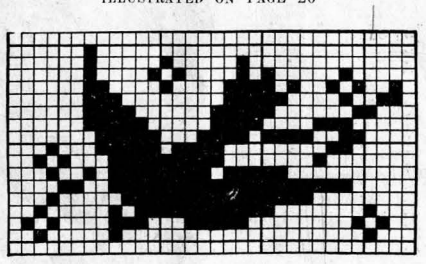
Cord.—Chain 7, join, (1 d, 2 t, 1 d t, 2 t, 1 d) 3 times in ring, join. This forms clover-leaf at end. Start cord with 2 ch, catch back in clover and pull thread under last st on clover, pull up and take off with sl st, ch 2, * catch into ch below and pull up thread until even with loop on hook. Take off with sl st, repeat from * for length desired. Finish with another leaf after cord has been run in.



Working Pattern for Entire Front and Back Sections

Pattern for Filet Bands in Bag No. 17-4-47

Illustrated on Page 20



Crochet with No. 40 crochet thread (hard twist) and No. 11 steel crochet-hook.

Start with 112 ch, which allows 9 sts for 1st sp. Meshes run 7 to the inch.

Be-Be-Ko TRADE MARK **Straw Hat Dye**

You can, in 10 minutes, with one 25c bottle of BE-BE-KO Straw Hat Dye, make your last Summer's hat as bright, crisp and as attractive as new, without in any way altering the shape.

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and Brightener (renews gloss, gives body and does not change the color).

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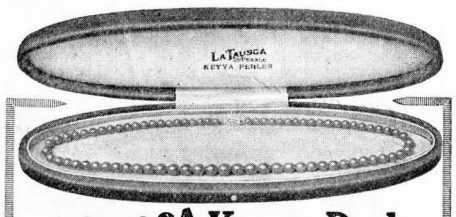

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For description of cutting patterns and embroidery designs, see page 32

Free Style Book of New York Spring & Summer **Footwear Fashions**

Shoe Styles for Spring and Summer have taken another turn, this time toward grace and refinement without sacrificing the artistic lines developed in the most popular models last year.

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which we will send **FREE upon REQUEST** pictures and describes our wide selection of shoes for Men, Women and Children, not only the popular and reliable styles which we have been selling for over 50 years in our large New York store, but also the latest and most exclusive designs approved by Fashion. It enables you to select your shoes at your leisure and with care—and—

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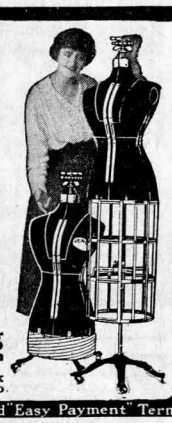

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7327

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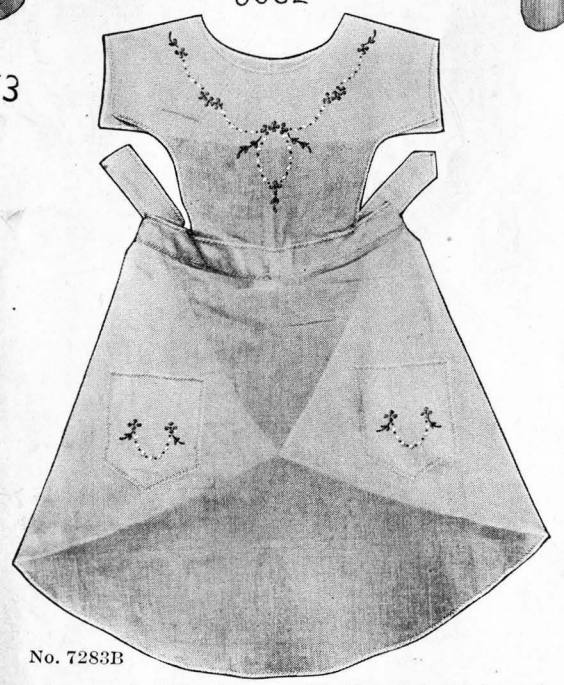


8062

No. 7283B

THE comfort and coolness expressed in every line of the garments illustrated at the top of the page will interest every housekeeper. They will also find favor among women who plan to spend all or a part of the summer in bungalows or cottages sufficiently far removed from the popular resorts to permit wearing comfortable little dresses of this type a greater part of the time.

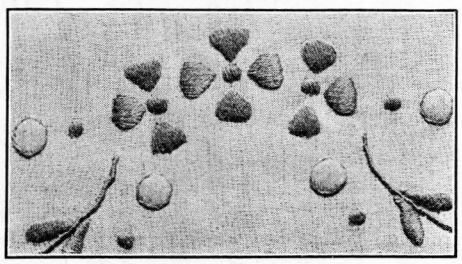
No. 8173 is ideal for a use of this sort.

Embroidery in satin and outline stitch can be all in the color of the dress fabric, in two shades of the same color.

No. 7822 is embroidered in a single contrasting color and narrow bands match the embroidery.

Collar and cuffs of No. 8062 are of white linen or lawn. Embroidery in satin and outline stitch is all in one color and matches the sash of ribbon, which is held in place by a band of filet crochet. A person familiar with this kind of work can easily follow the crochet pattern in the illustration, but any lace can be used.

Apron of white lawn embroidered in pink and white. A detail of the embroidery below, very slightly reduced, shows the color arrangement and stitch direction. It also gives a very good idea of the pattern.



No. 8173. LADIES' DRESS. *Sizes,* 36 *and* 38. Embroidery design for collar, cuffs, and belt stamped on white soisette, and blue, pink, green, tan, or lavender soisette (6½ yards), not stamped, to complete dress, $3.00. *Sizes,* 40 *and* 42. Stamped white soisette and colored soisette (7¾ yards), not stamped, to complete dress, $3.50. Cotton for working, blue or two shades of any preferred color, 30 cents extra; silk for working, 90 cents extra. Perforated stamping pattern of embroidery design, 45 cents.

No. 8062. LADIES' DRESSING SACQUE. Embroidery design for collar and cuffs stamped on white linen, 85 cents; on white cotton lawn, 35 cents. Cotton for working, white or a preferred color, 9 cents extra. One ball mercerized crochet cotton No. 20 (hard twist), 23 cents. Metal crochet-hook No. 11, 10 cents. Perforated stamping pattern of embroidery design, 30 cents.

No. 7822. LADIES' APRON. Perforated stamping pattern of embroidery design, 25 cents. Transfer pattern, 15 cents. Cotton for working, 6 cents extra.

Cutting patterns supplied in sizes 36 to 44. Price, 15 cents each, except No. 7283 and No. 7327, which are cut in one size only. Price, 10 cents.

No. 7283B. APRON. Embroidery design stamped on white cotton lawn, 85 cents. Cotton for working, 18 cents extra; silk for working, 70 cents extra. White bias tape for binding, 25 cents extra. Perforated stamping pattern of embroidery design, 35 cents. No transfer pattern.

Summer Styles for Little Folks and a Sport Coat for Grown-Ups

TUB frocks for young girls are an inspiration to the home dressmaker, as witness No. 8228, suitable for almost any kind or color of fabric. For younger children it is allowed to hang straight from shoulder to hem, as shown in the back view, but the older girl adopts a belt of leather, silk, or of the dress fabric. This model is especially pleasing for all white; all-white or colored embroidery on white. White or a plain color could be substituted for the figured material in No. 8197. For small children a plain fabric is better chosen, and if colored material is used a prettier effect will be gained by making the front panel of white.

A contrast of material is really necessary for No. 8221; a fairly dark color, lightened with white collar and cuffs. Linen, jean, or any fabric known to a small boy's summer outfit is suitable for No. 8190.

A sport coat figures prominently in a woman's summer wardrobe. No. 8198 is smart but conservative in outline. Spots of embroidery on pockets and collar are worked in bright colors that sport garments almost demand. Blue, brown, gold, green, are all harmoniously mingled. A color diagram is supplied with the pattern.

Pongee is an ideal fabric for this coat; there is also a lighter-weight cotton material, resembling pongee and less expensive, to be had in blue, green, and tan.

Cutting patterns Nos. 8197 and 8228 supplied in sizes 4 to 10 yrs.; No. 8221, 8 to 14 yrs.; No. 8190, 2 to 6 yrs.; No. 8198, 34 to 42; and No. 8216, 14 to 20 yrs. Price, 15 cents each pattern.

For description of embroidery patterns, see page 49.

8198

For directions in ordering patterns, see page 29.

Buy Direct from the Nation's Style Center

The Misses' and Women's Middy Blouse pictured is chic and extremely original in style, make and quality. Made of strong white duck with laced front and side, sailor and circular collars. A wide range of striped and colored trimmings. Two roomy pockets. Blouse easily slips over head. All sizes. Be sure to give color and size wanted. Each only **99c**

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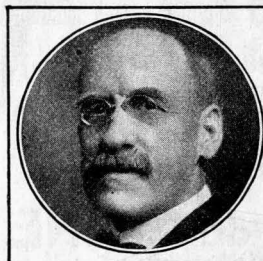

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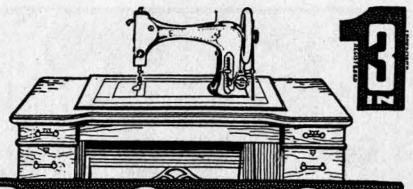

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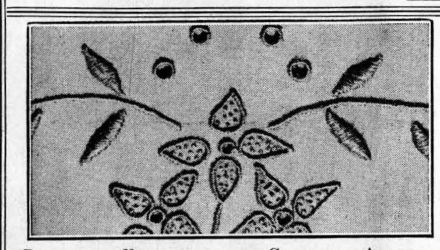
New Ideas in Undermuslins and Old Ideas that Have Proved Their Worth

No. 7700. The kimono nightdress appears in its simplest form in the illustration at the right. A neck cut just large enough to slip the head through does not need the assistance of a draw-string to hold it in place.

No. 6702. An envelope chemise to match the nightdress is also cut in one piece. By cutting the lower edge straight across, a simple chemise can be made by the same pattern. Narrow val lace finishes the lower edge.

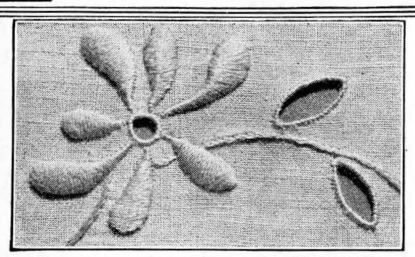


DETAIL OF EMBROIDERY ON GARMENTS ABOVE

Cutting patterns of garments illustrated on this page are supplied in sizes 34 to 42. Those illustrated on page 29, sizes 36 to 42. Price, 15 cents each.

For directions in ordering patterns, see page 29.

Detail of embroidery at the left shows the work slightly reduced, the one at the right is actual size.



DETAIL OF EMBROIDERY ON NO. 8195

About the Patterns

ONE of the latest novelties in underwear is illustrated in No. 8195, and, unlike many novelties, it is almost as simple in construction as the garments shown above. The lower portion is just a square of material with a section cut out of the centre for the waist line, thus forming a four-pointed skirt.

If drawers are preferred, fasten a narrow strap to the back corner and button it to the front corner in envelope chemise fashion.

The waist portion, seamed over the shoulders and under the arms, is sewed to the top edge of petticoat or drawers without gathering either edge. Long eyelets can be worked just above the joining, and ribbon inserted as illustrated, or a casing stitched onto the under side for the draw-string. The lower edge of this garment is to be lace edged.

Treatment of flower petals is the feature of the embroidery design on nightdress and chemise. These petals are outlined with stemming-stitch, then filled in with seed-stitch. In the illustration the embroidery is in color on white fabric. If both embroidery and fabric are white, the seed-stitches should be taken closer together.

If one likes color, boil-proof cottons in pink or blue may be used for the entire design.

No. 6702. ENVELOPE CHEMISE. Design stamped on nainsook, $1.25. White, pink, or blue cotton for working, 15 cents extra. Perforated stamping pattern of embroidery design, 35 cents. Transfer pattern, 20 cents.

No. 7700. NIGHTGOWN. Design stamped on nainsook, $1.65. White, pink, or blue cotton for working, 18 cents extra. Perforated stamping pattern of embroidery design, 40 cents. No transfer pattern.

No. 8195. COMBINATION. Design stamped on nainsook, $1.65. White cotton for working, 27 cents extra. Perforated stamping pattern of embroidery design, 40 cents. Stamping paste, with directions, 10 and 25 cents a box. No transfer pattern.

A NEW COMBINATION GARMENT

Suggestions to Brides

ILLUSTRATED ON PAGE 29

THE girl who feels that her wedding-gown must needs be a frock that can be put to practical use for parties and simple home affairs after she is married, will find that with pattern 8159 and 8201 and soft silk, sheer voile, or batiste, a very dainty little gown can be achieved.

No. 8212 is in a style that makes an unquestioned appeal. All white linen with embroidery in white or color, or colored chambray with white collar, vest, and sleeve facings, and embroidery to match the dress, would be equally attractive.

The suit model is especially desirable for linen, and the girl who embroiders can make it quite individual by following the braiding pattern with chain-stitch in white. She will feel just as smartly dressed, however, if fine braid in white or a matching color is used.

No. 8220. LADIES' COAT. *Sizes*, 36 *to* 38. Embroidery design stamped on soft, hand-finish white linen (3⅝ yards), $2.65; stamped on blue, tan, or green linen (3⅝ yards), $2.90. *Sizes*, 40 *to* 42. Stamped white linen (4⅛ yards), $3.00; stamped blue, tan, or green linen (4⅛ yards), $3.25. Cotton for working any one size in chain-stitch, 50 cents extra; silk for working, $1.30 extra. White mercerized soutache braid for any one size, $1.00 extra. Perforated pattern of embroidery design, 50 cents.

No. 8210. LADIES' FOUR-GORED SKIRT. *Material.* White linen, a soft hand-finish, firm quality, 36 inches wide, 65 cents a yard. Colored linen, blue, tan, and green, an excellent quality for suits or separate skirts, 36-inch, 75 cents a yard.

No. 8212. LADIES' DRESS. Embroidery design for collar stamped on soft hand-finish white linen (material allowed for vest, sleeve inset, and section of belt), 60 cents. Cotton for working, 10 cents extra; silk for working, 20 cents extra. Perforated stamping pattern of embroidery design, 30 cents. Transfer pattern, 15 cents. *Material* to complete dress. White linen (same as used for collar), 36-inch, 65 cents a yard. Chambray, blue, tan, or green, 27-inch, 20 cents a yard.

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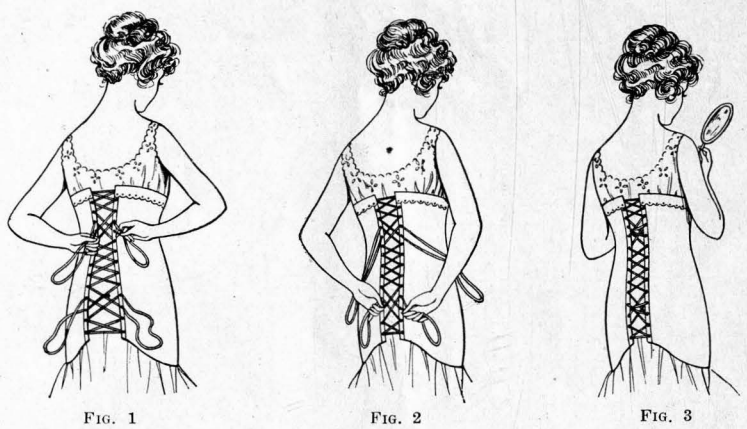

FIG. 1 FIG. 2 FIG. 3

Correct Corset Adjustment

By Charlotte Lillingston

WHEN Eve donned her first gown, probably of silver fox or some equally choice skin, she deftly caught it up on the left shoulder with a cluster of crimson leaves, stuck a red rose in her hair, and looked at Adam out of the tail of her eye to see how he liked it; and this was the beginning of feminine wisdom. Of course Eve had some advantage over her twentieth century daughters, for she was the original and only New Woman: she did not need to correct the physical defects caused by several thousand years of careless dressing, but the principle involved endures through all the ages.

Any woman can be charming if she is well groomed and graceful; and, like Eve, she attains this most subtle of all charms by giving time and thought to the adjustment of each garment, even the most intimate. Many a good corset fails to do its work because the woman who wears it is too careless to put it on properly.

If you put the lacing in your corset for yourself, use either one ten-yard lace, or take two five-yard laces and tie them together; begin to lace at the top of the corset and bring the centre of your ten-yard lace or the knot of your two five-yard laces between the top eyelets in the two halves of the corset. Lace from *under,* bring the lacing *up* through the eyelets until the waist line is reached (this is at the centre of the tape around the waist), then pass the lacing down through the eyelet next below, forming a loop on each side as shown in Fig. 1, then continue lacing from under, until you reach a point approximately one inch below a line taken around the hip from the bottom of the front clasp, as shown in Fig. 1; here make another loop as at the waist line and continue lacing to the bottom of the corset. If the last eyelet is below the end of the back wire leave it unlaced, it will conceal the bottom of the wire so it will not show through the dress.

When ready for adjustment the corset should be from five to seven inches apart in the back. Stand in an erect position and clasp the garment around the body, carefully settling the waist line of the corset to the natural waist line. An easy way to close the corset is to clasp the top hooks, then take the bottom of the front clasps, one in each hand, and hook the bottom, then open the top hook, and clasp the entire front. Next fasten the front hose supporters *only,* well on the inside of the limbs so that they will not draw away from the front clasp and cause it to break through the cloth. When this is done grasp the bottom of the corset in front in both hands, hold it steady without pulling down, raise the body into an erect position and take a deep breath, which will lift the abdomen into its proper place; then take hold of the bottom of the corset at the back and pull it down until it feels in its proper place.

It is now ready to be laced; take hold of the loops at the waist line and draw them in smartly until the corset feels a little too sung at that point, then drop them (see Fig. 2), and

[CONCLUDED ON PAGE 45]

If you wish special help in selecting your corset or in adjusting it properly to your figure, write to Miss Lillingston. Tell her your bust, waist, and hip measure, the price you intend to pay, your height, weight, occupation, and any other special information that may help her to help you. Just enclose a stamped, addressed envelope for reply.

FIG. 1 FIG. 2 FIG. 3

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Front Lace

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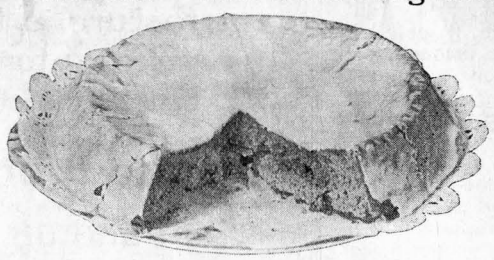
In many recipes requiring several eggs, excellent results may be obtained and considerable saving in cost realized by reducing the number of eggs and using an additional quantity of **Royal Baking Powder,** about a teaspoon, in place of each egg omitted. The following recipes are practical illustrations:



EGGLESS, MILKLESS, BUTTERLESS CAKE

1 cup brown sugar
1¼ cups water
1 cup seeded raisins
2 oz. citron
⅓ cup lard or other shortening
1 teaspoon nutmeg
1 teaspoon cinnamon
½ teaspoon salt
2 cups flour
5 teaspoons Royal Baking Powder

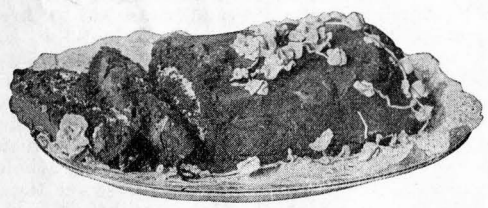
The old method (Fruit Cake) called for 2 eggs

DIRECTIONS:—Put all ingredients except baking powder and flour into saucepan and boil three minutes. When cool, add the flour and baking powder which have been sifted together, mix well. Bake in moderate oven in loaf pan (round tin with hole in center is best) for 35 or 40 minutes. Ice with white icing.

WHITE ICING

1¼ cups confectioner's or powdered sugar
1 teaspoon flavoring
⅛ cup hot milk
¼ teaspoon melted shortening, preferably butter
¼ teaspoon Royal Baking Powder

DIRECTIONS:—Put the sugar in bowl, mash the lumps out of the sugar and add the milk slowly, stirring until it is a smooth paste, add the flavoring, melted shortening and baking powder; mix well and spread on cake.



CHOCOLATE SPONGE ROLL

1¼ cups flour
½ teaspoon salt
1 cup sugar
2 eggs
2 squares melted chocolate
2 tablespoons melted shortening
¼ cup hot water
1 teaspoon vanilla
2 teaspoons Royal Baking Powder

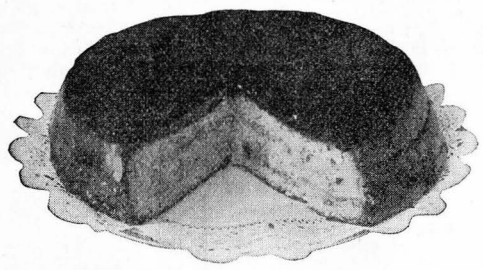
The Old Method Called for 4 Eggs

DIRECTIONS:—Beat whole eggs. Add slowly sugar, boiling water; next vanilla, melted chocolate and melted shortening *without* beating. Add dry ingredients, which have been sifted together three times and fold in lightly as possible. Pour in large baking pan lined with oiled paper, and bake in slow oven twenty minutes. When done, turn out on a damp, hot cloth, spread with Royal icing and roll, then cover with chocolate icing.

ROYAL ICING

1 cup granulated sugar
½ cup boiling water
¼ teaspoon Royal baking Powder
1 egg (white only)
Pinch salt
Few drops extract

DIRECTIONS:—Pour boiling water over sugar, stir until thoroughly dissolved. Allow to boil until spins a thread. Pour over well beaten white of egg. Beat well until cool, and add the baking powder and salt. Add extract. (For chocolate roll have the icing made and covered with oiled paper to prevent its crusting over.)



CHOCOLATE LAYER CAKE

2 eggs
2 cups powdered sugar
1 cup milk
2 cups flour
4 teaspoons Royal Baking Powder
¼ teaspoon salt
1 teaspoon vanilla

The old method called for 3 eggs

DIRECTIONS:—Beat egg yolks until thick; add sugar gradually and beat well. Add vanilla and milk, egg whites whipped stiff, and flour which has been sifted with salt and baking powder. Bake in 3 layer cake pans in hot oven. Put together and spread with chocolate icing.

CHOCOLATE ICING

1½ cups granulated sugar
¾ cup cold water
2 teaspoons Royal Baking Powder
3 tablespoons cocoa

DIRECTIONS:—Put ingredients in saucepan and boil without stirring until it makes a soft ball when tested in a little cold water. Remove from fire and when bubbling has entirely stopped, pour carefully out on wet platter. Allow to cool, then work up with knife until thick. Add 1 teaspoon vanilla. If soft enough to spread, put between layers and on top of cake; otherwise, put in double boiler and melt before spreading.

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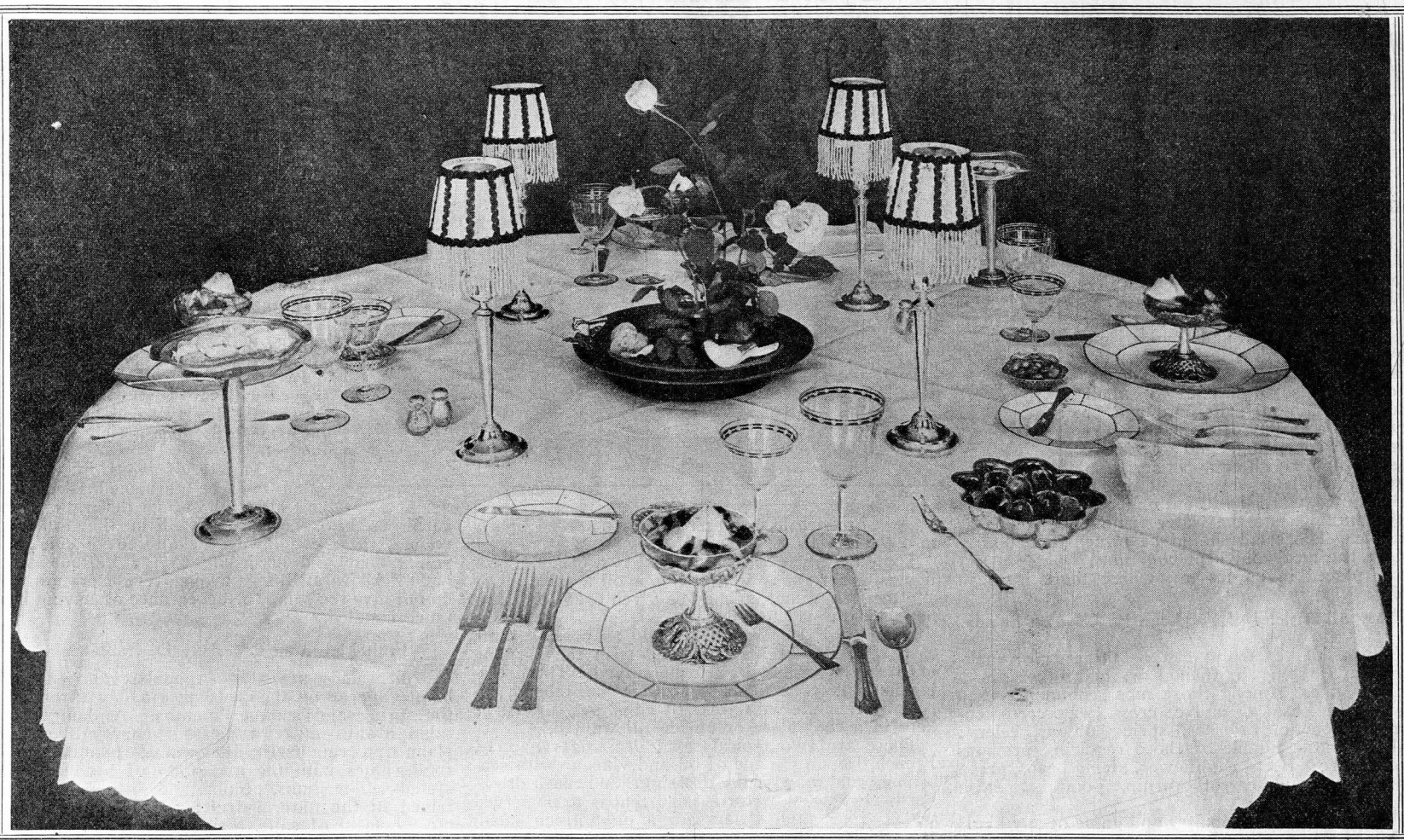


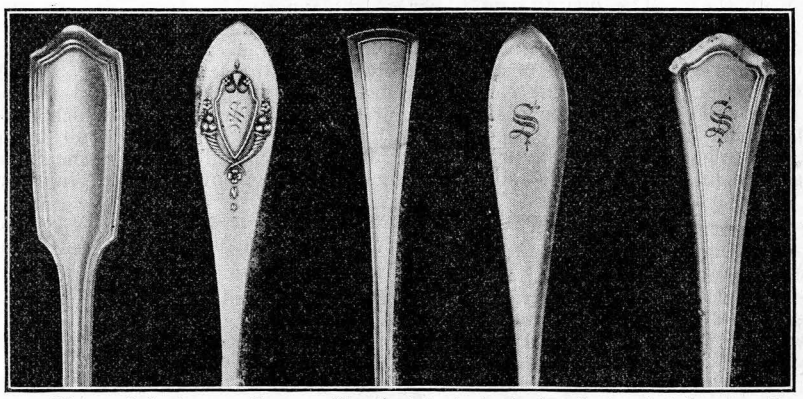
Bridal Silver—Its Quantity Quality and Design

By Rachel Abbott

TIMES have indeed changed since Priscilla and John Alden were married. The pattern to choose for knives and forks troubled them not at all, — they ate with their fingers!

Modern household silver is really a symbol of the progress of American homemaking. For this reason, among others, no detail of a bride's equipment is more important. Three things need to be considered in its purchase, — the quantity it is wise to buy, the quality we shall be satisfied with, and the pattern we can face with pleasure, all our lives long, three times a day.

The quality to buy depends on how much entertaining a girl plans to do. If she and her husband are to live simply, with only one or two guests at a time to share their home with them, a minimum list is sufficient for several years. During that time, if she likes, the bride can add to her supply. The "silver chest" comprises the pieces used daily in the new home. It is often the gift of the bride's parents. Other pieces, accessories for use on state occasions, are never bought until after the wedding, because they are things friends delight to give the bride. Sometimes it is amusing to find, when gifts arrive, that a number of friends have been similarly inspired. Two girls behind me in the train this morning were discussing a wedding.



Five satisfactory patterns. The first is to be had only in plated ware, the other four only in sterling silver. Reading from left to right the names of the designs are Stanhope, Mount Vernon, Virginia, Mother's, and Washington. There is in plated silver a pattern similar to the Washington, called the Cromwell.

MINIMUM LIST FOR THE SILVER CHEST

6 large size knives	6 medium size knives
6 large size forks	6 medium size forks
6 teaspoons	3 tablespoons

Double this quantity is advisable as an initial purchase. The only pieces possible to omit are the medium size knives and forks.

ADDITIONAL PIECES, NOT ESSENTIAL, BUT IN FAIRLY CONSTANT USE

6 (or 12) soup-spoons 6 (or 12) coffee-spoons 6 (or 12) butter-spreaders

ACCESSORY PIECES SUGGESTED FOR GIFTS

Sugar-spoon, butter-knife, gravy-ladle, serving spoons of various sizes, olive-fork, cheese-server, salad-forks (individual), bouillon-spoons, oyster-forks, pickle-fork, pie-knife. The dinner table illustration also shows a variety of small pieces of silver — compotes, bonbon-dishes, candlesticks, salts and peppers, etc., which are desirable for gifts.

"It was the biggest one I ever went to. I guess they must have invited as many as a thousand people."

"What did you give her?"

"A pie-knife — and, say, when I went up to look at the presents there were so many pie-knives that I counted them. She had *seventeen!*"

That conversation, by the way, reminds us that the custom of exhibiting wedding presents is happily passing. It descended in the first place from the time when a man bartered for his bride and her parents spread out the spoil to prove the value of their child. In these days we resent the trophy-room character of the display. We feel that it detracts from the sacred and high significance of marriage. The omission of any public show of gifts is now the rule.

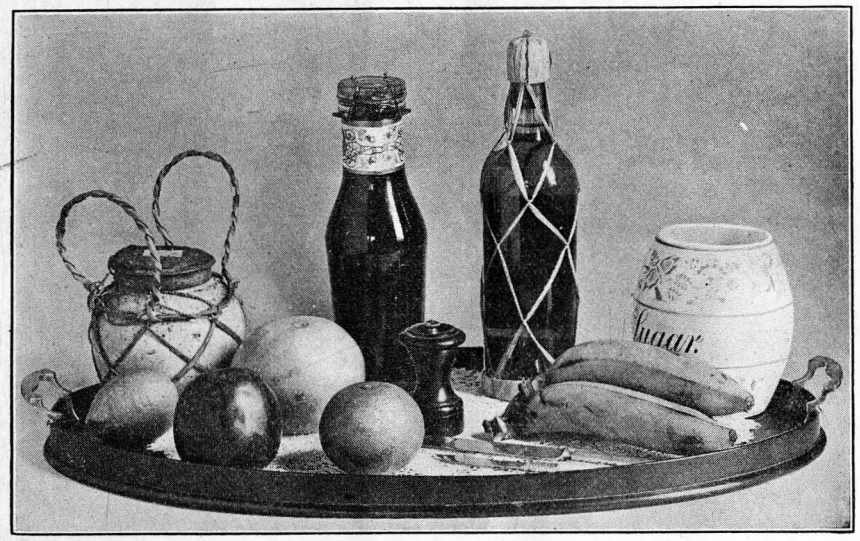
Quality in silverware depends first upon whether it is solid or plated. Plated ware is graded according to the care with which it is made and its wearing capacity. In sterling pieces it is the weight which causes the difference in value. What quality to buy is wholly an individual question. Many homemakers who are not limited as to price prefer plated ware. It can be replated if the first coating wears off. The initial investment is less, and the risk from loss correspondingly decreased. The prejudice

[CONCLUDED ON PAGE 47]

Preparing Salads and Salad Dressings

Salads Require Painstaking Care Rather than Skill or Experience in Preparation, and Since their Health Value is so Universally Recognized, it Behooves the Housekeeper to Make the Most of this Appetizing Dish

By Marion Harris Neil



DURING the spring months and in hot weather, nothing can be more deliciously cool and refreshing to the palate than salad. It is welcome on almost every table, and is felt to be an appropriate addition to every meal. If properly served its very appearance is at once an invitation and a delight, and it is well that we are realizing its value more than our grandmothers did.

However, a badly arranged salad is an affront to good taste, and a disturber of digestion.

Composed chiefly of green, tender vegetables or nuts and fruits, and served with a dressing, salads are valuable as a means of supplying fat. They are also desirable for their acids and mineral salts, and can be made into a variety of dishes that are palatable, appetizing, and attractive to serve as a relish or appetizer.

All materials used must be fresh, well cleaned, washed without unnecessary handling, and the water removed as much as possible. The salad should be mixed immediately before the meal and kept cool until wanted. But never placed in an ice-box where there is meat.

Nearly all Articles of Food can Be Used in Salads

Almost all vegetables can be utilized for making salads; some in their raw, and others in a cooked state. Among those most commonly used raw are: Lettuce, endive, cress, watercress, cucumber, tomato, radishes, spring onions, celery; and the most suitable of those requiring previous cooking are: Beets, cauliflower, string beans, green peas, asparagus, carrot, turnip, potato, Spanish onions, spinach, etc.

Besides vegetables, poultry and game of any kind; tongue, ham, or, in fact, any tender well-flavored meat, cut in small pieces, may be used. Fish and shell-fish are very delicious served in this way, while egg, nuts, and fruits help to give variety and have high food value. Cooked vegetables for salad should be firm, so that they retain their form or can be cut in pieces, and never pulpy. All green vegetables should be young and crisp, and carefully washed in cold water to free them from dust and insects. The main thing to observe in the washing of green vegetables, such as lettuce and endive, is to handle them very lightly; otherwise their crispness is destroyed. It is also very important to have the vegetables well dried after washing; if any water is left on them the dressing will not adhere, but will run to the bottom of the salad-bowl with the water, and both salad and dressing will be poor. Such vegetables should be shaken in a sieve or wire basket first and then tossed lightly in a clean cloth.

Tomatoes must be well drained in a colander, for liquids, other than the dressing, spoil a salad. Dry and tasteless materials may be given savor by marinating in French dressing.

Salad should be served as cold as possible, and, as a rule, should not be mixed with the dressing until shortly before it is to be served. The dressing itself may be made some time beforehand, especially if made with yolks of eggs, but it must be kept in a cool place or on ice till wanted.

There are two typical salad dressings; namely, French dressing, made of oil and vinegar with seasonings, and mayonnaise dressing. A French dressing is always better for a salad that is to be served with a roast, and always for a light green salad, for which a cream or egg dressing would be too heavy; but for meat, fish, shell-fish, etc., a mayonnaise or other egg dressing is generally used. These salads are, as a rule, served as a separate course.

Important Points in Salad Making

Never use any but the best oil for salad dressings. It should be kept in a dark cool place, but never frozen.

The quality and flavor of the vinegar is also a matter of great importance in salad-making, and one which is not given sufficient importance. Wine vinegars are best but not always obtainable. Tarragon vinegar can be purchased at most groceries, or it may be easily made at home by steeping the fresh herb in good vinegar.

A garlic flavor is healthy and improves all salads very much. A slight rubbing of the salad-bowl with a cut clove of garlic or the crust of a small piece of bread rubbed with garlic and put in the bowl or dish will improve the flavor of a moderate-sized salad.

For larger quantities chopped garlic may be soaked in French dressing for a few hours, and the dressing strained and beaten before serving. Or, in preparing the dressing, a clove of garlic is sometimes pounded smooth with the salt before the oil, vinegar, and remainder of seasonings are added.

Vegetable and fruit salads are a desirable dinner course; meat and fish salads, with mayonnaise, are suitable for luncheon or supper.

In general, light salads should be served with an elaborate luncheon or dinner. A hearty salad belongs to a light meal, as does a rich and heavy dessert.

The variety of ways in which a salad may be garnished is endless, and although special decorations and garnishes have been suggested in the following recipes, these can always be altered to suit individual taste and according to the ingredients at hand. Above all things avoid over-decoration, and do not give the salad the appearance of having been much handled.

Fruit Makes an Especially Desirable Salad

Fruit salads are always popular, and in some homes appear on the table once a day throughout the spring and summer months. A dainty fruit salad always make a pleasant change from the plain, ripe fruit itself. It is a way of taking mixed food values with the maximum of benefit to the system. The gums, pectins, and fruit sugars contained in the natural fruit; their innate sulphur, most helpful of salts, their quantities of iron, citrates, tartrates, and other good saline constituents, make a proper mixture of them a very desirable matter. Savory fruit salads are favored by some, the fruit being served with salt instead of sugar, a method which is declared by its advocates to bring out the best qualities and flavor in many fruits, the orange in particular.

Orange salad, made by slicing oranges and dressing them with olive oil and a dust of red pepper, is an excellent accompaniment to game or poultry.

The avocado pear is excellent prepared with salt, vinegar, and oil, and may be served with lobster or other shell-fish. It is often simply cut in halves and the stone removed, leaving two "cups," into which the seasoning is put a little at a time, the fruit being eaten with a spoon. Sometimes salt alone is used, or salt and pepper. Vinegar also, or lime or lemon juice may be added.

Mixed Fruit Salad

MATERIAL AND AMOUNT	
Bananas	3
Grapefruit (pulp)	1
Maraschino cherries	½ cup
Apples (diced)	2
Preserved ginger (chopped)	2 tbsp.
Orange (pulp)	1

SLICE bananas, add grapefruit, maraschino cherries, apples, preserved ginger, and orange. Serve in fruit shells with mayonnaise dressing, made without mustard and with one cupful of whipped cream added, or on lettuce with French dressing made with lemon juice. For those who do not care for mayonnaise, make a sirup of one cupful of water and one and one-half cupfuls of sugar, boil for eight minutes, add strained juice of one lemon, let cool, then pour over the fruit. Allow to stand in a cool place for one and one-half hours.

Dandelion Salad

MATERIAL AND AMOUNT	
Egg (hard cooked)	1
Prepared mustard	1½ tsp.
Salt	½ tsp.
Pepper	½ tsp.
Paprika	½ tsp.
Vinegar	2 tbsp.
Oil	
Dandelion leaves	1 pt.

RUB well together the yolk of the egg and mustard, then add salt, pepper, paprika, and vinegar. Blend well. Then add sufficient oil to cut the vinegar and give the dressing the appearance of thin mayonnaise. Add the chopped white of egg, then rub the bowl with a cut clove of garlic, put in dandelion leaves. Toss in the dressing and garnish with slices of hard-cooked eggs and parsley.

MATERIAL AND AMOUNT	
Halibut (boiled)	2 lbs.
French dressing	
Hot salad dressing	
Potato balls (cooked)	4 cups
Green peas (cooked)	2 cups
String beans (cooked)	2 cups
Tomatoes (sliced)	4

Halibut Salad

MARINATE sliced halibut with French dressing. Cover potato balls with hot salad dressing. Marinate peas and beans with French dressing and cover tomato slices with French dressing. When all ingredients are well chilled, rub the salad bowl with a clove of garlic or a slice of onion. Lay the halibut in the centre, garnish with cream mayonnaise, arrange the potato balls, sprinkle with chopped parsley, beans, and peas on either side, and cover the halibut with the slices of tomato. Serve mayonnaise separately.

MATERIAL AND AMOUNT	
Beets (cold, cooked)	6
Cold potatoes and celery	
Eggs (hard cooked)	5
Anchovy sauce	2 tbsp.
Salad oil	6 tbsp.
Prepared mustard	1 tbsp.

Beet Salad

CUT cooked beets in small pieces, and add the same quantity of diced cold potatoes and of celery. Mix the yolks of eggs with anchovy sauce, then press through a sieve and add salad oil gradually, then mustard, one-fourth teaspoonful each of salt and pepper, and the whites of eggs cut in rings. Stir well together. Garnish with crisp lettuce, parsley, or celery leaves and serve.

(RECIPES CONTINUED ON PAGE 43)

SOME COMMON FOODS GROUPED ACCORDING TO THEIR CHARACTERISTICS

All Five Groups Should be Represented in the Diet Every Day

GROUP 1	GROUP 2	GROUP 3	GROUP 4	GROUP 5
FOODS RICH IN FAT	FOODS RICH IN STARCH	FOODS RICH IN SUGAR	FOODS RICH IN PROTEIN	FOODS RICH IN MINERAL SUBSTANCES AND ORGANIC ACIDS
Butter Cream Lard and other culinary fats Salt pork Bacon Chocolate Salad oils	Bread Crackers Macaroni Rice Tapioca Cereal breakfast foods Meals Flours	Sugar Molasses Syrup Honey Jellies and jams Marmalade Dried fruits Candy Desserts Sponge cakes	Milk Cheese Eggs Lean meats Poultry Fish Shell-fish Dried beans Peanuts Some other nuts	Spinach Asparagus String beans Green peas Lettuce Celery Potatoes Turnips Carrots Apples Oranges Berries Other vegetables and fruits, raw or cooked

Planning the Meals for the Family

By Alice Bradley

Principal of the Farmer School of Cookery

WHEN our daily bread must be estimated in calories, in grams of protein, and parts of a gram of mineral salts, and when daily consideration must be paid to vitamins, and acid and alkali reactions, food requirement seems a most complicated study, and we are prone to settle back and say, "It is too much for me."

A normal appetite has always been considered a fairly good guide to the amount of food needed. But in recent laboratory experiments with feeding animals, those animals which were allowed to choose their diet from a large variety of foods did not obtain adequate nourishment. Another group fed on a carefully chosen ration, made up of three of those same foods, thrived and reared a second and third generation. Appetite fails to be a perpetually safe guide to nutrition.

In Explanation of the Group Chart

Since this matter of what we eat is of vital importance it must receive attention, and for the convenience and assistance of the housemother who cannot stop to scientifically balance every menu we have a chart with lists of foods grouped according to their composition. From these lists a variety of food stuffs can be selected, so that a proper amount of fats, starch, sugar, protein, and mineral salts will be secured daily, and the balance kept between them so that no one kind of food stuff shall be used to the exclusion of others equally necessary.

If we look over a number of balanced menus we will find that foods rich in fats, starch, and sugar are used to furnish energy. It is for their caloric value alone that we require them, and they supply nine-tenths of the power that we use in doing muscular work. They are the gasoline of the human engine, and each group should be represented every day. There is a limit to the amount of each of these foods that the average person can digest and consequently no one should use sugar or butter or lard, or even flour, to the exclusion of foods of the other groups, except under a doctor's orders.

The foods rich in proteins, of which meat is by no means the only example, are required daily, but not in large amounts. From this group one may substitute cheese for beefsteak, or peanut butter for the egg in a sandwich.

Fruits and vegetables will furnish the very necessary calcium, phosphorus, and iron; the bulk that helps in eliminating waste matter; the alkalis that neutralize the acids of meat, fish, or eggs, and probably the vitamins. This group is too often neglected and such neglect may be the reason some people think they need a spring medicine at this time of year. Fruit and vegetables are infinitely better than the tonics from the patent medicine vender, and quite as cheap.

Each Member of the Family Requires a Pint of Milk a Day

Plan your menus, then, so that in at least two meals each day, some food will be provided from each group. Probably in the third meal something from each group will also be found. Plan to have, if possible, a pint of milk a day for each member of the family, even though it is skim milk, and use it for soups and desserts, if not to drink.

Remember that one-fourth a pound of edible meat is enough for one person in a day, and that even that is not necessary if other protein foods are supplied.

If fresh fruits and vegetables are too expensive or hard to get, dried ones may be substituted. Butterine may be substituted for butter, and sugar made into candy may well be used occasionally for dessert. All the cook-books in the world cannot suggest dishes with any other kinds of nourishment than are found in the foods rich in these five foodstuffs. No one of them makes you fat unless you eat too much of it. Leaving off one will not make you thin if you take something else equally nutritious instead.

You cannot get a food that will provide for the body more calories to the ounce than olive oil or lard, and more than a cupful of either of these would be required to furnish 2500 calories, the required daily number. But this would make a most one-sided diet, to say nothing of its being too large an amount of fat to be assimilated. Of starch, as much as a pound can be digested in a day. The limit to the digestion of sugar is lower than this. In the ordinary diet of a healthy individual starches tend to predominate especially in inexpensive menus. It is seldom necessary to estimate separately the amounts of fat, starches, and sugars served. Protein and ash constituents may well be carefully calculated.

Many Foods in One Group Belong Also in Other Groups

When a baby takes milk with a little orange juice once a day, each group is represented, and this is true when it is whole wheat bread and butter and jam that the hungry schoolboy eats for luncheon, or nut milk chocolate that the tramper nibbles on a hike. White bread, potatoes, and tea is an example of a poor combination for a meal.

The menu this month is planned for Easter Sunday, when there may be week-end guests, so the recipes are proportioned to serve nine people.

AN EASTER MENU BALANCED TO SERVE NINE PERSONS

	GROUP
BREAKFAST	
Pulp and juice of 8 small oranges, served in punch glasses,	5
One cup Hominy, cooked in 4 cups water,	2
Almond rolls,	2
Boiled eggs, 9,	4
Butter, ¼ pound,	1
Top milk, 5 cups for cereal and coffee,	4
Sugar, ½ cup, for cereal and coffee,	3
DINNER	
Gumbo soup,	5
Veal and Ham with Nut Brown Sauce,	4
Potato chickens,	2 and 5
Carrot straws,	5
Asparagus,	5
Mousselaine sauce,	1
Grape juice ice,	3 and 5
Whipped cream,	1
SUPPER	
Strawberries,	5
English monkey,	2 and 4
Boston Brown Bread,	2
Butter, ¼ pound,	1
Lettuce, 1 large head,	5
Russian dressing,	1
Butterfly cake,	1, 2, 3 and 4
Tea with milk and sugar,	3 and 4

Easter Almond Rolls

MATERIAL AND AMOUNT	
Milk	1½ cups
Yeast cake	1
Flour	2⅞ cups
Egg yolk	1
Salt	1 tsp.
Sugar	1 tbsp.
Melted butter	4 tbsp.
Almonds, (chopped)	⅓ cup
Egg white	1

SCALD milk, cool, and when lukewarm, add yeast broken in pieces. When dissolved add two cups flour, beat well, and let rise until very light. Then add egg yolk well beaten, salt, sugar, melted butter, and part of the almonds, blanched and chopped fine; add remaining flour, knead until smooth and elastic, and let rise until it doubles in bulk. Divide into eighteen portions, shape in the form of eggs, sprinkle with reserved almonds, and bake twenty-five minutes in a moderate oven.

The Managing Editor wants to know how many Priscilla Housewives are trying to feed their families along scientific lines. Are you?

Further Recipes will be found on page 41.

Veal and Ham with Nut Brown Sauce

MATERIAL AND AMOUNT	
Veal	1½ lbs.
Salt	
Pepper	
Crumbs	
Egg	1
Fat salt pork	¼ lb.
Butter	2 tbsp.
Peanut butter	3 tbsp.
Flour	5 tbsp.
Stock	3 cups
Ham	1 lb.

SELECT veal from leg, wipe, cut in pieces, sprinkle with salt and pepper, dip in finely sifted, dried bread-crumbs, then in egg beaten with three tablespoons cold water, and again in crumbs. Cut pork in dice, try out, add butter, and sauté the veal until well browned on both sides. Remove meat, and to fat add peanut butter and flour. When well mixed add stock, made from the veal bones, one and one-half teaspoons salt, one-third teaspoon pepper, and stir until it boils. Add veal, cover closely, and simmer for one and one-half hours or until tender. Serve on ham, pan-broiled and cut in pieces. Pour sauce around meat.

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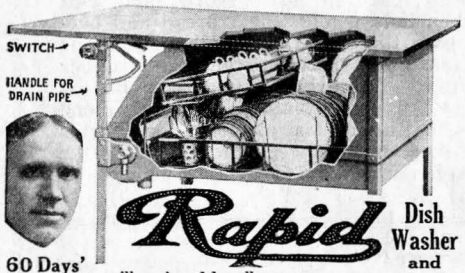

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Helps for Housekeepers

A Few Practical Suggestions for the Novice

Left Over Sandwiches It is not necessary to waste left-over sandwiches, nor to serve them in a dry, unappetizing manner. Nearly any kind of a sandwich may be toasted lightly on each side and so be made a dainty addition to the luncheon.—F. B. P.

Steak on the Gas Range When frying steak use your thick iron griddle. It retains the heat much better than the ordinary skillet, imparting a flavor similar to broiling.—H. E. G.

When Mayonnaise Dressing Curdles Instead of using the yolk of another egg and forming a new emulsion, take a teaspoonful of cold water, introduce a drop of oil at a time (beating briskly) until you have used a few drops, then introduce your curdled dressing in the same way. As it beats up smooth, add larger quantities of the dressing until you have used it all. This saves time, eggs, and oil.—Mrs. R. A. W.

Cutting Cheese Straws Cheese straws can be cut out much easier and better if a dressmaker's tracing wheel is used instead of a knife. —Mrs. R. B. S.

Salt and Pepper Shakers While in the midst of hurried preparation for dinner, I had the misfortune to have the cork stoppers slip into my salt and pepper shakers, and as there were no new ones at hand the idea came to me to use a small piece of *court plaster* to cover the hole. It washes off very easily, when the shakers need to be refilled, and is more satisfactory than the troublesome cork stoppers.—H. W. N.

Before Cooking Mushrooms Before cooking mushrooms, I always distinguish them from poisonous fungi by sprinkling salt on spongy part. If they turn yellow they are poison; if black they are wholesome.—C. S. K.

Painted Tinware This is merely a suggestion to the busy housewife who lives far from a department store and yet longs for a set of the painted kitchen ware. Why not utilize the coffee or "Crisco" cans you doubtless already have on hand? Wooden knobs, or glass ones, such as used on teakettles may be bought from your hardware dealer at a few cents per dozen. Remove wrappers from cans; fasten knobs to lids and you are ready to proceed with the painting. —Washington.

To Prevent Rice from Sticking Wash and pour into cold water which has been salted. Do not stir it the least bit, and when done the receptacle will wash easily—J. R. B.

Heating and Freshening Bread Rolls that have gotten cold may be reheated by putting them in a paper bag, screw it tightly; then dip the bag in cold water, put in the hot oven for a few minutes, when removed the rolls will be hot and light, as if just baked. A loaf of bread may be made fresh and soft by first slicing each slice to the bottom crust, but not through, then dip the bread in cold water; put in a paper bag, then in a hot oven for a few minutes.—Sadie S.

For Lawn Grass If you have trouble getting your lawn seeded to blue-grass, sew it with common timothy seed, and when about a finger high mow it. Continue mowing one summer. Do not let it go to seed, and the following season you have a lovely lawn of blue-grass. Try it.—Fairfax.

Another Use for Lemon Juice After I have thoroughly cleaned celery, I rinse again with lemon juice in a little water, and find that this enables one to prepare the celery hours before a meal and it will never discolor. Also squeeze lemon juice over apples and bananas, cut for salad, to prevent discoloration.—T. O. V.

Cooking Starchy Foods A young housewife, in cooking starchy food, such as rice, oatmeal, and corn, will find it of a great advantage to know if she will first grease her vessel before putting her ingredients into it, and will allow it to cook without stirring, the result will be very gratifying.—Taylor.

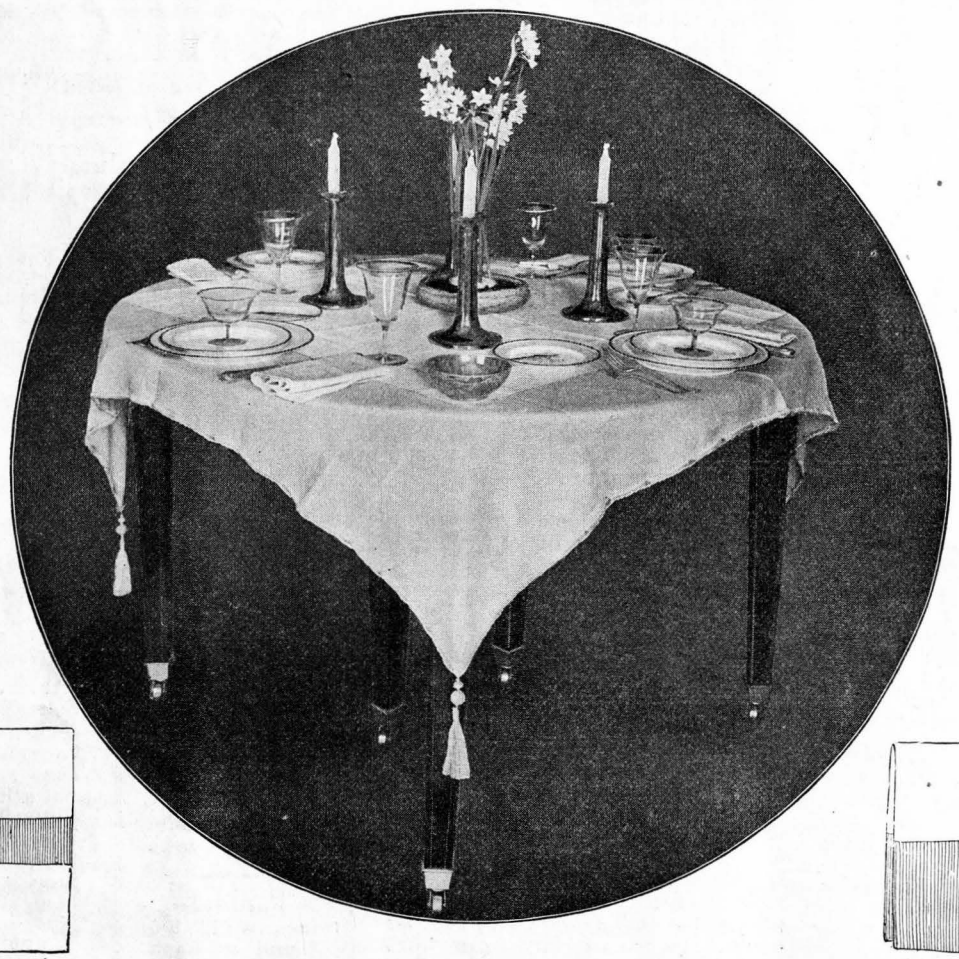
The Bride's Luncheon Table

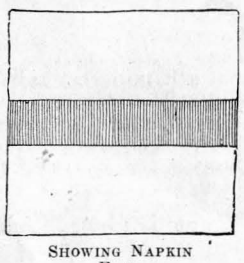
By Elizabeth MacKenzie Roth

A table arrangement planned for a bride's luncheon to her bridesmaids offers suggestions to the bride in the matter of selecting her own table equipment.

How often one enters a well-furnished home and finds the table lacking in good taste. It is not enough that the china is well designed, the linen, glass, and china must be consistently in keeping, and it is better to keep the table appointments simple.

Yellow is the predominating note in the arrangement illustrated. Candlesticks and bonbon-dishes in yellow lustre, gold bands on the china and yellow bands on the linen, are all in general harmony.





Showing Napkin Flat

Description of China and Linen on Page 11

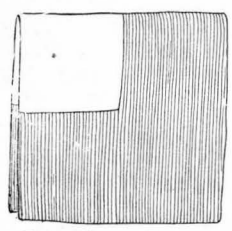


Table-Cloth Folded Twice

UNCLE SAM'S EXPERIMENTAL WORK

With the cooperation of the departments at Washington, we hope to keep Priscilla readers in touch with the investigations conducted by the government for the benefit of American homes

THE COMMON POTATO KEEPS THE BODY TISSUES ALKALINE

TAKEN the world over, the common white or so-called Irish potato is probably eaten by a greater proportion of the earth's inhabitants than any other crop except rice.

The general use of potatoes in the average family, and the better customs prevailing in many homes in preparing the tubers for food, are based on sound economic and dietetic reasons. They furnish starch in one readily digestible form, contain mineral substances of importance to the body, and — a fact less generally known — tend to make the tissues and fluids of the body alkaline, so counteracting the tendency of meats, eggs, fish, and like foods to create acid conditions. Since the body does its work best when its condition is either neutral or slightly alkaline, potatoes, like most vegetables, perform an important function in the diet besides furnishing energy-producing material.

Potatoes, however, while a valuable addition to a mixed diet, alone are not suited to meet the needs of the body because of their poverty in proteins and fat. Of these latter important elements protein is furnished in meats, eggs, fish, milk, beans, and similar foods, and fat in butter, bacon, table oils, and the fats and oils used in cookery.

Preparation of Old Potatoes

Theoretically, the skin is the only refuse or inedible material in the potato, but in practice about nine per cent. of the flesh is removed with it. While the skin itself has little food value, the cortical layer next to it, varying from 0.12 to 0.5 inch in thickness, contains a higher per cent. of mineral matter, soluble carbohydrates, soluble nitrogenous matter, and acid substances than the tuber as a whole. The waste in paring is more important than is generally realized, and can be overcome by shallow paring or rubbing and also by boiling or baking potatoes in their jackets.

Paring before boiling may be the most desirable method of cooking potatoes, which, through an undue exposure to light, may have acquired a bitter taste, or those which have been kept until late in the spring, since in this way more of the disagreeable flavor is eliminated. Such potatoes are better for being soaked in cold water before cooking.

While these methods may be desirable with potatoes which have been exposed to light, they result in the loss of considerable food value without compensating advantages when applied to new or well-matured potatoes. If new potatoes are boiled after paring, they should be dropped into boiling water.

Practically the only loss when potatoes are baked in their skins is of the water which escapes as steam. Pricking holes in the skin of baked potatoes or breaking them allows the steam, which is formed inside the skin, to escape, otherwise it will change back into water and produce sogginess.

The Choice of Potatoes for the Table

In purchasing potatoes for table purposes, the following points should be kept in mind: First, that smooth potatoes are more desirable than rough ones, because they are more easily prepared, and less loss is involved in the paring. Second, that tubers which have been exposed to light for any considerable period soon acquire a more or less acrid taste; for this reason, newly harvested potatoes, if mature, are preferable for the winter's supply to those which have been kept for any considerable period under unsuitable conditions. Third, that very large potatoes are not especially desirable, partly on account of the greater length of time required to cook them uniformly, and partly because they are often very variable in texture. Fourth, a good potato should be firm and crisp when cut, and a thin cross section, when held between the eye and the light, should show a relatively uniform distribution of starch throughout its whole area, as opposed to a large, translucent, watery, central area which denotes a lack of starch in this portion of the tuber. The even distribution of starch insures greater uniformity in cooking and in texture of the flesh when cooked.

If a lot is not uniform, it is often worth while to sort them and use the large ones with roast meats, or at other times when the oven need not be especially heated, and save the small ones for occasions when quick cooking is more convenient. When the potatoes are very large, or time is pressing, it is often desirable to increase the surface exposed to the heat by cutting them in pieces before cooking, in spite of the fact that this slightly increases the amount of nutrients lost. If they are pared and cut into small cubes or thin slices, they will cook very quickly and may then be creamed, mashed, or served in other ways.

If frozen potatoes are left for a few days in a moderate temperature, the sweet taste will in a measure disappear. The most favorable temperature for keeping potatoes is from 32° to 50° F., and if the storeroom is dry, well aired, and partly lighted they are less likely to be attacked by disease or harmful bacteria.

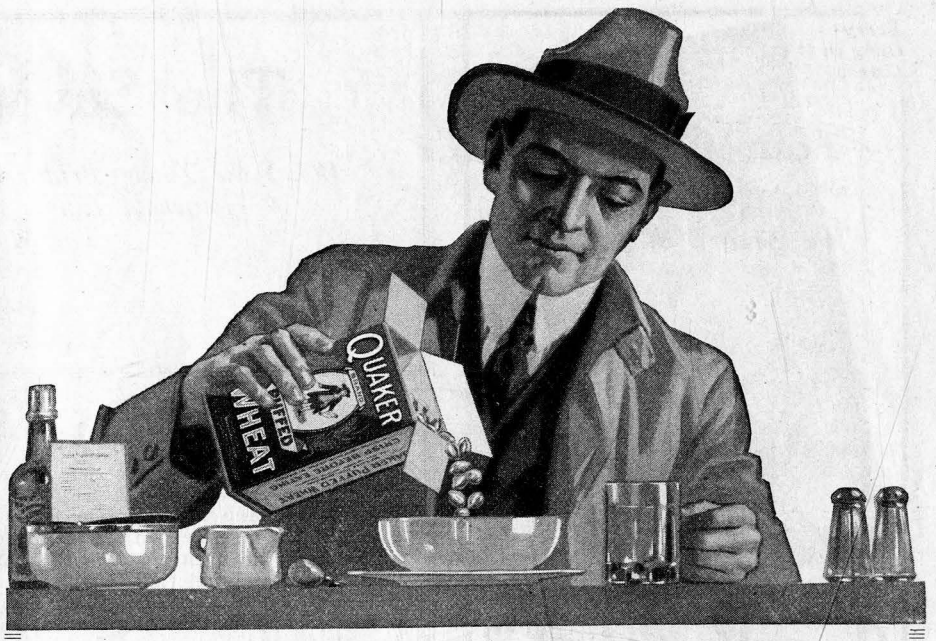
Other Starchy Roots

A number of starchy roots, tubers, and corms of vegetables, including Jerusalem artichokes, cassavas, dasheens, yams, yautias, and taros, in addition to the well-known sweet potatoes, have food values and degrees of digestibility approximately equal to those of the Irish or white potato and, like the latter, merit extensive use as a part of mixed diets, according to specialists of the Office of Home Economics of the U. S. Department of Agriculture, Bulletin No. 468. (Cost, 5 cents.)

Of these vegetables, the sweet potato is best known in this country and is most extensively consumed both in the fresh and canned forms. Cassava is grown extensively in Florida and may be prepared directly as food by cooking or may be made into a flour from which bread and cakes are to be prepared. Tapioca, which is prepared from it, is widely used.

The Jerusalem artichoke, a member of the sunflower family, which grows throughout a large portion of the United States, may be obtained in many markets throughout the winter, since it is not injured by frost and can be dug when wanted. It may be prepared in many ways and gives a wholesome variety to the diet.

A number of the tropical edible roots are known to Americans chiefly in the island possessions of the United States. The dasheen, however, can be grown easily in the warmer portions of continental United States and, because of its good shipping qualities, already has found its way into a number of markets. The Department of Agriculture has published recipes for its preparation in a variety of dishes in Bureau of Plant Industry Bulletin No. 164, and Bureau of Plant Industry Document 1110.



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The dish is cheap—the counter bare. But the luncheon is fit for a king.

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These bubbles of grain—eight times normal size—are fascinating dainties. They are thin and airy, flimsy, flaky, crisp.

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Puffed Rice

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Remember that these are scientific foods. They are made by Prof. Anderson's process—shot from guns. In the process, a hundred million steam explosions occur in every kernel. Every food cell is blasted, so digestion is easy and complete.

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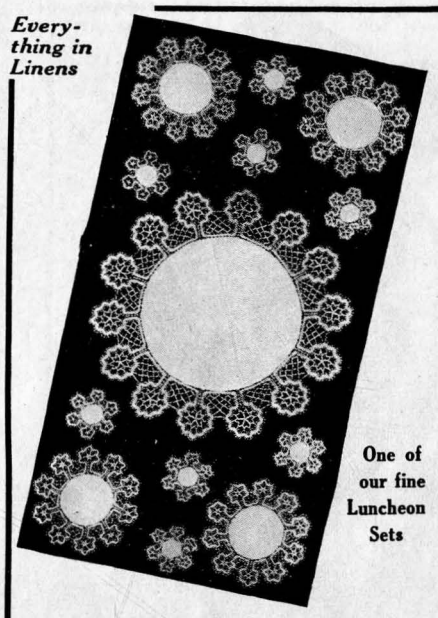
The Quaker Oats Company

SOLE MAKERS

(1531)

Every-thing in Linens



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OUR WAY

THE NATURAL WALK

The Saving Way of Buying Linens

What the Young Bride or Inexperienced Housekeeper Should Know About Selecting Household Linens that will be Correct in Measurement and Character The Matter is too Expensive to Experiment with

By Isobel Brands

A WOMAN who has shared the duties of a home has learned how to buy foods because daily practise has given her experience. Even if she has taken no active part in marketing, she learns something about foods from her three meals a day, also from conversations centring on the high cost of living. And even a young girl early learns values in dress goods and materials by the yard, because frequently she helps choose or make her personal apparel. But it often happens that a grown woman has never purchased a single piece of bedding until she is faced with the necessity for preparing it for her own home, and bedding represents a permanent investment which should give years of service. In many homes some sheets are ample enough to tuck in at the bottom; others are so short as to give discomfort. Some sheets are too narrow; some table-cloths hang over the edge too far. There seem to be no standard sizes in linens and bedding.

There are three standard bed sizes; single, three-quarter, and double, the "twin" bed being really a single size. They vary in width from forty inches across for a single bed to five feet across for the double. All beds are the same length, 6 feet 4, or 6 feet 6 inches, a length which reveals that our modern beds are manufactured longer than were the old-fashioned ones of our grandmothers.

How to be Sure Bedding Fits

Here are simple rules that apply to all beds alike. (1) *The width of the sheet must be 30 inches more than the actual width of the mattress.* This will allow a 15-inch "tuck-in," which will insure the mattress being well covered and kept clean. (2) *The length of the sheet should be from 20 to 30 inches more than the actual length of the mattress,* which will permit a similar ample "tuck-in" at head and feet.

The hem, too, has a definite measurement, one inch for bottom and three inches for top.

Cot beds require smaller sheets, as do some beds used in boarding-schools and institutions. Sheets which are too small, however, miss their chief purpose of keeping the mattress clean. Large sheets mean extra work, weight, and expense in laundering. As an additional help to keep the mattress clean, we can use a mattress cover made of unbleached muslin, entirely enveloping the mattress and fastened either with tapes or snap-fasteners. There is also a quilted mattress pad of white cotton which can be secured in all sizes. It is slipped under the sheet and affords still greater protection.

The above rules, indeed, are the basis of the "stock sizes" we find in commercial sheets, and we have from them the following "standards" in sheet sizes, as a guide either in buying or in making sheets of our own:

Beds		Sheet Sizes (Hemmed)
Single and twin,	42 x 76 to 78 in.	72 x 94 in. 72 x 104 in.
Double,	60 x 76 to 78 in.	90 x 94 in. 90 x 104 in.

Then we have "standard" size pillows, even though it may seem as though no two of our own pillows are alike, some being "full," and others very flat. The "trade" recognizes only two sizes of pillows, and in both cases the pillow-case is 36 inches long and 1½ inches wider, when hemmed, than the pillow.

Pillows	Pilow-Case Sizes (Hemmed)
21 x 28 in.	22½ x 36 in.
21 x 30 in.	22½ x 36 in.

But the *weight* of a pillow and the *kind of filling* is more distinguishing than mere size. Here, too, we have a choice of several different classes of filling: Down, feather-down, all feather, hair, cotton waste. The all-feather is the best choice for general use, and will cost $3 to $3.50 in a satisfactory grade; hair is used chiefly for children's and infants' pillows in a small 12 x 16 size (cost about $1.00), its chief quality being its coolness. Cotton waste forms the filling of many cheap pillows. Save on some other item, and pay the price for a good feather pillow, because the feathers can be cleaned, put into new ticking, and give almost unending service. And here is a word of caution about buying pillows of all kinds: Be sure they are made under sanitary conditions. New York has a State law which insists on each pillow bearing a label stating if the feathers have been "sterilized," as it is against the law to use old feathers without declaring it, thus insuring better conditions to the consumer.

The hems of pillow-cases should be 2 to 2½ inches, and here is a suggestion direct from an authority on linens: The central seams should be overhanded with French hemming, that is, a flat hem on the right side. This makes the pillow-case much easier to iron, makes the seam wear longer, and the case look better on the pillow.

Marking Linen without Defacing It

For those who have the time and ability hand-initialing of all linens is most distinctive. But much of linen must be marked in some other way, and the common method of using indelible ink is not entirely satisfactory. It makes an unsightly mark, and with use wears faint. The better way is to have linens (except tablewear) marked with machine-stitching in colors red or blue. This work is done in attractive chain-stitch, and the name, date, or other distinguishing mark can be put on at the time the linen is bought at small expense. Such marking is fadeless and very distinct. Another way is to have a system of lettering, and select the small embroidered letters which come on small bolts at a low price. Sew a letter from this tape on each piece, using A for large sheet, B for small, G for Guest, S for Service, etc. The marking should all be done in the same place, preferably the lower under side of the sheet hem at one corner, and in the centre inside of the pillow-case hem. A small book or index cards should be kept with the date of purchase, quality, and price of each piece as a reference and help in future buying.

The heavy cotton spread with brocaded figures, frequently ornamented with fringe, called the "Marseilles" and which was fashionable a few years ago, is rapidly passing in favor. Happily, we are becoming more sensible and more economical, and to-day see that the best taste is exemplified in simple, easy-to-launder fabrics. We are choosing the so-called "satin-embossed" cotton spread, which is light, without fringe, and inexpensive. There is also another kind of spread generally called "dimity spread," in simple stripes, at a low price, which is good-looking and in harmony with all furnishings.

We must also select our "comforters" with care. Here, too, the important point is the filling, and it is better to see a cross section of the actual material before buying. Weight is not heat. Too many comforters are made of materials which "lump" and sag in certain portions. It is important to notice if the quilting is done in small, fine patterns which will hold the filling together. The covering should preferably be a *"glacé"* sateen, which will prevent either feathers or particles of the filling from seeping through.

Standard Sizes in Table Linen and Towels

The rule is that the *maximum overhang on the table-cloth is 18 inches,* although it may be less. A round table appears ungraceful if more than this length hangs around the edge.

Stock sizes of napkins may be helpful: The dinner size is 27 x 27 inches; for breakfast or informal meals a 22 x 22 inch napkin is used; and the luncheon size is 15 x 15 inches.

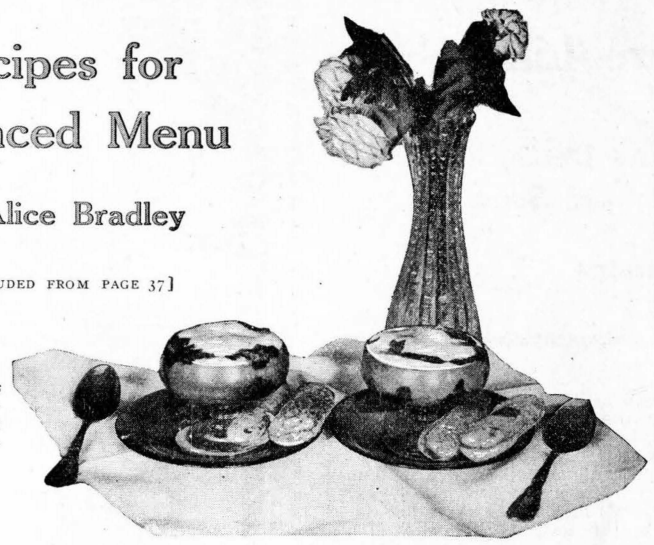
Many variations are permissible in towels, but here again established standards may help us. Many towels are unnecessarily large, adding to the laundry labor, or are so small as to give little service, and hence increase the amount of towels used. Guest towels are 15 or 16 x 24 inches; medium face-towels, 22 or 24 x 40 inches; large face-towels, 27 x 15 inches; and average Turkish bath-towels are 22 or 24 x 42 inches.

There are so many variations in this group of linens that it is only possible to give general guides. In buying table-cloths consider both the everyday and extension lengths of the table.

Recipes for Balanced Menu

By Alice Bradley

[CONCLUDED FROM PAGE 37]



All measurements made level. Measuring cups, also tea and table measuring spoons used.

Grape Juice Ice

MATERIAL AND AMOUNT	
Water	2 cups
Sugar	1 cup
Grape juice	1 cup
Orange juice	⅓ cup
Lemon juice	2 tbsp.
Cream, heavy	1 cup
Powdered sugar	⅓ cup
Vanilla	¼ tsp.

BOIL sugar and water five minutes. When cool, add fruit juices, and freeze. Beat cream until stiff, add powdered sugar and vanilla and serve on the ice. Garnish with candied violets and angelica.

All Recipes on this page and page 37 are planned to serve nine persons. Proportions may be reduced for a smaller family.

Gumbo Soup

MATERIAL AND AMOUNT	
Onion	1
Green pepper	½
Butter	4 tbsp.
Stock	4 cups
Okra	½ can
Salt	2 tsp.
Pepper	¼ tsp.

FINELY chop onion and green pepper and cook five minutes in the melted butter, stirring constantly. Add stock made from either chicken or veal, okra cut in small pieces, salt, and pepper; bring to boiling-point and simmer forty minutes.

Lettuce with Russian Dressing

MATERIAL AND AMOUNT	
Salt	1 tsp.
Pepper	⅓ tsp.
Cayenne	few grains
Salad oil	½ cup
Vinegar	2 tbsp.
Catsup	¼ cup
Chives	2 tsp.
Onion	1 tsp.

FINELY chop chives and onion. Mix ingredients in order given in a half-pint glass jar, shake until thoroughly blended, serve on lettuce, washed, dried, and arranged in salad bowl.

Potato Chickens

MATERIAL AND AMOUNT	
Potatoes, 8 medium size	
Salt	1½ tsp.
Paprika	¼ tsp.
Parsley (chopped)	1½ tbsp.
Butter	2 tbsp.
Egg	1
Peppercorns	
Carrot	1

BOIL potatoes in their jackets, peel, mash, add salt, paprika, parsley finely chopped, butter, and egg well beaten. Shape like little chickens, brush over with egg, insert peppercorns for eyes, and bake in a hot oven. Serve in nests made of fine, long strips cut from a large carrot, and cooked until tender in boiling salted water.

English Monkey

MATERIAL AND AMOUNT	
Bread	2 cups
Milk	2 cups
Butter	2 tbsp.
Cheese	1 cup
Eggs	2
Salt	1 tsp.
Cayenne	few grains

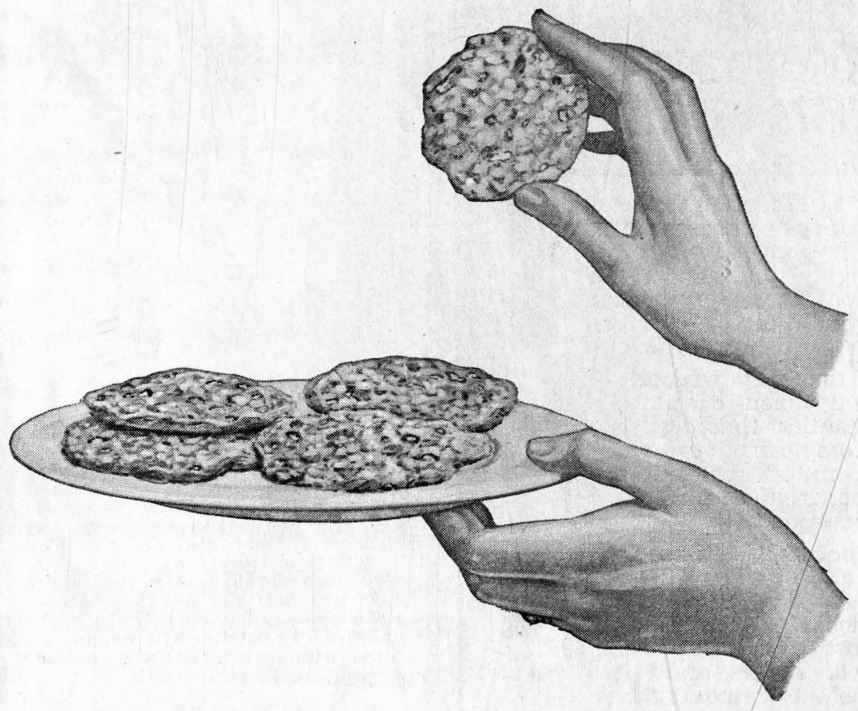
BREAK bread in small pieces, soak fifteen minutes in milk; melt butter, add cheese cut in small cubes, when cheese is melted add bread and milk, eggs, slightly beaten, salt and cayenne to taste. Cook three minutes, and serve on toasted saltines.

Asparagus with Mousselaine Sauce

MATERIAL AND AMOUNT	
Butter	3 tbsp.
Flour	3 tbsp.
Asparagus liquor	1 cup
Milk	½ cup
Egg yolks	3
Lemon juice	½ tbsp.
Salt	
Pepper	

MELT butter in saucepan, add flour and stir until well blended. Then add gradually, while stirring constantly, one cup water in which asparagus has been cooked or white stock, and stir until mixture boils. Beat eggs slightly, add milk, then add to hot sauce; let it become hot without boiling, add lemon juice, salt and pepper to taste. and pour over the asparagus.

Cook one large bunch asparagus in boiling salted water until tender, leaving the tips out of water for the first ten minutes. Divide the bunch into nine portions and put each portion through a ring cut from a lemon. Serve with sauce.



Quaker Sweetbits

A Table Confection Made of Quaker Oats

A Surprising Dainty—See Recipe Below

Do you know that Quaker Oats—because of their flavor—make some food confections such as nothing else will make?

The finest is called Quaker Sweetbits.

The recipe is printed below.

Every plate that you serve will be emptied. A batch rarely lasts a day.

When the children find them between meals there are seldom any Sweetbits left.

But they are oat food. And every mother wants her children to love oats.

Here is a form which tastes like nut candy. And they will make oat food, all day long, the most popular food in the house.

Quaker Oats

Extra Flavory Oat Flakes

Use Quaker Oats in this recipe. The flavor is everything.

In Quaker Oats we use just big, plump grains. And in sweetbits they are all-important.

There are two reasons why we publish this recipe, and urge you to make it up.

We want you to realize, in all of your oat foods, how much Quaker flavor means.

And we want to supply you a way to serve oats at every meal, and between meals. Few children get oats enough.

Make up this simple recipe. The Sweetbits will surprise you. In the writer's home we bake a batch a hundred times a year.

Quaker Oats Cost 10c and 25c Per Package Except in Far West and South

Sweetbits—Oatmeal Cookies

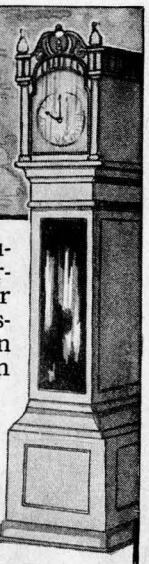
1 cup Sugar, 1 tablespoon Butter, 2 Eggs, 2½ cups Oatmeal, 2 teaspoons Baking Powder, 1 teaspoon Vanilla.

Cream butter and sugar. Add yolks of eggs. Add Oatmeal, to which baking powder has been added, and add Vanilla.

Beat whites of eggs stiff and add last. Drop on buttered tins with teaspoon, but very few on each tin, as they spread. Bake in slow oven. Makes about 65 cookies.

(1537)

Buy the advertised brands of household necessities. They are usually the best.



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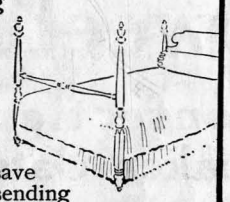

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It saves costly refinishing, and is the **economical** way to increase the beauty and the life of varnished surfaces.

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Making Old Furniture Like New

How to Remove Scratches and Dents, Refinish and Reupholster Chairs and Sofas

By Gordon Hastings

THERE is no reason for having shabby furniture in any home. No attractive room need be cheapened by dingy chairs or sofas with dented frames. Perhaps Father's favorite armchair is the offender. The master of the house would never consent to having it banished to the attic. To a tired man comfort in a chair is far more important than beauty.

This is a truth not to be disputed, yet why should the chair not possess both qualities? All the housewife needs to bring about a metamorphosis is a slight knowledge of painting and staining, combined with perhaps a little practise in simple upholstery.

A Practical Example

Suppose, for example, we make a few much needed repairs in an old chair which came down from grandfather's day, with its high concave, upholstered back and upholstered spring seat. The woodwork is mahogany, much dented and scratched. The upholstery, a green rep, is so badly stained and faded that it must be removed before operations on the wood commence. With a fine tack-drawer or sharp chisel take out the small upholstery nails that hold it in place. In doing this do not tear it any more than you can help since this old cover must be used for a pattern by which to cut the new one. After the upholstery is off, look to the springs. If one is broken it should be replaced by a new one from a furniture store. The heavy strips of webbing which hold them in place should be renewed if they are very much worn, or mended if that is all that they need. The first thing to do for the woodwork is to remove the old varnish. This can be done with strong ammonia, but a varnish remover is sold which is much pleasanter to work with and really more effective. It should be applied with a brush and allowed to remain on the wood for some little time, then scrape off the old varnish with a putty or palette knife.

Wash the surface clean with a cloth soaked in benzine. *This must be done in a room in which there is no open flame.* For moldings or beadings or any ornamental work, it will be necessary to use a stiff paint-brush dipped in benzine to clean out the crevices. Sometimes on old furniture you find so many coats of varnish that it is necessary to apply a second coat of the remover or even a third, until all the old varnish is softened.

How to Make Dents Disappear

The removal of the old varnish makes the scratches disappear, but the dents are still in evidence. They must be steamed. Take a small piece of old flannel and fold it three or four times into a pad, wet this with water, putting on just enough so that it does not drip. Heat an iron, put the pad on the dent and hold the iron against it, leave it on until the flannel is nearly dry, then rewet the cloth and steam the place again until the dent begins to disappear. After the wood has dried thoroughly, rub it all over with fine sandpaper to make a smooth surface. This last process can be omitted on some pieces, and the result will be satisfactory without this extra labor.

The varnish used for furniture differs according to the character of the finish desired. There are three kinds of finishes in general use. Gloss finish has the varnish left as applied. A rubbed finish means that the varnish has been rubbed to a smooth, dull surface. A polished finish means that after rubbing the varnish has been polished to a brilliant lustre. Mahogany usually has a gloss or polished finish. To obtain a gloss finish, apply a coat of furniture varnish and let it harden for twenty-four hours, then rub over lightly with fine sandpaper. The "OO" size is best. Now apply the last coat of varnish.

When the varnish is thoroughly dry and hard, put on the new chair cover. Cut the new cover by the old, allowing for turning under at the edges and tack in place with a small hammer, using upholsterer's tacks. The cover should be put on tightly as it is sure to stretch a little with wear. When it is tacked firmly in place, tack furniture gimp around the edge, joining it low down on the chair. This makes a neat and professional finish.

How to Clean Dingy Upholstery

If the upholstery of the chair is not worn through anywhere, but is merely dingy, it can be cleaned successfully by the following simple method. Lay a bath-towel over the stuffed portion and whip it lightly with a rattan furniture-beater, shaking out the towel whenever it shows any dust. Continue until no dust shows on the towel and then remove it and brush the cover off with a soft brush. If there are any tuftings, wipe them out with a swab of cotton, covered with a bit of old silk, tied on the point of a skewer. Then wipe quickly over the upholstery with a flannel that has been wrung out of hot water until nearly dry and quickly follow this with a cloth wet with alcohol. Change the cloths as they grow dirty. Be especially careful to do this if the upholstery is in delicate colors. Take care not to let your cloths be wet enough to leave wet marks on the furniture covering.

When the color of a chair or table is out of harmony with other furnishings, it is easily changed. Perhaps the offending piece is of light oak and the rest of the furniture mahogany or dark oak. This combination is much more frequent than it is artistic, which is a great pity, for it is a simple matter to give the lighter wood the appearance of the dark by the use of a stain. Oil stains are used by the best decorators for producing imitations of expensive woods. Be sure that the surface is dry and clean. Take off the varnish, if there is any, with sandpaper or varnish remover. Apply the stain with a paint-brush, allow it to soak in for a few minutes and then wipe off with a soft cloth. The longer the stain remains on the surface, the darker the wood will be. After twenty-four hours the coat of stain should be rubbed over with fine sandpaper, wiped off, and then varnished.

When staining several different pieces of furniture for one room, it must be remembered that different kinds of wood give stains a different shade, light pieces coming out lighter than darker pieces with the same treatment. Care must be taken by using more stain on some and less on others to get them as near alike as possible.

How to Polish Mahogany

To obtain the polished finish used on some of the most beautiful mahogany tables, first rub the surface with pumice-stone over varnish as described. Allow this to stand for twenty-four hours and then polish with rottenstone. Dip a piece of felt or soft cloth into water and then into oil and rottenstone. "Elbow grease" does the rest. The surface must be rubbed until a high lustre appears.

The woodwork of all furniture can be kept in good condition by the use of a good furniture polish. In fact, it is a custom with many housekeepers to use a cloth moistened with a good liquid polish in their daily dusting. Floor wax, if applied properly, fills scratches, hides defects, and gives a hard lustrous finish easy to keep bright. Keeping furniture in good condition by a little daily attention is much easier than to wait until it begins to show unmistakable signs of wear.

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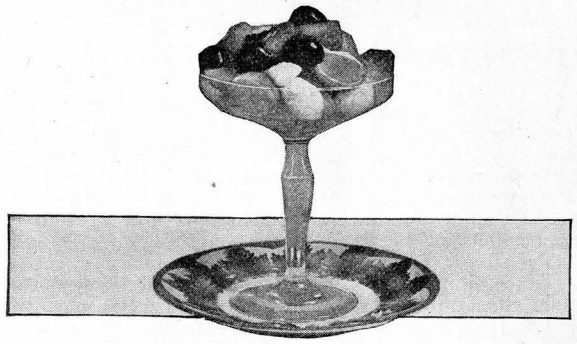
Salads and Salad Dressings

[CONTINUED FROM PAGE 36]



Watermelon, Cherry and Marshmallow Salad

MIX cubes of watermelon with preserved cherries and marshmallows cut in small pieces and put on ice until cold. Serve in dainty glasses with French dressing made with lemon juice.

Watercress Salad

WASH the cress and have it very dry and crisp. Put into the salad-bowl, and over it put thin slices of peeled cucumber. Pour over a French dressing, using a little tarragon vinegar and three drops of Worcestershire sauce, just enough to flavor it. Serve very cold.

Cheese Salad

MATERIAL AND AMOUNT	
Cheese (stale)	½ lb.
Olive oil	2 tbsp.
Vinegar	2 tbsp.
Prepared mustard	1 tsp.
Sugar	1 tsp.
Salt	½ tsp.
White pepper	¼ tsp.
Egg yolk	1

INTO a bowl put the oil and yolk of egg, which has been hard cooked, and work them together with a wooden spoon, next add the salt and pepper. Work these well in, then add the sugar and mustard. Grate the cheese, add it, and mix all well together. Lastly, sprinkle in the vinegar. Pile the mixture roughly into some scallop shells and arrange a pretty border of lettuce leaves round each.

Shrimp and Pimiento Salad

MATERIAL AND AMOUNT	
Shrimps	1 can
Eggs (hard cooked)	3
FRENCH DRESSING	
Vinegar	½ tbsp.
Lemon juice	½ tbsp.
Onion juice	½ tsp.
Olive oil	4 tbsp.

EMPTY shrimps and keep in a cool place for one hour, then break in small pieces, add eggs, chopped, and moisten with French dressing. Serve pimientoes (canned red peppers), on endive or lettuce leaves.

TO MAKE FRENCH DRESSING. — Into a cold bowl put one-half tablespoonful of salt, one-fourth teaspoonful of white pepper, vinegar, lemon juice, onion juice, and olive oil. Mix and stir until well blended.

Oyster and Celery Salad

MATERIAL AND AMOUNT	
Oysters, large	12
Cream	4 tbsp.
Tarragon vinegar	2 tbsp.
Butter	1 tbsp.
Prepared mustard	½ tsp.
Yolks of eggs	3
Celery	1 head
TARTARE SAUCE	
Yolks of eggs	2
Olive oil	1 cup
Lemon (juice)	½
Capers	2 tbsp.
Onion (small)	¼
Gherkins	2
Parsley	2 tbsp.

CUT oysters into quarters and heat in their own liquor without allowing them to boil; heat cream, add vinegar, butter, and mustard. Stir until hot, then add yolks of eggs and stir until thick. Add the oysters, heat again, and set aside to cool. Wash the celery and remove the outer leaves. Shred the white portion and put it in a bowl, add one-half teaspoonful of salt, one-fourth teaspoonful of red pepper, a little of the dressing from the oysters, and the tartare sauce, then mix in the oysters and serve, garnished with slices of hard-cooked eggs and tiny sprigs of parsley.

TO MAKE TARTARE SAUCE.—Into a bowl put yolks of eggs, then stir in briskly, little by little, the olive oil. When stiff add the strained lemon juice, one saltspoon each of salt, pepper, and mustard, a dash of red pepper, capers, onion, gherkins, and parsley, all chopped.

St. James's Salad

MATERIAL AND AMOUNT	
Rice	¾ cup
Pickled walnut (chopped)	1
Mushrooms (canned)	6
Shallots (finely chopped)	2
Mayonnaise dressing	
Grated cheese	
MAYONNAISE DRESSING	
Olive oil	1 cup
Egg yolk	1
Vinegar	1 tbsp.
Lemon juice	1 tbsp.
Powdered sugar	½ tsp.
Salt	¼ tsp.
Mustard	¼ tsp.
Red pepper	

COOK rice in water or stock until tender; when drained and cold, add pickled walnut, mushrooms cut into shreds, and shallots. Mix with mayonnaise dressing and turn into a salad-dish. Sprinkle over with grated cheese, and garnish with stuffed olives, slices of lemon, and quarters of hard-cooked eggs.

TO MAKE MAYONNAISE DRESSING.—Use one cupful of olive oil, the yolk of one egg, one tablespoonful of vinegar, one tablespoonful of lemon juice, one-half teaspoonful of powdered sugar, one-fourth teaspoonful of salt, a dash of red pepper, and one-fourth teaspoonful of mustard. Mix the salt, red pepper, mustard, yolk of egg, and a dash of red pepper in a bowl. Beat with a small wooden spoon until slightly thickened. Add the sugar, and one teaspoonful of the lemon juice or vinegar, and when well blended add the oil gradually, beating constantly. When several teaspoonfuls of oil have been added a small egg-beater may be substituted for the wooden spoon, and the oil may be added faster. When the mixture becomes too thick to beat easily, add a little of the lemon juice or vinegar, then more oil, and so on, until all the ingredients are used.

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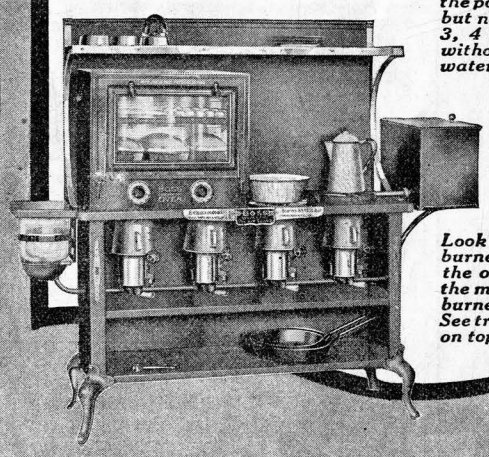

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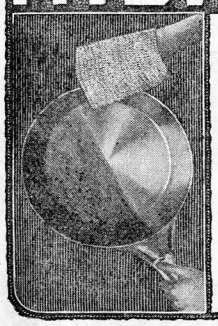

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The Humble Peanut

By Elizabeth Irving

THE food value of nuts has long been recognized by dietitians and vegetarians, and Uncle Sam now furnishes salted nuts as part of the rations in the navy. The nut-growing industry is rapidly assuming large proportions but as yet most varieties are expensive. The peanut is the happy exception and it is richer in protein than any other except the Spanish pine nut or Pignolia. Its fuel value per pound is 2610 calories of energy, which is proportionately greater than that supplied by any other protein food outside the nut family. The Government analysis shows that the edible portion of peanuts is 29.8 per cent. protein, 43.5 per cent. fat, 14.7 Carbohydrates, and 2.2 per cent. mineral matter. Ten cents invested in peanuts will purchase over twice as much protein and six times as much energy as ten cents spent for Porterhouse steak. Being such a concentrated food, peanuts should not be eaten in addition to a full meal. The question is how best to use them to save on the more expensive protein foods like meat, cheese, and eggs. Peanut butter may be bought so cheaply it scarcely pays to make it at home. Where peanuts are grown baked peanuts will furnish a palatable and economical protein dish. Shell and blanch a quart of raw peanuts — put them in a bean-pot with salt and boiling water and bake for several hours like beans, adding a little more water from time to time. Toward the last add a cup of cream or evaporated milk and a lump of butter and bake until it is absorbed. They should not be stirred or broken while baking.

Peanut Tomato Soup

To 2 cups of hot strained tomato add a level teaspoon of soda, 1 cup of water, ½ cup of peanut butter, a grated onion, 1 quart of milk, salt, and pepper. Heat in a double boiler and thicken slightly with flour and serve with:

CROUTONS OR PEANUT CRACKERS.—One quart, each, of white and graham flour, 1 teaspoon of salt, 2 of baking-powder mixed. Rub in 1 cup of peanut butter and mix with just enough sweet milk or cold water for a very stiff dough. Knead well, roll thin, cut in squares and bake slowly until crisp.

Peanut Loaf

One cup of peanuts and 2 hard-boiled eggs chopped very fine, 4 cups of bread crumbs, a level teaspoon of salt and some pepper, mix with 2 beaten eggs and enough sweet milk to moisten, pack in a loaf-pan and bake about ¾ hour, or it may be baked a shorter time in individual pans.

This is a good meat substitute served hot or cold.

Peanuts and Macaroni

Cook 1 cup of elbow macaroni in boiling salted water, blanch and drain. Scald a pint of milk in a double boiler, add to it a heaping tablespoon of flour mixed with 1½ cups of chopped peanuts, salt and pepper. Cook 20 minutes and pour over the macaroni arranged in a buttered dish, sprinkle the top with crumbs and chopped nuts and bake 20 minutes.

Peanut Rice Loaf

Cook 1 cup of rice in a double boiler with just enough salted water to make it plump, tender, and dry. Remove from the fire and add 1 cup of finely chopped peanuts, 1 cup of bread-crumbs, a grated onion, 2 cups of strained and seasoned tomato, 2 beaten eggs with salt and pepper as desired. Cover the top with crumbs and bits of butter and bake in a buttered pan.

Peanut Bran Bread

One cup white flour, 2 cups bran, ½ teaspoon salt, ½ cup of chopped peanuts, 1 cup of seedless raisins. Mix. Add 3 tablespoons of N. O. molasses to 1½ cups of sour cream, and beat in a teaspoon of soda. Add this to the other ingredients and beat well. Bake in a loaf for an hour in a slow oven. Buttermilk may be substituted for cream, and ¼ cup of butter used.

Peanut Corn Pudding

Mix 1 cup of finely chopped nuts with 1 pint of canned corn, 1 pint of soft bread-crumbs, 2 cups of milk, 2 beaten eggs, salt, and pepper. Bake until set.

Scalloped Potatoes with Nuts

One quart of sliced cold boiled potatoes, 1 cup finely chopped nuts, 2 cups milk, 2 cups bread-crumbs, salt, and pepper; mix nuts and crumbs and put alternate layers with the potatoes in a buttered pan with seasoning to taste, and finish with crumbs. Pour the milk over all and bake ¾ hour.

Peanut Pudding

One cup of chopped nuts, 2 cups of brown bread crumbs, 1 pint milk, 2 beaten eggs, a little onion juice, salt, and pepper, mix and bake until firm and serve as a meat dish.

Salad Dressing

Two beaten eggs mixed with ½ cup of sugar, 1 cup of vinegar, ½ teaspoon salt, ½ cup of peanut butter or finely ground peanuts. Cook in a double boiler until thick, stirring constantly. This is delicious for salads of various kinds.

Peanut Muffins

Mix 1 cup of white and graham flour, 2 teaspoons of baking-powder, 2 of sugar, ½ teaspoon of salt, ½ cup of finely ground peanuts, and ½ cup of seedless raisins. Mix to a stiff batter with sweet milk, add a tablespoon of melted butter, beat well, and bake in gem-pans.

Peanut Biscuit

Mix with 1 quart of flour, 3 heaping teaspoons of baking-powder, a level teaspoon of salt, 2 of sugar. Rub in ½ cup of peanut butter and mix with sweet milk or water to a rather firm dough. Roll, cut, and bake.

Peanut Potato Roast with Cheese

For another palatable meat substitute, mix 2 cups of cold mashed potatoes, 1 cup of chopped peanuts, 1 cup of grated cheese, 1 cup of soft bread-crumbs, 1 beaten egg, 1 cup of milk, salt, and pepper, pack in a baking-dish, cover with crumbs and bake ¾ hour.

Peanut Molasses Taffy

One cup molasses, 2 white sugar, ½ cup peanut butter, ½ cup water, pinch salt, tablespoon vinegar, tablespoon butter. Boil till it hardens in cold water, stir in teaspoon soda, cool, and pull.

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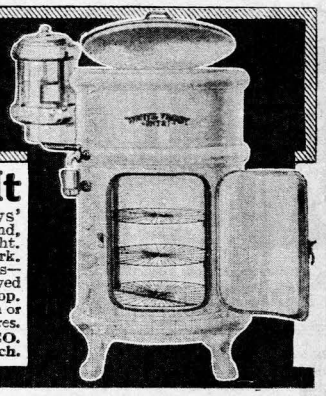

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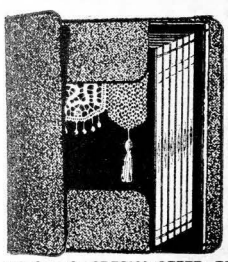

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Maybell Laboratories, 4008-52 Indiana Ave., Chicago

Correct Corset Adjustment

[CONCLUDED FROM PAGE 33]

draw the loops at the hip line straight out each way (see Fig. 2), carefully avoiding any upward pull. Drawing in the hip lacing will release the waist line a little, so that after the slack above the waist is drawn in, the lacings can be tied and slipped under the back wire out of the way. The slack can then be drawn in below the waist as in Fig. 2, and the hip line loop tied and slipped under the back wires as at the waist. When finished the back should be open from two and a half to three inches all the way from top to bottom (see Fig. 3), and at the bottom, if properly adjusted, the corset will be quite loose when the wearer is standing. If your corset is tight at the bottom when you are standing up, when you sit down it will creep up and allow the flesh to drop beyond control.

Fasten the remaining hose supporters and sit down to tie the drawstring in the bust. When the development of the thigh below what is recognized as the hip is excessive, it is advisable to pull the waist line in snugly and tie it while lacing the lower part.

The adjustment of a laced-front corset is identical as far as placing it on the body is concerned, the difference begins with the lacing. After clasping it in position according to the preceding instructions, begin to tighten the lacings at the bottom of the clasp (see Fig. 1), making the corset very snug at that point, lifting the abdomen automatically into its proper position and keeping it there. The lacing is double crossed at the bottom of the clasps to make a firm fastening, and a loop is made at the waist line (see Fig. 2), by means of which the slack is drawn out from both above and below the waist, and the lacing tied in two long loops and tucked away in the top of the corset (see Fig. 3). A front-laced corset fits better when the space of lacing is not over two inches when the corset is new; and when the upper part of the body is large it may flare a little at the top.

Showers for the Bride

ILLUSTRATIONS ON PAGE 16

No. 17-4-31. SILVER TOWEL. *Size,* 23 *inch.* Design stamped on white cotton flannel, 20 cents each; three for 50 cents. Cotton for working, 3 cents extra, silk for working, 5 cents extra. Perforated stamping pattern, 10 cents.

No. 17-4-32. COVER FOR ASBESTOS MAT. *Size,* 5 x 11 *inches.* Design stamped on white linen, 20 cents. Cotton for working, 3 cents extra. Perforated stamping pattern, 15 cents. White mercerized crochet cotton No. 60 (1 ball), 15 cents. Steel crochet-hook No. 12, 10 cents.

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No. 17-4-34, FORK CASE, AND No. 17-4-35, KNIFE CASE. Either design stamped on a made-up case of white cotton, flannel lined, 60 cents. Cotton for working, either design, 13 cents extra.

No. 17-4-36. SPOON CASE. Design stamped on a made-up case of white cotton, flannel lined, 45 cents. Cotton for working, 13 cents extra.

Nos. 17-4-37 AND 17-4-38. CARDS. *Size,* 4¼ x 7 *inches.* Designs stamped on paper for tracing, 10 cents each. Blue impression paper, 10 x 12 inches, 10 cents a sheet.

No. 17-4-39. PILLOW-SLIP. *Size,* 21 x 38½ *inches.* Design and one letter stamped on hemstitched bleached cotton pillow-slips, $1.00 for one pair. Cotton for working, 9 cents extra. Perforated stamping pattern, design and one letter, 20 cents. Transfer pattern, design and two of the same letters, 15 cents.

(When ordering please state letter desired.)

Embroidery commenced on any one piece, 75 cents additional.

Oak and Dust

Dust shows more plainly on oak than on any other wood. This dust seems to dissolve and form a scum, thus clouding the real beauty of the grain of the wood.

To thoroughly dust, clean, polish and beautify furniture or floors made of oak, simply dampen a piece of cheese cloth with water, wring it almost dry and then add

O-Cedar Polish

Go over the surface and polish with a dry cloth. A sparkling clean, bright, lasting lustre is the result—a lustre so dry and hard it will not collect dust.

The same O-Cedar Polish should be used for cleaning, brightening, polishing and beautifying all wood work and furniture of every kind.

O-Cedar Polish is sold by all dealers in convenient sizes—**25c** to **$3.00.** Your money refunded if you are not delighted with the "O-Cedar Result."

Channell Chemical Co.
CHICAGO TORONTO LONDON

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For the Bath

Mothers will find that Bailey's rubber **Complexion Brush** for bathing is unequaled for the **child or adult.** It removes the grime and dead cuticle, increasing the circulation, and leaving the skin in a healthy glow without irritation. It is perfectly sanitary, always clean, and may be used by the family. Millions in use. Bailey's name on every brush.

Bailey's Rubber Complexion Brush, 50 cents.
Bailey's Petite Complexion Brush, 25 cents.

All toilet goods dealers or mailed for price.

MAILED FOR PRICE, 10c.

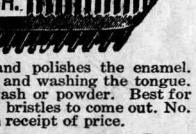
Baby's Teeth cut without irritation. The flat-ended teeth expand the gums, keeping them soft; the ring comforts and amuses the child, preventing convulsions and cholera infantum.

At dealers

Cleans the teeth perfectly and polishes the enamel. Ideal for massaging the gums and washing the tongue. Can be used with any tooth wash or powder. Best for children's use—sanitary—no bristles to come out. No. 1, 25c; No. 2, 35c. Mailed on receipt of price.

Bailey's Rubber Sewing Finger

Made to prevent pricking and disfiguring the forefinger in sewing or embroidery. Three sizes—small, medium and large. At dealers.



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Bailey's Won't-Slip Crutch Tip

This tip won't slip on any suface. Made in five sizes, internal diameter. No. 17, ⅝ in.; No. 18, ¾ in.; No. 19, ⅞ in.; No. 20, 1 in.; No. 21, 1⅛ in. Mailed on receipt of price.

30 cents per pair

100-page Catalogue of Everything in Rubber Goods, Free.

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Think of the old way of fastening garters to the waist, pulling forward on back of neck, causing the child to stoop. None of this in

The WILSON

Cord & Slide Garter. The child is absolutely free to grow straight and trim.
For Boys and Girls, 1 to 16 yrs. Shoulder style as shown, slips easily over head, white or black web, 25c. Give age.
Women's Shoulder Style, fine for home, athletics or maternity wear, 50c.
At Dealer's, or we mail postpaid at price given. Money back if not the best you ever had.

A. M. WILSON CO.
Dept. 10, Cherokee, Iowa

BABY EDUCATOR Food Teething Ring

is a blessed relief for teething babies—nothing else like it

At Grocers and Druggists, or Two Tins, Postpaid, 50c
JOHNSON EDUCATOR FOOD CO.,
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The Oriole Go-Basket is an ideal combination of go-cart, high chair and bassinet. Light to carry on your arm or to wheel. Position can be changed instantly. Flexible springs make every movement light and gentle. Ask at your store for the Oriole Go-Basket or write to

THE WITHROW MFG. CO.
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Send for our Catalog of containing prices and descriptions of hand-made garments and articles for the layette.

Baby's First Needs

THE BABY'S BAZAAR, 246 Boylston St., Boston, Mass.

Mother Problems

NOTE. — *Dr. Kent will be glad to answer any queries which* PRISCILLA *mothers may wish to make as to the health and well-being of their children. Just enclose a stamped and addressed envelope.*

Hard Water

IN advising mothers to give babies an abundance of soft drinking water, I am asked, "What makes some waters hard?" A hard water is one that contains the salts of lime and magnesia, and the degree of hardness depends upon the number of grains of carbonate of lime to the gallon; on boiling, the carbonic acid evaporates, and the calcium is deposited as a gray-white substance on the utensil. Hard water is not desirable for cooking, because this substance is deposited on the meat or vegetables. It is also undesirable for washing, because these lime salts combine with the oleic or stearic acid of the soap and form a curdy precipitate. The soap is rendered useless. One grain of chalk is estimated to waste about eight grains of soap. The addition of borax to washing water renders it softer. Rain water, clean and filtered, is especially good for washing and cooking, and is most soft.

With most public water supplies and in the majority of cases where private wells are used, the water is all right; but if hard, it is not fit to drink. The lime salts make havoc with the digestion and health. One then has to carefully filter and boil rain water, buy a guaranteed good drinking water, or use distilled water. Rain water can be hygienically collected and stored in the country, but in the city it is filled with the smoke and impurities of the air and buildings. Though used for washing and cooking, the best of rain water is not for drinking purposes.

Earache

THIS painful trouble often follows coughs, colds in the head, grippe, measles, etc., and may be present in any run-down condition.

Babies suffering from earache have fever and the temperature may be as high as 102 degrees to 105 degrees F. They are restless or drowsy, with little or no appetite, and vomit. They toss the head from side to side, try to pull the ear, and give sharp cries. Older children complain of the pain.

In treating earache it is always best to call the doctor, as some surgical treatment may be necessary.

Heat should be applied to the ear by hot compresses, a hot salt bag or a small hot-water bottle. The ear should also be irrigated with a hot boric acid solution, one teaspoonful to the pint. A fountain syringe held or hung two feet above the child's head may be used and the tube held about a half inch from the ear opening. This allows a gentle flow of the borated water.

This irrigating may be done every three or four hours. If the ear is discharging, this treatment should be given at least three times a day until the discharge ceases. The discharge may stop in a week if the ear drum is incised by a physician, in the beginning of the attack. But if the drum has burst of itself, the discharge is likely to continue many weeks.

Almost Criminal

IN some localities, usually among foreign-born of the peasant class, an idea prevails that as soon as a baby can nurse, a *taste* of all sorts of adult food should be placed in its mouth to insure health.

This is deadly wrong. Only pure water and milk food, the regular infant diet, should pass a baby's lips. A mother recently wrote about a child less than a year old who has colic and every sort of digestive disorder that a baby could have and live. She doesn't see why, because beginning at *two days of age* Baby had a taste of strawberry juice, coffee, tea, broths, vegetables, and even pastry, and this sort of treatment continued. It is almost criminal when helpless babies are so tortured by loving, ignorant relatives.

Fat Reducers

IT is dangerous to take any advertised medicine to reduce fat, or to take any sort of treatment that talks of dropping weight by the five and ten pounds in a week or so. Moderately brisk and regular walks added to some vigorous housework is good exercise for fat women. It is not necessary to take special physical exercises, though they help. Always sit erect, without slouching or leaning against a chair back. Drink nothing but cold water or hot water with a pinch of salt. Leave the table a little hungry at mealtimes; that is, do not eat quite all you wish. Avoid fats, sweets, cream, potatoes, and starch foods. Do not take acids except acid fruits. Eat vegetables, fruits, cereals in small amounts, and a moderate amount of meat. Eat no fried food. If you stick to these rules a year you will probably get rid of twenty or twenty-five pounds of superfluous fat without any distress or danger to health. One cardinal rule is to eat a very light meal at night, and have the midday meal the most abundant. Practise deep breathing always.

Playing with Babies Injurious

SEVERAL times I have warned mothers that babies need rest and quiet, and that playing with little babies in any boisterous way is very bad for them. Tossing, tickling, bouncing may amuse for a short time, but always ends in making a nervous, fussing baby. He demands more and more attention, and he gets more irritable and upset in various ways. But all babies need mothering, and after the first four weeks, a baby likes to lie *quietly* in his mother's arms during his waking hours. He loves the quiet tones of his mother's talking and singing voice, and that he should have. As he gets older, let him lie on the bed and then teach him to sit in his crib or on the floor in his pen.

Few Playthings

ALL children have too many playthings, but a little baby should have few, and these few safe in that he may put them in his mouth or handle them without getting poisoned, scratched, or otherwise hurt. The floating toys he enjoys in his bath; a fish or frog or doll. A string of spools and a rag doll have been time-honored, home-made toys, and it would be hard to find any that a baby enjoys more. These things can be washed and renewed. Painted articles, or small things to swallow, and hairy, fuzzy toys are not suitable for a baby. The indestructible rattle is always the first toy, and that will be sufficient for many weeks after toy age begins. Linen picture-books and blocks are just as educational and amusing, and far less confusing than a collection of things.

With clean surroundings and food, all babies need gentle mothering, and *simplicity* as the keynote for their lives. Too much attention, luxury, and indulgence spoils children and exhausts those who care for them.

A Request

IN many families there is a famous remedy that has been used for years with great success and has become a family tradition.

I want to collect some of these good old prescriptions from all over the country. Will the readers of this page write to me and tell me what special remedy (and for what it is used) is a favorite with them? Then in the fall I may devote a page to these home medicines.

Mauda Kent M. D.

ESKAY'S Albumenized FOOD

If your baby is not the picture of health and strength, try Eskay's.

We will mail you large trial package free on request.

Smith, Kline & French Co.
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Luxury and Economy Combined

MATTRESSES last longer, are sweeter and cleaner, equipped with

Quilted Mattress Pads

Made of two pieces of heavy bleached white muslin—both sides quilted—with dainty snow white wadding of the best grade between. They can be washed easily without losing their light, fluffy texture or their attractive whiteness. Mothers readily appreciate their usefulness—they keep babies' cribs absolutely dry and sanitary. They are made in all sizes to fit any bed or crib.

Look for trade-mark in red letters
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EXCELSIOR QUILTING COMPANY,
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FREE "Mater Modes" with over 500 illustrations. Write for it today to **Dept. M-2, Lane Bryant,** originator, patentee and largest maker in the world of *Dresses, Coats, Suits, Underwear, Brassieres, Corsets for*

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Portraying every detail of the prevailing New York fashions, but so adapted as to successfully conceal condition. No additional expense, as they automatically adjust and **fit when figure is again normal.** Best materials and workmanship at

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M110149—Style and utility are combined in this smart coat of finest black or navy men's wear serge. Cut on full flare lines and has double crossed adjustable belts; two pockets. Youthful model and conceals condition effectively. 34 to 44 bust. Wonderful value **$11.85**

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Give color and bust measure

We prepay all charges; **guarantee satisfaction or refund money**

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strengthens weak, inflamed eyes, and is an **ideal** eye wash. Good since 1795. Keep your eyes well and they will help keep you.

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POMPEIAN OLIVE OIL

ALWAYS FRESH
THE STANDARD IMPORTED OLIVE OIL

AerCel Wash Cloths

Variety bleached knit fabrics; embroidered edge 10c; plain edge 5c. Best stores everywhere.

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IF YOU KNEW HOW

TO REDUCE YOURSELF
without drugs, sweating or starving and with real protection to health

YOU WOULD DO IT

willingly and gladly. Send name and address to-day, and I will tell you **FREE** how I did it.

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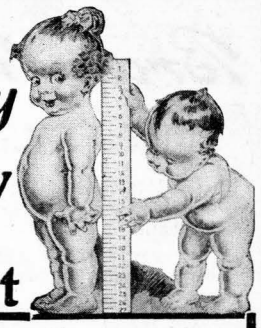
Cuticura SOAP & OINTMENT QUICKLY REMOVE **PIMPLES** and **DANDRUFF**

SAVES THE HAIR

SAMPLES FREE. ADDRESS CUTICURA, DEPT. W, BOSTON. SOLD EVERYWHERE.

The very thing you most desire may be advertised in this very issue.

The Sidway Keeps My Spine Straight



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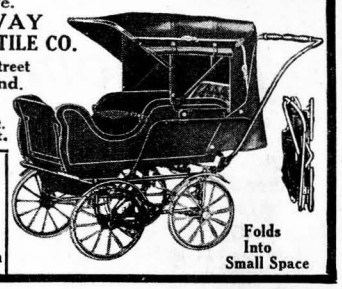

FREE! Chart for Judging Baby's Health

Folds Into Small Space

Perfect Hearing for the DEAF

SCIENCE has found a way for *you* to hear—perfectly. The wonderful

Little Gem Ear Phone

doubles the joy of living. Look at it and you SEE the simplest and smallest hearing device in the world; use it and you FEEL you have the most wonderful aid to the deaf yet devised.

The absolute superiority of the little Gem was recognized at the Panama-Pacific Exposition, where it received the Gold Medal, highest award for ear phones, in competition with the world.

Write for booklet "Cause Thine Ear to Hear" and learn how you may obtain our $10 Auto Ear Massage FREE.

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WAVE OR CURL YOUR HAIR in a few minutes without heat—guaranteed not to injure the hair in any way—far superior to kid or any other curlers—

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Ask your dealer or send us his name and your money, or stamps.

Money willingly refunded.

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Every day we have calls from Beauty Shops all over America for Marinello graduates. The calls are so great we are unable to fill them. Right now if you were a Marinello graduate you now could be earning a big salary or have a business of your own.

BIG SALARIES

The Marinello School of beauty culture offers you your greatest opportunity of success, independence, prosperity and future. We positively guarantee to secure you a good position the day you qualify. No other school does this. The Marinello School is the largest in the world. The Marinello beauty system is the most complete taught.

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BASKETRY FOR CRAFT WORKERS
MATERIALS Send for free Catalog! "Everything for Basket Making" Reeds, willow, chaircane (95c), raffia. Indian ash splints, braided rush and straw, dyes and finishes, tools and books of instruction.
Louis Stoughton Drake, Inc., 972 Watertown St., West Newton, Mass.

Bridal Silver

[CONCLUDED FROM PAGE 35]

against plated silver used to arise from the inferior patterns used for it. Today the designs, though never identical, are of quite as high a standard as those available in the sterling lines. Solid silver costs anywhere from twice to three times as much as similar plated ware. If silver is bought with the idea that it is to become an heirloom, then solid pieces are obviously the only ones to choose. If it is bought from the standpoint of one lifetime's service, plated pieces are entirely satisfactory.

The principal influences which determine our choice of design are beauty and fashion. Fashion is a transitory thing. What is tolerated to-day because it is stylish may be loathed in a few years because it is hideous. For a possession which lasts so long a time as silver true beauty, irrespective of what is popular at the moment, ought alone to be our criterion. In addition, every woman who has had the care of silver realizes how wise it is to choose a pattern plain enough to be easily cleaned. Plain, even severe, designs, with a distinction dependent upon shape and proportion are the ones of which we never tire. We hand on such pieces with pride to the next generation.

Simplicity has been the wholesome rule in designing silver for the last few years. Now, however, there is a movement on foot among the manufacturers to revive the vogue of elaborate styles. "Gray silver" is what the fussy patterns are called in the trade. There are thousands of different patterns already on the market. Of these the larger city dealers carry about thirty. Any dealer can show you a book containing good pictures of hundreds of designs from which you can make a choice.

Gifts for the Bridesmaids

ILLUSTRATIONS ON PAGE 20

No. 17-4-44. SCARF. Design stamped on pink, blue, or white crêpe de Chine, 20 x 72 inches, $2.25. Embroidery silk and beads, $1.15 extra. Perforated stamping pattern, 30 cents. *A diagram showing where to place the colors will be sent with each pattern.*

No. 17-4-45. BAG. Design stamped on pink, blue, or white crêpe de Chine, 60 cents. Embroidery silk and beads, 25 cents extra. Silk tassels may be purchased locally. Perforated stamping pattern, 25 cents.

No. 17-4-46. CAMISOLE. Design stamped on white crêpe de Chine, *Special Price,* 55 cents. Silk for working, 20 cents extra. Lace edging, 65 cents extra. Silk roses, pink, blue, or yellow, 5 cents each. Perforated stamping pattern, 20 cents.

No. 17-4-47. BAG. Design stamped on white linen, 35 cents. Embroidery cotton for working, 12 cents extra. Perforated stamping pattern, 20 cents. Transfer pattern, 10 cents. Mercerized crochet cotton (hard twist) two balls, white, No. 40, 30 cents. Steel crochet-hook No. 11, 10 cents.

Transfer patterns of these designs are not supplied.

East Indian Embroidery

ILLUSTRATIONS ON PAGE 6

No. 17-4-1. COLLAR AND CUFFS. *Size, of collar,* 16-*inch.* Design for set of collar and cuffs stamped on ivory-colored linen, 60 cents. White cotton for working, 28 cents extra. Perforated stamping pattern, 45 cents.

No. 17-4-2. END PIECE. *Size,* 10 x 16 *inches.* Design stamped on ivory-colored linen, 40 cents. White cotton for working, 21 cents extra. Perforated stamping pattern, 35 cents.

No. 17-4-3. TABLE RUNNER. *Size,* 20 x 45 *inches.* Design stamped on ivory-colored linen, $1.25. White cotton for working, 70 cents extra. Perforated stamping pattern, one-half of the design (reversible), 50 cents. Stamping paste, with directions, 10 and 25 cents a box.

Work commenced on any one piece, 75 cents additional.

More than Moth- and Dust-proof

EXCLUDES moths without use of strong-smelling tar or camphor, which discolor and injure texture, lustre and elasticity of furs, but more—an all-round wardrobe suitable for a score of purposes. Box-shaped, truss-construction permits garments to hang freely on racks without wrinkling or crushing. Closed at corner edge with double slotted metal sealing tube, the

Closgard Folding Wardrobe

is simple, yet secure. Hangs to wall or suspends from above. Lasts for years. Made of Khaki cloth or fancy cretonne in any color. Can be folded compactly and put in suitcase. Used extensively in shops as dust-proof wardrobes. $3.50 Closgard, illustrated, 60 inches long, holds Fur Coat, Fur Set, Three Tailored Suits, with space at bottom for folded goods. The least expensive, good wardrobe you can buy—the best, sure protection for woolens or furs.

Sent on approval; money back if not satisfied. **$2 to $6 according to size.**

Closgard Wardrobe Co., 1211 Pennsylvania Avenue, N. W. Washington, D. C.

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Removes Hair or Fuzz from Face, Neck or Arms

DELATONE is an old and well known scientific preparation, in powder form, for the quick, safe and certain removal of hairy growths—no matter how thick or stubborn they may be. You make a paste by mixing a little Delatone and water; then spread it on the hairy surface. After two or three minutes, rub off the paste and the hairs will be gone. When the skin is washed, it will be found clean, firm and hairless—as smooth as a baby's. Delatone is used by thousands every year, and is highly recommended by beauty authorities and experts.

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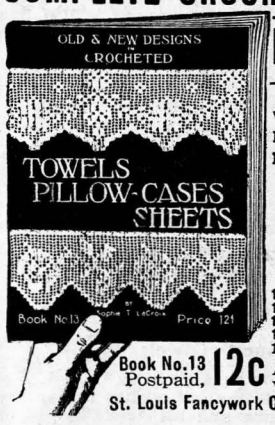

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Book No.13 Postpaid, 12c A Complete Set of 14, worth $3.28, for $2.90.

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A rising temperature may be the only warning that a Doctor is needed—Don't guess about anything so vitally important.

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are the result of 64 years' experience in thermometer making.

Be sure *Tycos* in red is on the fever thermometer you buy. It's your protection. Ask your dealer.

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There's a Tycos or Taylor Thermometer for Every Purpose

$767 Buys the Material For This Home

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The material used in all Harris Homes is sensibly cut-to-fit with absolute accuracy—*you pay for no waste!* Our mammoth material stations are centrally located for quick deliveries, no matter where you live, at lowest possible freight cost. Your complete home shipped in one car—all at one time.

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Instant Bunion Relief
Prove It At My Expense

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If you plan to buy a sewing machine, by all means send for full particulars regarding THE NEW PRISCILLA. *It will mean money in your pocket.*

The New Priscilla Sewing Machine does every kind of plain and fancy sewing; it contains all latest improvements and is guaranteed for a LIFETIME, yet the cost is $10.00 to $35.00 LESS than others. Let us send you our Demonstration Book which explains how it is possible for us to sell the high-grade Priscilla Sewing Machine at such a big saving.

To every woman who needs a sewing machine and asks for our Demonstration Book during this month we will send a beautiful *hand painted* Needle Book absolutely FREE OF CHARGE. Simply say you need a sewing machine and would like to receive particulars regarding The New Priscilla. The Free Needle Book will be mailed to you at once without charge. This will not obligate you in any way whatsoever. Address

The Priscilla Needlework Co., Dept. S.B., 87 Broad St., Boston, Mass.

Vestment Patterns

and appropriate Embroidery Designs are now being manufactured by The Priscilla Company. The Patterns are made from an excellent grade of paper (not tissue), and have been especially designed by Lilla B. N. Weston, author of **Vestments and How To Make Them.** All inquiries for price-lists, and orders for patterns, should be addressed to

Mrs. Lilla B. N. Weston, 1028 First St., Milwaukee, Wis., U. S. A.

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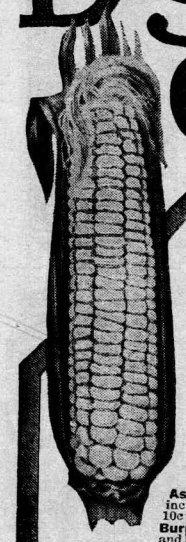

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Corn—Golden Bantam, extra early, hardy, luscious and sweet.
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Radish—Rapid Red, quickest growing round red radish. Crisp and solid.

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Guaranteed to Grow and Bloom This Year

Thrifty, sturdy plants, well supplied with their own roots, ready to grow and bloom profusely till snow flies. Your money back if they fail.

10 Strong Plants Sure to Please—Send for these:

Killarney, sea-shell pink; **Antoine Revoire,** rosy flesh; **Bessie Brown,** creamy white; **F. R. Patzer,** pink, light orange shading; **Etoile de Lyon,** sulphur yellow; **Helen Good,** delicate yellow; **Dean Hole,** intense salmon; **Clothilde Soupert,** best of all bedders; **Ecarlate,** dark red; **Champion of the World,** pink.

SPECIAL COLLECTION OFFERS

6 Carnations, all colors	25c	6 Chrysanthemums	25c
6 Beautiful Coleus	25c	3 Lovely Dahlias	25c
10 Lovely Gladioli	25c	10 Superb Pansy Plants	25c

Any Five Collections Postpaid $1.00

We pay all charges and guarantee safe arrival and satisfaction. A postal will bring you a beautiful illustrated BOOKLET FREE. Remember—**We guarantee every Rose to bloom this summer or your money back.**

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Largest Rose Growers in the World

New Beautiful Fern
"Fluffy Ruffles"

Newest, daintiest and loveliest of the ostrich plumed type. Strong, vigorous, hardy—will grow and thrive in any home. Makes whole house cheerful.

4 Fancy Ferns Postpaid for 35c

One Fluffy Ruffles and 3 others—**The Boston,** arched and interlaced with long, sword like fronds; **Emerald Feather,** a drooping, feathery sort; and a **Dainty Table Fern,** a fitting ornament for any nook or corner.

All Nice Growing Plants. Will quickly grow in size and value. Send 35 cents today for these four fine ferns together with our complete catalog of desirable Seeds, Plants and Bulbs.

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6 SURE TO BLOOM ROSES 25c

Baby Doll, (Tip Top) everblooming Polyantha, golden color tipped with cerise; **Mrs. Campbell Hall,** creamy buff; **Prince D' Arenberg,** fiery scarlet; **Natalie Bottner,** white; **Mrs. Aaron Ward,** yellow; **Dorothy Perkins,** pink. Postage paid, safe arrival and satisfaction guaranteed.

6 Assorted Ferns	25c	6 Chrysanthemums	25c
6 Basket Vines	25c	6 Fine Geraniums	25c
6 Carnations	25c	15 Assorted Strawberries	25c

Any Five collections (30 plants), $1.00, charges prepaid.

Our 1917 catalog full of cultural directions and bargains. Write for it today—it will be sent you **FREE**

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10 Named Gladioli for 25c

10 sorts, all different and very fine, 25c.
30 Gladioli, 30 sorts named for $1.00—a Superb test collection. Many new.
10 Finest Named Cannas for 75c.
10 " " German Iris for 50c.
10 New Giant Montbretias for 25c.
Postpaid—All 60 Bulbs for $2.00.
Big **Catalog** of Flower and Vegetable Seeds, Bulbs, Plants and rare new Fruits **Free.** We are the largest growers of Gladioli, Cannas, Dahlias, Lilies, etc.

JOHN LEWIS CHILDS, Inc., Floral Park, N.Y.

Breakfast-Getting Made Easy

By Jane Gates

"GOOD morning. All aboard for town." A little head poked through the kitchen door, followed by a trig little body in a blue serge Norfolk suit.

"For goodness' sake, Helen Duren, you aren't ready this early? Why, I haven't started on my breakfast-dishes yet, it will be an hour now before I am through."

"Never mind, I'll help," and Helen Duren took off her coat and hung it over the back of a chair and tied the apron that her friend handed her about her waist. "Did you and Jack use all these dishes for breakfast for just you two?" she said, picking up a fragile cup and wiping it carefully.

"Yes, we did," Katherine Claxton answered. "I hate getting breakfast worse than dinner. It is just as much work and you have to get up so early to get anything decent."

"Indeed you do not, Kit. Why I don't get out of bed till the clock strikes seven, and I have breakfast all ready at half-past, and I'll wager I have every bit as good a breakfast as you do."

"However do you do it?"

"By planning, that's all. I have to take my bath in the afternoon, of course. I have my work-clothes on a chair all ready to jump right into, and it only takes me a few minutes to dress. I always know just exactly what I am to have for breakfast. I have my weekly menus pinned up over the kitchen table, and if there is anything that I can do beforehand for breakfast, I do it while I am getting dinner. Just before I go to bed I go into the dining-room and put on the doilies, forks, spoons, and butter-spreaders. In the morning, the first thing I do is to grind my coffee. It is in a glass canister, which is a part of the mill. I don't have to get out the coffee can, find a spoon and measure it, I simply go to the wall and turn a crank till the little receptacle under the mill measures three tablespoonfuls, then turn it into the pot. The mill is on the wall near the closet door where I keep the pots and pans, so all I have to do is to reach out my hand for the coffee-pot. All this saves at least five minutes. I measure the water with a cup hanging over the sink, and put it on the gas stove.

"I next discovered that it took time to go into the dining-room for the dishes, so I went in town to the five-and-ten-cent store and bought a breakfast-set of willow ware, several sizes of plates, two cups and saucers, two egg-cups and two cereal-bowls, that is all."

"No platters or serving-dishes?"

"No, I have eliminated those from our breakfast. I serve everything right from the stove. I had Tom build me a set of shelves over the table and I keep these dishes there, with the cooking-dishes that I need hanging from hooks underneath them. After I get the coffee on I go to the refrigerator and bring everything that I am to need, to the kitchen-table on a wheel-tray. Suppose I am to have, as I did this morning, cantaloup, oatmeal, scrambled eggs, and toast. I cut the melon, take the cereal out of the fireless cooker under the table, put it into the bowls, put the sugar and cream on it, cut the butter, and put it on the butter plates, break the eggs into the little frying-pan, and put the cream into the cups, without moving out of my steps. By this time the coffee is boiled and I turn out the gas. Then I take the fruit, a finger-bowl, the cereal, bread and butter to the table on the tray. By this time Tom is ready for his breakfast. I put the bread in the electric toaster at his place and go out to scramble the eggs. These I put onto the plates and bring them in with the coffee. The fruit and cereal plates are put onto the wheel-tray when we finish with them.

"On Sundays I have a more elaborate breakfast, popovers, scones, Johnny cake, Spanish omelet, things that take longer to cook. But on week-days we quite often have hot rolls or biscuits. Sometimes I have them all ready except adding the milk and I drop them into tiny patty-pans and I can bake them in six or eight minutes if I light the gas oven the minute I come into the kitchen. Sometimes I bake them for dinner and warm them up in a paper bag in a little oven that goes over one burner, that I bought to crisp the uncooked cereals in in the summer when I don't want to light the big oven.

"You have no idea how easy it all is, once you start using your head. Things are always popping into your mind to try, and it makes the whole thing so much more interesting. There we are all through now, and if you hurry we can get the ten o'clock."

"All right, but while I am getting into my suit, you make out a list of those things you got at the five-and-ten-cent store and the place where you got the coffee mill. I want to try that lightning breakfast scheme. It sounds too good to be true. I'll make my first purchases to-day."

Rimes for the Linen Shower

By Alice Crowell Hoffman

Plain Towel

I'm just a towel but still, you see,
Devotion I don't lack,
Quite gladly I will go for thee
Right straight upon the rack.

Pillow Sham

It seems a shame
To send a sham
In friendship's name
But here I am.

Small Table Cloth

When you gaily set the table
For hubby dear and you,
How I hope I shall be able
To be there, too!

Guest Towels

There are guests that go early to bed,
There are guests that sit up like the owls,
But one and all
Both great and small
Have urgent need of tow'ls.

Napkins

Though some folks wear us 'neath their chins,
And others on their knees
We are contented to be worn
'Most any way they please.

Centrepiece

I think I am somewhat akin to kings
At least I am in the centre of things.

Pillow Case

Though there're many kinds of cases
In most every kind of places,
When it comes to night and rest
I'm the case that folks like best.

Tea Towels

I want to dry your silver
And rub your glassware, too,
So it will keep its lustre
And always look like new.

Hot-Roll Cover

Pray wrap your breakfast rolls in me
Also your rolls for lunch or tea,
And you will be surprised to see
How very nice and warm they'll be.

Baked-Potato Doilies

Pray hold your baked potato
Within my snowy fold
Then you can peel it 'most as well
As if it would be cold.

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Doctors told us they needed a bran food which people would eat daily and enjoy.

They said they wanted flake bran, to be doubly efficient. And they wanted 25 per cent.

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Pettijohn's
Rolled Wheat—25% Bran

A breakfast dainty whose flavory flakes hide 25 per cent unground bran.

Pettijohn's Flour—75 per cent fine patent flour with 25 per cent bran flakes. Use like Graham flour in any recipe.

Both sold in packages only.

(1525)

A WOMAN FLORIST
6 Hardy Everblooming Roses 25c

On their own roots ALL WILL BLOOM THIS SUMMER

Sent to any address postpaid; guaranteed to reach you in good growing condition.

GEM ROSE COLLECTION
Bessie Brown, Creamy White.
Rhea Reid, Rosy Crimson.
Clothilde Soupert, White and Pink.
Snowflake, Pure White.
Radiance, Brilliant Carmine.
Pres. Taft, Brightest Pink.

SPECIAL BARGAINS

6 Carnations, the "Divine Flower," all colors,	25c.
6 Prize-Winning Chrysanthemums,	25c.
6 Beautiful Coleus,	25c.
3 Flowering Cannas,	25c.
3 Choice Double Dahlias,	25c.
3 Choice Hardy Iris,	25c.
10 Lovely Gladioli,	25c.
10 Superb Pansy Plants,	25c.
15 Pkts. Flower Seeds, all different,	25c.

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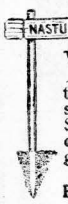
The other five are: **Clothilde Soupert,** soft pink; **White M. Cochet,** pure white; **Queen of Bedders,** fine red; **Helen Gambier,** copper yellow; **Radiance,** rose pink. The six, all strong plants on own roots, postpaid for **25 cents.** Will bloom profusely this summer.

30 Beautiful Plants for $1.00

6 Chrysanthemums	25c.	6 Best Carnations	25c.
6 Brilliant Coleus	25c.	6 Ferns, all different,	25c.

We will send any one of these splendid collections on receipt of 25 cents; or the entire four collections and the 6 Roses—30 plants in all—for only $1.00. We pay all postage and guarantee safe arrival and satisfaction. Our 1917 Catalogue **FREE TO ALL.** Write for it to-day.

GEO. H. MELLEN CO., Box 905, Springfield, Ohio



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Linen for the Hope Chest

ILLUSTRATIONS ON PAGE 8

No. 17-4-10. TOWEL. *Size,* 22 x 38 *inches.* Design and one letter stamped on fine imported linen huckaback, $1.10. Cotton for working, 21 cents extra. Perforated stamping pattern, design and one letter, 30 cents. Transfer pattern, 15 cents.

No. 17-4-11. BATH TOWEL. *Size,* 23 x 44 *inches.* Design and three letters stamped on Turkish towels, 45 cents each; two for 85 cents. Cotton for working, 15 cents extra; silk for working, 20 cents extra. Perforated stamping pattern, design and three letters, 25 cents.

No. 17-4-12. TOWEL. *Size,* 22 x 38 *inches.* Design and one letter stamped on fine imported linen huckaback, $1.10. Cotton for working, 21 cents extra. Perforated stamping pattern, design and one letter, 30 cents. Transfer pattern, 15 cents.

No. 17-4-13. COMFORT OR BLANKET PROTECTOR. *Size,* 18 x 88 *inches.* Design and one letter stamped on white cotton lawn, 60 cents. Cotton for working, 6 cents extra. Perforated stamping pattern, design and one letter, 15 cents. Transfer pattern, 10 cents.

Nos. 17-4-14 AND 17-4-16. SHEETS. Designs and one letter stamped on white linen sheeting, excellent quality, 90 x 99 inches, *Special Price,* $7.75 each; 90 x 108 inches, *Special Price,* $8.75 each. Stamped on bleached cotton sheeting, a good firm quality, 90 x 99 inches, $1.75 each; 90 x 108 inches, $1.85 each. White cotton for working either design, 28 cents extra. Colored cotton for working, No. 17-4-14, 35 cents extra. Perforated stamping pattern, either design and one letter, 50 cents. Transfer patterns are not supplied.

Nos. 17-4-15 AND 17-4-17. PILLOW CASES. *Size,* 22 x 40 *inches.* Designs and one letter stamped on white linen, *Special Price,* $2.75 for one pair. Stamped bleached cotton tubing, $1.10 for one pair. White cotton for working No. 17-4-15, 28 cents extra, or colored cotton for working, 35 cents extra. White cotton for working No. 17-4-17, 35 cents extra. Perforated stamping pattern, either design and one letter, 30 cents. Transfer patterns, 20 cents each.

Styles for Little Folks

ILLUSTRATED ON PAGE 31

No. 8221. Embroidery design stamped on white hand-finish linen and blue, green or tan chambray (3½ yards), not stamped, to complete dress, for *sizes* 8 *to* 10 *years,* $1.20; stamped white linen and chambray (4¾ yards) for *sizes* 12 *to* 14 *years,* $1.45. Stamped white linen and blue, green, or tan soisette (3½ yards), not stamped, to complete dress for *sizes* 8 *to* 10 *years,* $1.80; stamped white linen and soisette (4¾ yards) for *sizes* 12 *to* 14 *years,* $2.40. White cotton for working any one size, 28 cents extra. Perforated stamping pattern of embroidery design, 45 cents.

No. 8197. Embroidery design stamped on soft hand-finish white linen (2¼ yards) for *sizes* 4 *to* 6 *years,* $1.50; stamped white linen (2⅝ yards) for *sizes* 8 *to* 10 *years,* $1.75. White cotton for working, 7 cents extra. Perforated stamping patterns of embroidery design, 20 cents each size. Transfer patterns, 10 cents each size.

No. 8228. Perforated stamping pattern of embroidery design, 40 cents. Cotton for working, 42 cents extra. NOTE.—We will stamp the embroidery design on a dress, if it is sent to us after it is *cut* and *basted,* for 50 cents.

No. 8198. Embroidery design stamped on blue, green, or tan soisette (6¾ yards), $2.75. Cotton for working, 21 cents extra; silk for working, 50 cents extra. Perforated stamping pattern of embroidery design, 25 cents. Transfer pattern, 15 cents.

Embroidery commenced on any one piece, 75 cents additional.

Materials

For Crochet and Tatting

Illustrations on pages 7 and 10

MATERIALS. Mercerized crochet cotton (hard twist), white, No. 10, 18 cents a ball; Nos. 20, 30, 40, and 60, 23 cents a ball; Nos. 70 and 100, 28 cents a ball. Ecru, Nos. 20 and 40, 23 cents a ball. Steel crochet-hooks, 10 cents each.

Illustrations on page 12

MATERIALS. White mercerized crochet cotton (hard twist), No. 5, 18 cents a ball; two balls for 35 cents. Tatting Shuttles: Bone, 15 cents each; rubber, 18 cents each; nickel-plated steel with fine steel hook attachment, 50 cents each. Perforated stamping pattern of letter, style illustrated, size, 2-inch, 3-inch, or 4-inch, 5 cents each letter; 75 cents for complete alphabet of any one size letter.

Samples and *prices* of fabrics sent on *request.*

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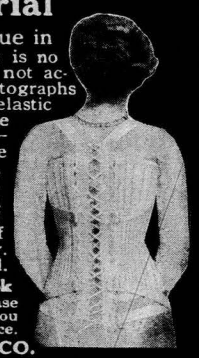

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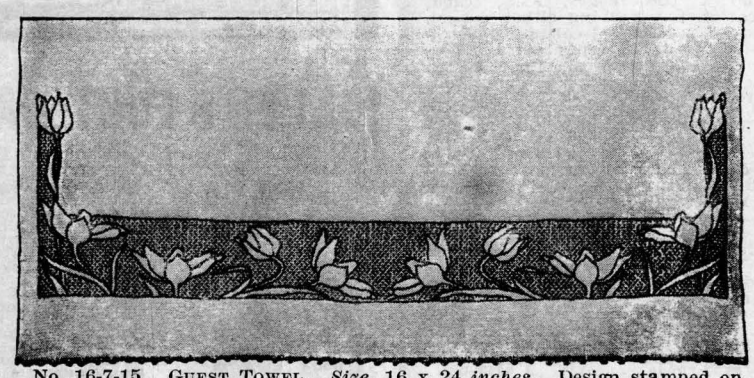
No. 16-11-70. CHILD'S DRESS. *Sizes,* 2 *and* 4 *years.* Design stamped on a ready-made dress of fine nainsook, $1.20. Cotton for working, 9 cents extra; silk for working, 15 cents extra.

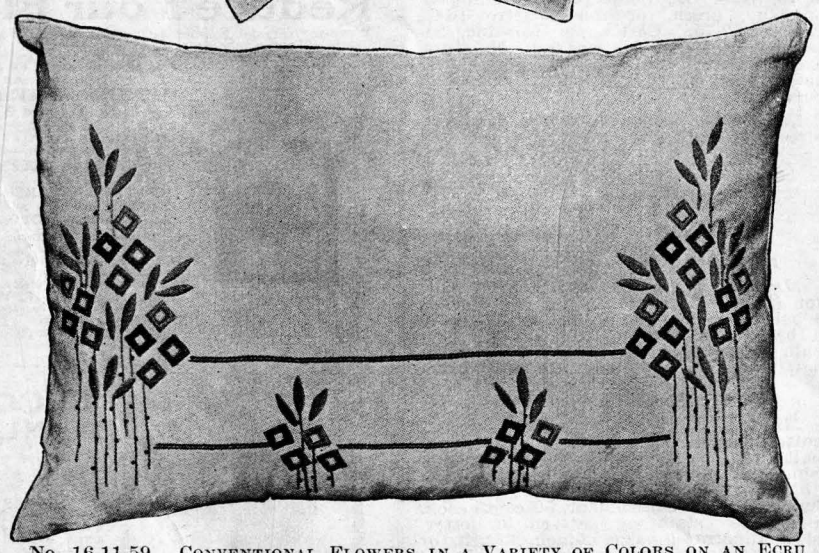
No. 16-11-71. ROMPERS. *Sizes,* 6 *months,* 1 *and* 2 *year.* Design stamped on ready-made rompers of blue and white checked gingham, 65 cents. Cotton for working, 3 cents extra; silk for working, 10 cents extra.



No. 16-7-15. GUEST TOWEL. *Size,* 16 x 24 *inches.* Design stamped on imported pure linen huckaback, 50 cents. Cotton for working, 18 cents extra; silk for working, 50 cents extra. Perforated stamping pattern, 25 cents. Transfer pattern, 10 cents.

No. 16-1-39. A PRETTY NEW MODEL. Design stamped on a ready-made nightgown of fine nainsook, $2.00. Cotton for working, 24 cents extra.
Sizes, 13, 14, 15, 16 *and* 17.

No. 16-11-39. CELERY BAG.
No. 16-11-40. CUCUMBER BAG.
No. 16-11-41. LETTUCE BAG.
Any one design stamped on white Calcutta cloth, 20 cents. Cotton for working one bag, 10 cents extra; silk for working, 20 cents extra. Ivory rings for No. 16-11-41, 15 cents extra. White cord for one bag, 8 cents. Perforated stamping patterns, 20 cents each. Transfer patterns, 10 cents each.



No. 16-11-59. CONVENTIONAL FLOWERS IN A VARIETY OF COLORS ON AN ECRU PILLOW, IS A COMBINATION TO PLEASE THE MOST CRITICAL. *Size,* 18 x 26 *inches.* Design stamped on tan linen, with same material for back, $1.10. Cotton for working, 35 cents extra; silk for working, $1.00 extra. Perforated stamping pattern, 35 cents. Transfer pattern, 15 cents. Diagram showing how to place colors sent with each pattern.

Work commenced on any one piece, 75 cents additional

No. 16-11-90. SHIRT-WAIST. *Sizes,* 34, 36, 38, 40, *and* 42. Design stamped on a made-up waist of soft hand-finish white linen, and design for patches on same material, $2.10. White cotton for working, 14 cents extra. Perforated stamping pattern of embroidery design, 25 cents. Transfer pattern, 10 cents.

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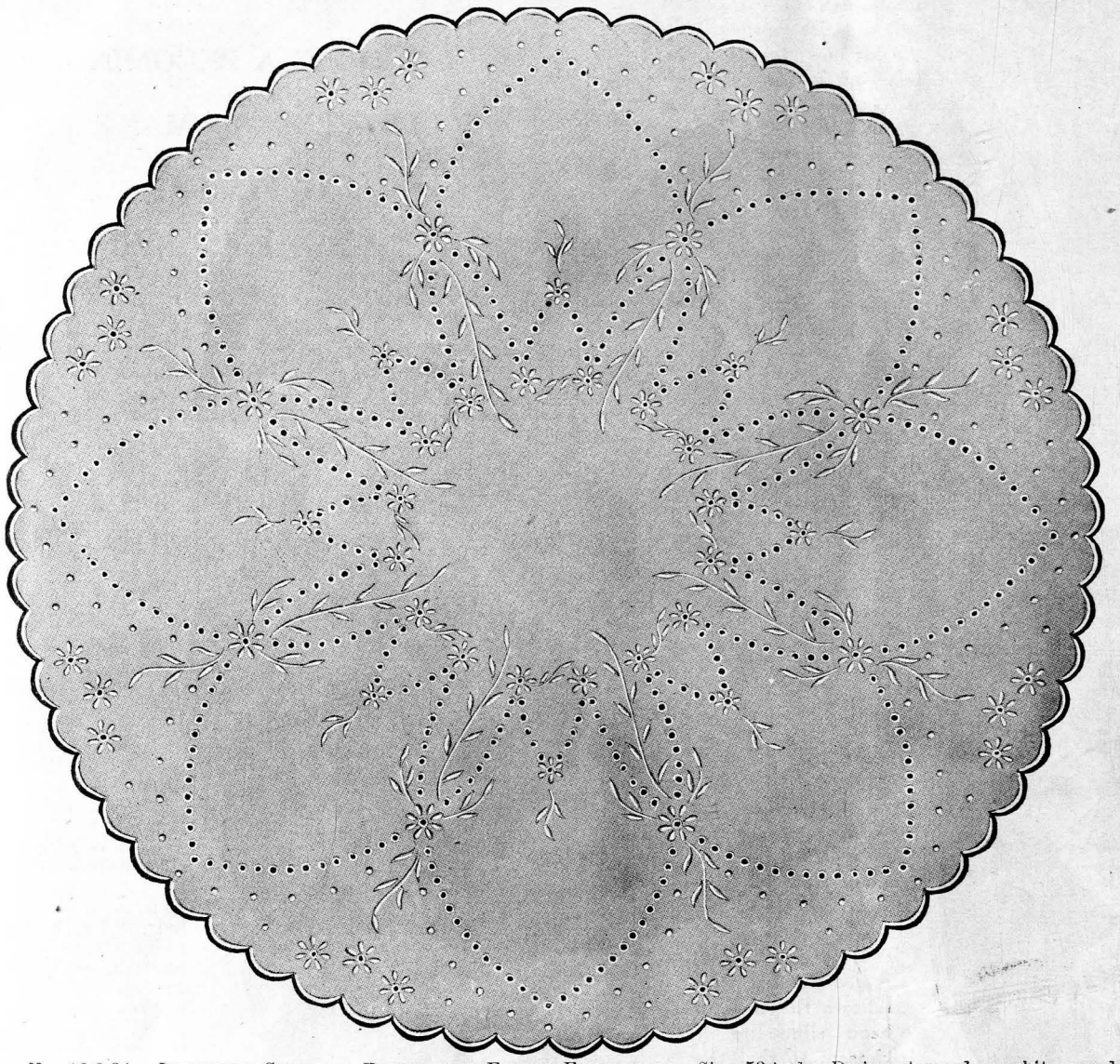
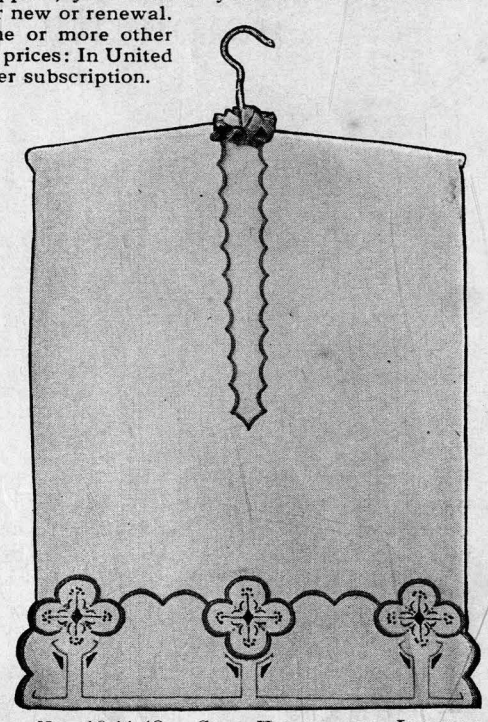
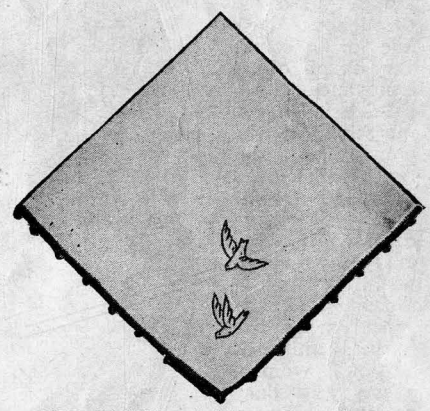


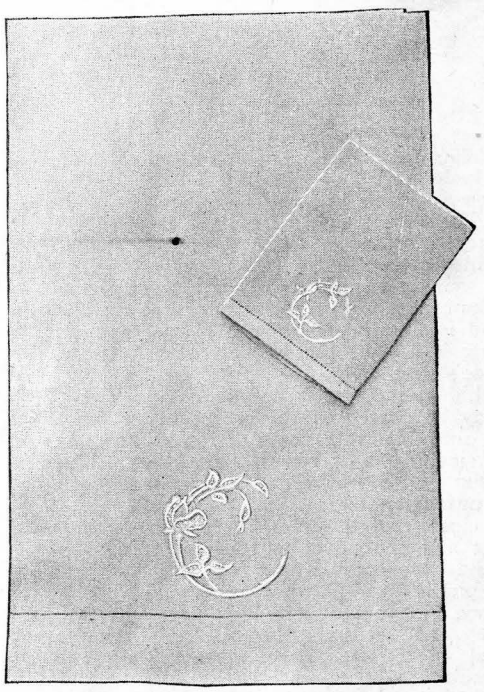
No. 16-8-24. LUNCHEON CLOTH IN FRENCH AND EYELET EMBROIDERY. *Size, 52-inch.* Design stamped on white round thread linen, $3.00. White cotton for working, 90 cents extra. Perforated stamping pattern, one-half of the design (reversible), $1.00.



No. 16-11-48. COAT HANGER AND LAUNDRY BAG COMBINED. Design stamped on linen-finish cotton, 45 cents. Cotton for working, 20 cents extra; silk for working, 45 cents extra. Perforated stamping pattern, 40 cents. No transfer pattern.

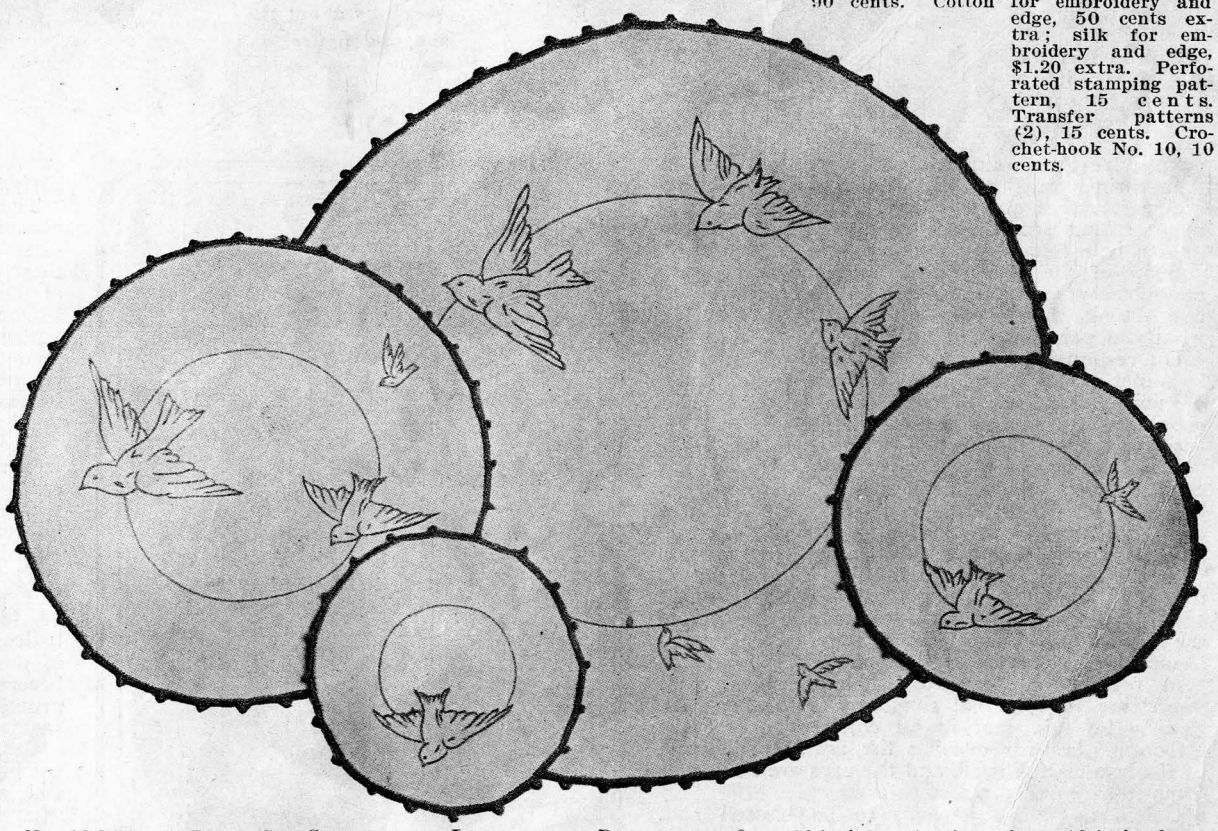


No. 16-2-57. A NAPKIN OF GENEROUS SIZE. *Size, 14-inch.* Design for four napkins stamped on oyster-white linen, 90 cents. Cotton for embroidery and edge, 50 cents extra; silk for embroidery and edge, $1.20 extra. Perforated stamping pattern, 15 cents. Transfer patterns (2), 15 cents. Crochet-hook No. 10, 10 cents.



No. 16-8-34. NAPKIN. *Size, 15-inch.* Design stamped on hemstitched white linen napkins, six for $2.25. White cotton for working, 9 cents extra. Perforated stamping pattern, 10 cents.

No. 16-8-35. LUNCHEON CLOTH. Design stamped on a 30-inch hemstitched square of white linen, $1.15; on a 36-inch hemstitched square, $1.50. White cotton for working, 6 cents extra. Perforated stamping pattern, *size, 4-inch,* 10 cents.



No. 16-2-56. A DOILY SET SUITABLE FOR LUNCHEON OR BREAKFAST. One 16-inch centrepiece, four 10-inch, four 7-inch, and four 6-inch doilies, hot roll case and asbestos mat cover (15 pieces), stamped on oyster-white linen, $1.75. Cotton for working embroidery and crocheting edge, $1.40 extra; silk for embroidery and edge, $3.00 extra. *Perforated stamping pattern* for set, 75 cents. Stamping paste, with directions, 10 and 25 cents a box. *Transfer patterns.* One 16-inch, 15 cents; four 10-inch, 20 cents; four 7-inch, 15 cents; four 6-inch, 10 cents; hot roll case, 10 cents; asbestos mat cover, 10 cents.

Simplicity is the Rule in Hair Dressing To-day

THE NATURAL SILHOUETTE OF THE HEAD IS FOLLOWED

The flapper, that very important young miss of twelve to fourteen years, has her hair waved and fluffed about her face, with ends held with a bandeau of ribbon or secured at the back as shown below.

CHOOSE A BECOMING STYLE AND MAKE IT YOURS

Obviously, the athletic girl who motors, golfs, and tramps hatless through the season should wear her hair dressed close and waved to frame her pretty face becomingly. For her, the hair net is an all-important item.

IT is platitudinous to refer to a woman's hair as her crowning glory; but whether it remains a crowning glory throughout her life or becomes very much of an annoyance depends in large measure on the amount of attention that is given it. Good grooming is a tremendous asset for every woman, whether she be a member of the great army of business and professional women, a gay and busy society woman, or one of the larger army of home women. Skin and nails should never be neglected if a woman would look her best. But the hair simply refuses outright to stand neglect!

In caring for the hair at home, as undoubtedly the majority of women do, it is important to remember that promiscuous experimenting with unknown hair tonics is a dangerous business.

Some of the tonics that are on the market are undoubtedly good, others certainly are dangerous, and a tonic that is excellent in itself may not be what you personally require.

If a responsible scalp specialist is not within reach, it is not at all a bad idea to consult the family physician, as he can tell quickly whether the hair should have a drying tonic or whether the scalp requires the nourishment of pure natural oil.

It may be safe to say, however, that in the absence of any expert advice on the subject, a woman can keep her hair in splendid condition by giving it a daily brushing of one hundred strokes with a clean, stiff hair-brush, with a weekly massage of the scalp with the tips of her fingers, being careful not to injure it with sharp finger-nails, using a small quantity of pure oil for the massage, and separate the hair so that the scalp alone is treated. A good shampoo every two weeks completes the treatment.

In regard to present-day hair-dressings, it is interesting to note that simplicity is the key-note. It may be said that in all coiffures except the elaborate ones for evening the natural silhouette of the head is followed, and the ears are no longer completely covered.

Unless a woman happens to be blessed with naturally curly hair, some artificial crimp is usually necessary for a satisfactory hair-dress. Fortunately a rather wonderful hairpin is now on the market, built with a hump or lock which not only secures the tresses in place, but holds them there once they are in place. This hairpin is proving a real boon to the woman who "does her own hair." By the use of these hairpins, after she has waved or crimped her hair, she can develop a coiffure equal to the handiwork of a professional hair-dresser, with a little care and patience, and go forth to meet her social or business engagements happily certain that she will still be well groomed when she returns home.

Several styles shown in the illustrations, although conservative and practical for general use, offer suggestions for the bridal party.

For the bride, the hair must be waved in a becoming manner, for certainly every girl wants to look her best on this great day, but a close reefed style that follows the natural head silhouette is chosen, so that the bridal veil will fall gracefully about the face and figure.

The beautiful white hair of the elderly matron always looks well waved and fluffed about her face, to soften any lines that the years may have drawn there. The ends should be twisted into a soft coil at the top.

One illustration shows the matronly woman with young face and prematurely whitened hair. A pompadour style with a French twist at the back of the head is usually desirable for this type, and if becoming is a style that would be well chosen by the bride's mother.

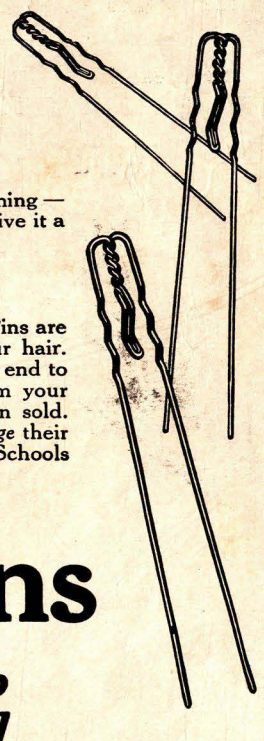
The kiddy, too, must not be overlooked. Her hair may be parted in the centre or at one side, twisted into big soft curls and tied at one side with a small bow or rosette of ribbon. There is no season on record when ribbons have been declared unfashionable.

The close reefed styles in hair-dressing, with hair net and the novel hairpins referred to, will be found comfortable and satisfactory for the hatless girl. Wind-blown locks sound very pretty in poetry, but in real life they are generally unbecoming, and it must be confessed that well-groomed locks are more pleasing as well as fashionable.

Careful attention to clean brushes, combs, and hairpins should always be regarded. Hair specialists recommend washing the brush every night after it has been used for the last time; it should never be allowed to go unwashed for more than a week, and busy people who live in cities would do well to follow the daily custom.

"The Biggest Little Thing in the World"

Here's Beauty and Comfort and Time-Saving for Every Hour of the Day



It's hard to believe that until the coming of HUMP Hair Pins, this last year, women everywhere—for generation after generation—have waited for a modern hair pin.

All other toilet necessities improved. Gave her greater comfort and service. But over and over she re-dressed her hair. Put back falling hair pins. Gathered up straggling locks—a hundred times during each busy day. Suffered humiliations because of sagging coils she could not see.

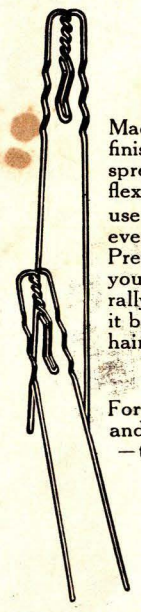
Now this long-endured discomfort is a thing of the past. Top down in the heaviest or the lightest hair HUMP Hair Pins do not slip or fall out. Arrange your hair in the morning—it is done for the day. You need not give it a single thought or second touch.

So Easy To Use

Like all great inventions, HUMP Hair Pins are perfectly simple. Easy to put in your hair. Easy to take out. *Smooth* as *satin* from end to end—they can't break or tangle or harm your hair. Millions of packages have been sold. Leading Hairdressers and Milliners *urge* their use. Women in Hospitals and Training Schools find them invaluable.

HUMP Hair Pins

"Lock the Locks" and Keep Your Hair Beautifully Dressed



Made of finest, pliable steel, beautifully finished. They're not stiff. They don't spread, nor bend out of shape. They're flexible, light-weight and extra strong. You use many less HUMP hair pins to hold even very heavy hair. This saves your hair. Prevents the old hair pin hurt. Is better for your scalp. You dress your hair more naturally—more becomingly. Without straining it back, or coiling it tight. This keeps your hair softer—more youthful.

Magic Invisibles

For "short ends," for waves over forehead and ears, tiny creeping strands in the neck—to fasten nets and veils—Invisible HUMP Hair Pins are unequalled. They are little jewels. Women who never used Invisibles because they could not make them stay in—find HUMP Invisibles indispensable.

Made in Five Sizes. For every kind of hair. For all modes of dressing the hair. The most economical hair pins you can buy. *Because you don't lose them.* If your dealer hasn't HUMP Hair Pins in all sizes, send us his name and **10c** postage for our Complete Assortment Package, or send **15c** for two packages—the **10c** Assortment and the **5c** Invisible Packet for your Pocket-book. Write today.

Five Correct Sizes

5c

10c

Packages Everywhere

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Jiffy-Jell

The Supreme Dessert

Fruit Juice Flavors-In Sealed Vials

Glidden's New Creation

In Fruity, Quick Desserts-

This is to lovers of gelatine desserts. Those zestful, fruity, healthful dainties which are served in a hundred ways.

There is a new creation—called Jiffy-Jell—which you will find doubly delightful. It will change your whole conception of these delicate desserts.

The creator of Jiffy-Jell is Mr. Otis E. Glidden, the famous gelatine expert.

He has studied these desserts for 17 years, in Europe and America. His former products have delighted millions.

But now he attains a supreme dessert, twice better than he ever made before.

Each Flavor in a Vial

Rare-Grade Gelatine

The basis is a rare-grade gelatine. There is little made, and it costs twice as much as the common. To obtain this gelatine he has made a perpetual alliance with the men who make it.

Together they have built the model food plant of America—built it for Jiffy-Jell only.

Lime Jiffy-Jell—Green and Tart As a Garnish for Meats, Etc.

Sealed in Vials

These true-fruit flavors are sealed in glass vials. A vial is placed in each package. So the flavor retains all its natural richness until you open the vial and use it.

Then you don't scald the flavor in making your Jiffy-Jell. You add the flavor when dessert has partly cooled. So the boiling water used in making Jiffy-Jell doesn't cook the flavor.

See How Different

Jiffy-Jell comes sweetened. Each package has the proper color. So you make the dessert in a jiffy, by simply adding boiling water. Or you can add fruit, nuts, chocolate, whipped cream, etc., as with former gelatine desserts.

Add the Flavor As It Cools

But the similarity ends there. This rare-grade gelatine has no taste, no odor. So the fresh-fruit flavors, sealed in vials, are not modified at all. The result is a superlative dessert.

Jiffy-Jell is so distinct, that, inside of six months, it has captured the country. No one who tries it will think of returning to any imperfect dessert.

We urge you, for your own sake, to try it. Order it for dinner now. Learn at once what this creation means.

Jiffy-Jell has been endorsed by Prof. Allyn under Westfield standards, also by Good Housekeeping Bureau.

Choose your flavor and ask your grocer to send you a package to try.

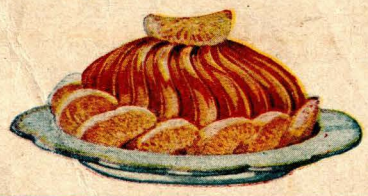
WAUKESHA PURE FOOD CO.
Waukesha, Wis.

Fruit-Made Flavors

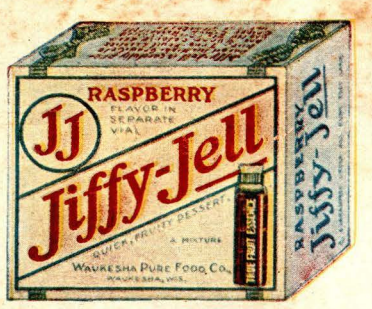
The flavors for Jiffy-Jell are made from the fruits themselves. Not one is artificial.

The juice of fresh, ripe fruit is concentrated, until a little vial holds the flavor of quite a bulk of fruit.

So Jiffy-Jell tastes like a fresh-fruit dessert. It makes every month seem like berry-time.



The Home of Jiffy-Jell



Book of Recipes

We have a book of tested recipes which is free upon request. Write us a postal for it.

Also Waukesha Gelatine

Extra-Grade Gelatine—Clear

We put up this same rare grade of gelatine unflavored and unsweetened. Each package contains four envelopes. Each envelope makes a pint of jell. Fruit acid is included in the package, colored or uncolored. So you can make clear, sparkling jell, with or without the fruit acid flavor. Or you can color it pink if you wish. Never before was gelatine put up in this all in-one package form.

Seven Flavors

Strawberry Pineapple Lemon
Raspberry Cherry Orange

And Lime Fruit—in green—for garnish

Two Packages for 25 Cents